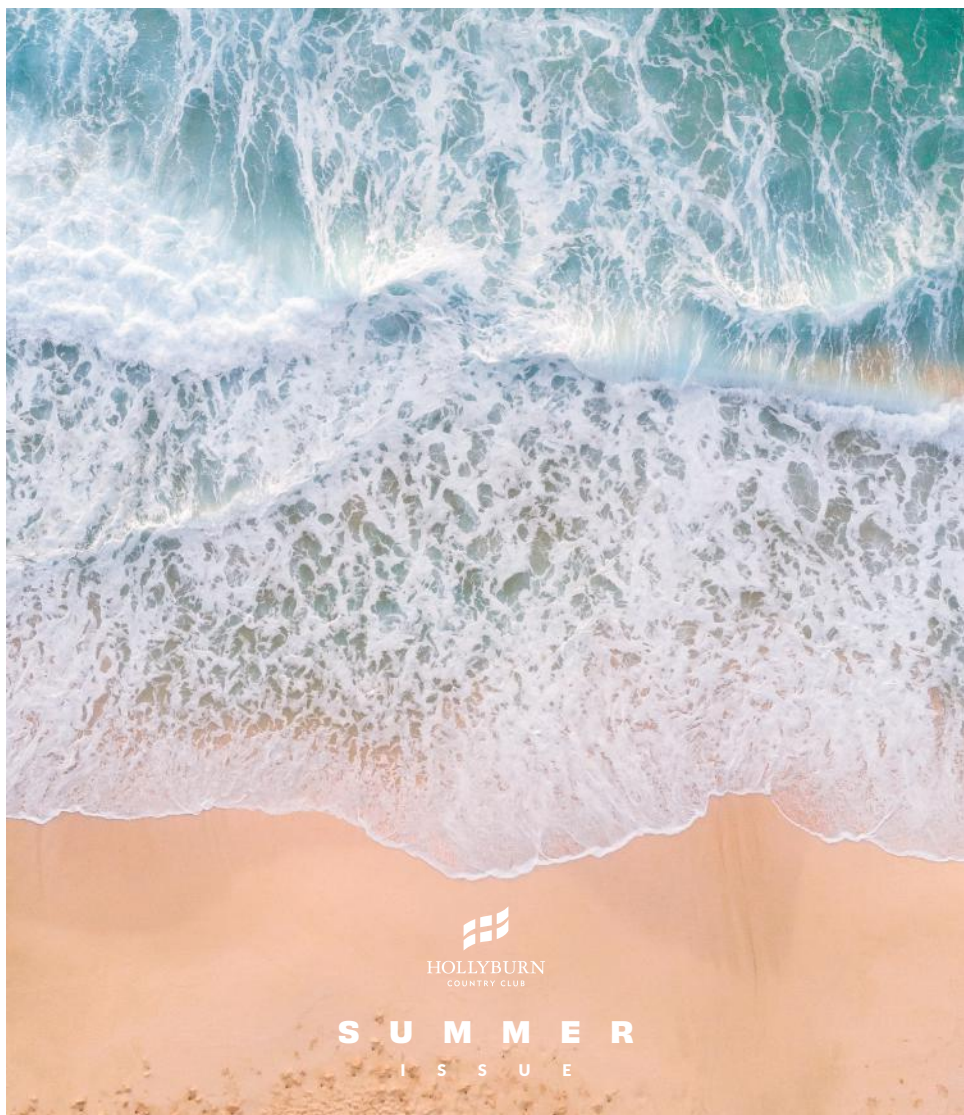


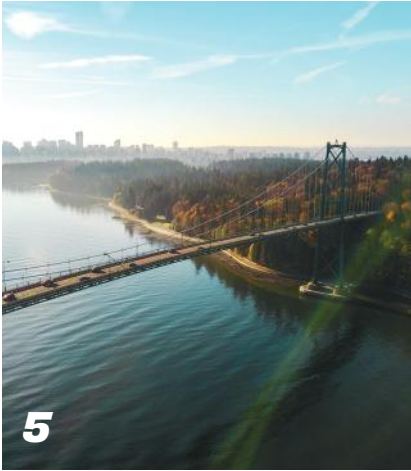
The
VIEW
HOLLYBURN COUNTRY CLUB



HOLLYBURN
COUNTRY CLUB

S U M M E R
I S S U E

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T. 604.922.0161
F. 604.922.9811
W. Hollyburn.org

For all Membership inquiries contact
Cait Lundy at CLundy@hollyburn.org or on
604.913.4508

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9	10	11	12	13	14 Mother Son Ball 6PM Specialevents@hollyburn.org	15 New House Rules launch
16	17	18	19 Greek Night RSVP 604-913-4515	20 Squash Club Tournament Finals	21	22
23 Tennis U9/U10 Series	24	25	26 Summer Program Registration	27 Summer Aquatics Registration	28 Summer Tennis Registration	29
Summer 2023 Registration						

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 Cinco de Mayo RSVP 604-913-4515	6 + 7 Tennis Two Star U12 Boys/Girls
7	8	9	10	11 Tennis - Ladies Wanna Have Fun	12	13
14 Mother's Day Brunch RSVP cwebster@hollyburn.org	15 Summer Solstice RSVPs OPEN 8am on GameTime	16	17	18 Tennis Hollyburn Junior Classic	19 Tennis Hollyburn Junior Classic	20 Tennis Hollyburn Junior Classic
21	22 Victoria Day	23	24	25	26 Pickleball Spring invitational	27 Pickleball Spring invitational
28 Pickleball Spring invitational	29	30	31			

2023

JUN 4 Hotshots Tournament
JUN 17 Summer Solstice
JUN 18 Father's Day BBQ
JUN 19 Annual General Meeting
JUN 28 Canada Day Brunch

JUL 19 Lobster Boil
AUG 16 Fish Fry
SEP 9 Hollygras
SEP 20 Pub Night
OCT 4 Oktoberfest

OCT 9 Thanksgiving
NOV 8 Spanish Night
NOV 17 Father Daughter Ball
DEC 31 New Year's Eve Bash

General Manager Message



Kathryn Cowden
General Manager
KCowden@hollyburn.org

Dear Members,

In late 2022, Hollyburn Members were asked to provide their feedback on their current Member experience through the Club's annual Member Satisfaction Survey. Feedback collected in the survey indicated the following trends:

- Members indicated they would like to see the Club reduce the number of unsupervised children around the Club;
- Members indicated they would like to see increased access controls into the Club;
- Members indicated that they would like to see stronger policies restricting cell phone usage; and,
- Members indicated they wanted the Club to become more "private".

This feedback provided the Board of Directors and Management with clear direction as to how to move forward in improving your Member experience. To address these trends, the following three initiatives were set in motion:

1. Updating of House Rules for all Members
2. Creation and implementation of Junior Member Orientation
3. Removal of buzzer entry into the Club

Although these initiatives entail stronger policies and procedures, which will impact all Members, they are being put in place to strengthen and protect your Member experience.

It is important to note that the updated Club's House Rules are in effect as of April 15, 2023. It is critical that all Members familiarize themselves with the updated House Rules; for more information on the three initiatives mentioned above, please see [page 6](#).

We would like to thank Members for their cooperation in helping Management and the Board of Directors identify opportunities to improve your Member experience and support as we implement these initiatives. We will continue to evaluate the effectiveness of both existing and new policies and procedures to ensure they are meeting set goals and objectives in improving your Member experience.

I would also like to thank all the Members who took time to nominate a Hollyburn employee for a Hollyburn High Five Award and for our first ever "Member Choice Award". On February 16 we had the opportunity to not only recognize individuals in areas of service and excellence, but also years of service at our inaugural Employee Recognition Awards. A big congratulations to all our nominees and winners, including Sharon Jenvey who was the recipient of this year's Member Choice Award. Sharon is so deserving of this award as she continues to be an incredible leader in our Tennis Department year after year.

As a leader to over 300+ employees at Hollyburn, I strongly believe in building and nurturing our employee culture and celebrating the time, energy and hospitality our employees devote to the Club. The Hollyburn Employee Recognition Fund, which Members contribute to semi-annually, goes a long way in helping recognize our employees in different ways, especially in today's competitive labour market. Thank you for helping make Hollyburn a rewarding and enjoyable place for our employees to work.

I look forward to seeing Members either online or in-person for our upcoming Annual General Meeting on June 19. This year's meeting will be held in our Badminton Gym due to Renew '22/Corridor Improvement Project construction. For more information on the Annual General Meeting, please see [page 16](#).

Kathryn Cowden



Board Chair Message



Nancy Chapman
Board Chair
Board@hollyburn.org

Over Hollyburn's 70+ year history as a non-profit society, the Board has been charged with supporting Management in the areas of financial stewardship, governance and long-term strategy. I am so proud of our Board's ability to work together to build upon Hollyburn's strong legacy and reputation to continue to build membership value. This is the update on the Board efforts this Spring.

Long Term Planning at our Club for Life

At Hollyburn, we deliver exceptional Member experiences by continuously improving our services, facilities and programming and as our Mission states, we are A Club for Life. Hollyburn is committed to being a private country club that serves the needs of Members of all ages. To achieve this goal, the Board and Management constantly reviews usage data and sports trends to right-balance resources. Some of these decisions can be difficult and none are without consequences. For example, converting the Curling Rink to the Turf (June 2021) and resurfacing the Turf and adding lines for pickleball courts (July 2023) were both met with some Member resistance. But let me assure you that each decision is researched, debated and ultimately made in the best interest of the Hollyburn community as a whole.

To further Member understanding for our collective future at Hollyburn, the Board has been working on the 5-15 year long range Master Plan for Hollyburn. This multi-year project has many phases, including:

- ✓ Conditions Assessment (Buildings & Infrastructure, including Seismic evaluation)
- ✓ Obligatory Capital Plan (Funds the Club must spend to maintain the current operations at the current level of service)
- ✓ Needs Assessment (Member Input & Sports Trends data)
- Develop Aspirational Capital Plan and identify potential future expansion projects
- Compiling the components of the long-range Master Plan for Hollyburn
- Communicate Plan and timing of next projects with Members

Board & Management envisions completing and sharing the long-range Master Plan by mid- 2024.

Bylaw Amendment Forthcoming

Last May, the Governance Committee, working with external legal counsel, presented their recommendation of a complete overhaul of Hollyburn's Bylaws. These new Bylaws were ground in best practice and in accordance with the BC Society's Act and were accepted by Members in an overwhelming majority (88.9%).

However, when the June 2022 Annual General Meeting (AGM) was run under these new Bylaws, it became evident that one amendment pertaining to quorum at the Club's AGM was too burdensome to be effective. Bylaw 5.4.1 raised the requirement for quorum from 50 Regular Members to 5% of the Membership (or 125 Regular Members) and this proved to be a nearly impossible ask for our busy community on a lovely June evening. The Board faced significant risk of having to dissolve and reschedule the June 2022 AGM if it weren't for the many kind Members in the Bar & Grill that evening who abandoned their plans and joined the AGM so that we could achieve quorum and conduct our annual meeting.

As such, we will be asking Members to vote on an amendment to Bylaw 5.4.1 at this year's AGM. Prior to last year, quorum to hold the AGM was set at 50 Voting Members. Although the BC Society's act allows quorum to be a minimum of 3 Members, we are asking Members to revert Bylaw 5.4.1 back to 50 Members (same requirement that was in place for the past 20 years prior to last year's amendment), a number we feel is achievable and still ensures responsible governance.

In closing, it's hard to believe that this is my last View message as Hollyburn's Board Chair. I have thoroughly enjoyed these past six years on the Board, working in collaboration with many amazing people. I will forever cherish this opportunity to give back to our community. I am confident that the future of Hollyburn is in good hands and look forward to life as a civilian Member, where you'll likely find me on the tennis courts or on the patio.

Very best regards,
Nancy Chapman
Board Chair



New **House Rules**

Dear Members,

In late 2022, Hollyburn Members were asked to provide their feedback on their current Member experience through the Club's annual Member Satisfaction Survey. Overwhelming feedback collected in the survey identified trends in Member behaviour, Member security/access control and Member-Guest usage. Specifically, Members indicated that they would like to see the Club:

- Reduce the number of unsupervised children;
- Increase access control into the Club;
- Implement stronger policies around cell phone usage;
- Reduce access to Member-Guests; and,
- Become more "private".

With this feedback in mind, a collaborative approach was taken by the Board of Directors, Governance Committee, Membership Committee and Management to implement the following initiatives to improve and protect your Member experience:

1. Updated House Rules to govern the conduct of all Members and Member-Guests.
2. Implementation of a mandatory Junior Member Orientation to educate Junior Members on Club etiquette prior to receiving a FOB.
3. Removal of buzzer access at Club entries as a measure to increase access control and restrict access to unregistered guests; Members will be required to use a FOB to enter the Club at all times.

Each initiative is described in further detail below:

1. Updated House Rules

Hollyburn's House Rules, the rules that govern the conduct of all Members and Member-Guests, have not been updated since 2018. Regular updates to our House Rules are critical as the Club continues to grow and continues to evolve.

The intent of the updated House Rules is to:

- Govern the conduct of all Members and their Member-Guests while on Club property and in any matters relating to the Club;
- Correct all inconsistencies and provide clearer language;
- Update policies at Hollyburn based on Member feedback;
- Update policies at Hollyburn to follow industry best practices, and;

- Improve the overall Member experience for all Members.

A significant number of changes, both notable and minor, have been made to the House Rules; therefore, please [click here](#) to review a summary of four significant changes pertaining to Member-Guests, unsupervised children, cancellation policies and cell phone policies that have been implemented.

2. Implementation of Junior Member Orientation.

Effective with the launch of the updated House Rules, Children Members under the age of ten are not eligible to receive an access FOB. Upon reaching the age of ten, a Child Member graduates to a Junior Member status at which point they are eligible to complete the new Junior Member Orientation. After successfully completing the Junior Member Orientation, a Junior Member will receive their own access FOB. To learn more about the Junior Member Orientation or to learn how to book your child's orientation, [click here](#).

3. Removal of Buzzer Access at Club Entries.

Effective with the launch of the updated House Rules, all Member-Guests and Members who do not have an access FOB will be required to enter the Club through our main Member Services entrance. Effective April 15, 2023, buzzer entry will no longer be available through the Administration Office, Squash Entrance, Pool Hallway Entrance or West Fitness Entrance. Hollyburn's Sports Entrance buzzer access will only be accessible to visiting teams and deliveries. This measure is being implemented to increase access control and to restrict access to unregistered guests; Members will be required to use a FOB to enter the Club at all times. If you need a FOB please visit our Member Services desk prior to April 15, 2023.

We would like to thank Members for their cooperation in helping Management and the Board of Directors identify opportunities for improvement and for their acceptance and respect in adhering to the new initiatives. We will continue to evaluate the effectiveness of both existing and new policies and procedures to ensure they are meeting our objective of improving your Member experience.

If you have any questions please contact Management through the "You Speak, We Listen" feature on the Hollyburn App.



Senior Management

With many new faces around the Club, we wanted to take the opportunity to re-introduce the Senior Management Team to the Membership. The Senior Management team is currently made up of eight individuals who oversee operations at the Club. Please feel free to stop us in the halls to introduce yourself or ask us a question. We look forward to seeing you at the Club soon.



Kathryn Cowden,
General Manager

At Hollyburn Since: 2007

Role Responsibilities: As the Club's General Manager (GM) I report directly to the Board of Directors through the Chair of the Board of Hollyburn Country Club. Working in collaboration with the Board of Directors, I develop and execute the Club's strategic plan while steering the vision of the Club forward, ensuring financial success and balancing the interests of our Membership in a way that creates an exceptional Club experience for our Members. I oversee the very talented group of individuals on the Senior Management, showcased below, their respective departments and the entire Hollyburn team of 300+ employees and contractors.

Favourite Hollyburn Memory: I've been at the Club for 15 years so my memory bank is full of fond memories! Some of my favourite Hollyburn memories will always be organizing our Special Events, such as the Father Daughter Ball and Mother Son Ball, in my role as Sales and Marketing Manager. Transforming our facilities and seeing the joy it brought to our mini-Members' faces was so rewarding (and still is to this day as I watch our event team's creativity at work!). And, I cant go without mentioning our Summer Solstice parties, which have gradually become bigger and better. My favourite to date was our beach party themed event. We transformed the lower Bistro patio into a beach (literally!) and everyone came dressed in theme. Thank goodness it was a sunny day. I think the operations team might still be mad at me for asking them to transport truck loads of sand in to make my vision come to life!



Clark McKenzie,
Chief Financial Officer

At Hollyburn Since: 2005

Role Responsibilities: I have the privilege of being a member of the Senior Leadership Team. I manage the financial operations of the Club and provide support to the Finance Committee and the Board of Directors. This includes recommendations of the implementation and maintenance of the Club's current and future financial plans and policies, fiscal records, operating and capital budgets and the preparation of financial reports as well as the day to day accounting. In other words: if something has a dollar value associated with it, it has crossed my desk.

Favourite Hollyburn Memory: Way back during the construction of Plan 2007. The plan was to keep the old fitness centre open until the new fitness centre was completed. As one can imagine there were a few issues that happened along the way to make some days more difficult than others. The one that I remember the most was when pipes needed to be connected from the clubhouse to the new fitness wing. What made this memory special was walking into the old fitness area and there was a three-foot ditch running down the middle of the cardio section with construction workers working away while members were busy getting their cardio in. When the gym calls, the gym calls.



Elaine Hamilton,
Director of IT & Accounting
At Hollyburn Since: 1993

Role Responsibilities: As the IT Director, I oversee and maintain the Club's membership system, network and manages Club interfaces with 3rd party vendors. As the Club grows, we continue to look for technology solutions that will help enhance Member and staff experience. My accounting role oversees the day to day accounting functions that feed the membership system, payroll administration and managing the wonderful Accounting, Payroll and IT staff.

I also oversee the lovely staff from Sports Boutique and some of their administrative functions, provide accounting and technical support.

Favourite Hollyburn Memory: There are so many memories to pick from over the years. One that comes to mind is the very first time Hollyburn hosted the Odium Brown tournament. That first tournament set the stage for the subsequent years where Members and staff work together, have fun, and bring together more than just the Tennis community. Every year that the Club hosted the tournament, there's been added improvement and new memories created for the fans, players, Members, guests and staff.



Gavin Hamblin, *Director of Engineering and Strategic Planning*
At Hollyburn Since: 2010-2013, 2019-onwards

Role Responsibilities: There is never a dull moment in my role as Director of Operations and Strategic Planning. On a day-to-day basis, I oversee the Engineering, Grounds, Housekeeping, and Security teams. We support every other department at the Club by maintaining all the Club's physical assets, promoting a safe and secure environment for Members and Staff alike, and ensuring that the Grounds, Clubhouse and other facilities are maintained to a high standard. I also work closely with Senior Management and support the Board and Long Range Planning Committee with our long-term planning and the execution of our capital infrastructure projects. Currently, these include the ongoing Master Plan development and the Renew '22 project.

Favorite Hollyburn Memory: My favorite Hollyburn memory would have to be from the recent Hollyburn Employee Appreciation Awards. Seeing everyone come together to celebrate the contributions of individuals that make up the incredible staff team at the Club was an amazing experience. It was also a special privilege to celebrate some of our longest serving employees with the Long-Service Awards. This included one of my staff, Frank, who has been with the Club for 40 years. It was a great reminder of the unique and incredible employee culture the Club has and the role it plays in people's choice to remain with the Club for their career.



Cait Lundy,
Sales & Member Services Manager
At Hollyburn Since: 2018

Role Responsibilities: I have the honour of bringing in new Members and overseeing the sales cycle at Hollyburn. Getting to meet and tour people who are interested in our Club is a huge highlight in my role. Getting to know people during their onboarding process and watching them grow into part of the community is what it is all about! I also have the opportunity to oversee our Marketing Department. We bring our Members The View, club communications and all of the beautiful creative pieces around the Club, like posters and videos. I oversee the Member Services Department, and am very lucky to have a wonderful Member Services Team that take care of our Members day-to-day needs!

Favourite Hollyburn Memory: I have had so many memorable moments at the Club over the last five years. One memory that really sticks out in my mind is the 2022 Mother Son Ball. Part of my role is getting to plan and organize our Special Events like Hollygras, Summer Solstice and Father Daughter. This was the first major event after covid regulations had eased and to see a few hundred Members together again was amazing. The theme was "mystery jungle" complete with live snakes, jungle plants and a 20 ft long velociraptor in the gym which was a pretty special night to put together!



Marta Jones,
People & Culture Manager
At Hollyburn Since: 2018

Role Responsibilities: As the Club's People & Culture Manager, I have the exciting opportunity to build and foster an employee experience that attracts and retains the best talent from the North Shore and surrounding areas. In a challenging labour market post-Covid, this is no easy feat! My vision is for Hollyburn to become an attractive and sought-after employer to local residents. In addition to developing the employee experience, I provide strategic support for all people-related matters to Hollyburn staff, manage employee communication and assist Supervisors and Managers with recruitment. I also organize training and development initiatives, manage our rewards and recognition program and ensure compliance with policies and procedures! At Hollyburn, we have approximately 315 employees and 75 contractors.

Favourite Hollyburn Memory: There are far too many memories to choose just one, however, I always really enjoy celebrating our long service employees! We have an extensive list of staff that have been with the Club for 10, 20, 30 and even 40 years. These days it is quite rare for an employee to stay with an employer for an extended period of time, which is why I really enjoy celebrating the years of service that employees have dedicated to Hollyburn. Many of our long service employees have developed meaningful relationships with our Members and that's always great to see!



James Holloway,
Director of Athletics
At Hollyburn Since: 2022

Role Responsibilities: I have the opportunity to live my dream every day, providing opportunities for everyone, young and old, to find expression and joy in being physically active and socially involved. Giving someone the opportunity to find a new hobby or a new experience provides me with sense of accomplishment. Day to day I work to balance the demands of all our Member groups, each very passionate about their sport. Our large department across the Club's nine sporting codes and four activity areas, strive to maintain activities and programs that people love. At the same time also trying to adapt to new needs with exciting offerings and new experiences. At our core we are an Athletic Club, with wonderful facilities that allows all our Members to get involved at a recreational and often more competitive level. All of which is exemplified through my unofficial mantra: "An exceptional Club with exceptional facilities offering exceptional programs taught by exceptional coaches."

Favourite Hollyburn Memory: It has been great to see our Club and community involved in any social activities like Hollygras. Where everyone gets a chance to get together in a relaxed and safe atmosphere. But my favourite Hollyburn memories involve all the times our Junior Members get to compete and represent at Hollyburn. I have seen many of the Tennis events, Swim meets, Hockey games, Badminton tournaments and Skating showcases, which all fill me with pride that we are able to help facilitate such amazing experience at our Exceptional Club.



Paul Benallick,
Executive Chef
At Hollyburn Since: 2019

Role Responsibilities: As the Executive Chef of Hollyburn I oversee the culinary operations and vision for the Panorama Bar & Grill, Bistro 950, and Catering at the Club. We work throughout the year to search for the best product we can find to bring the Members tasty food and the best value possible. We try to foster a community of hospitality to ensure that we exceed Members expectations as often as possible.

Favourite Hollyburn Memory: We have been fortunate to participate in many Member events. Wine Dinners, BBQ's, Farmer's Market campfire food (in a rain storm) and many more. However, I think my favourite memory was my first Odlum Brown Van Open on the deck (2019). We had the BBQ going, fresh veggies from the farm, the patio was buzzing, live music was playing and everyone was having a great time. I think this set the stage for me for what we can create as an amazing fun place to be.



The Next 15 Years

In recent years, the Board of Directors, Management, and the Long Range Planning Committee have been working on the development of a comprehensive Master Plan for Hollyburn. The Master Plan will be used by the Board to prioritize the Club's capital investment over the next 5 to 15 years. As a first step, the Club undertook a Conditions Assessment, an extensive investigation of the condition of the Club's infrastructure, in order to better understand the remaining lifespan of the Club's physical assets and the reinvestment required to sustain the Club for the future.

Next, the Club hired RC Strategies, a recreation and planning consulting company, to conduct a Needs Assessment study.

The Needs Assessment provides another layer of planning that quantifies utilization by facility, Members' activity preferences, sports trends, market demographics, and other important factors that influence future capital planning.

September and December of last year. RC Strategies provided a report on recommended strategies to the Board & Management in March of 2023.

These inputs provided clarity on a number of key Needs Assessment topics and questions, including:

- How well are spaces used?
- What types of activities are trending?
- What characteristics and experiences are key to Member attraction and retention?
- What new or expanded types of experiences would Members like to access at the Club?
- What is the competitive landscape for sport and recreation programming and facilities on the North Shore?
- Are there opportunities to further optimize use of existing spaces at the Club?

Research and Member Engagement Highlights

Research and Analysis - Key Takeaways

- Fitness and aquatics amenities are used by the greatest cross-section of Club members, either as a primary or secondary purpose of their visit to the Club.
- Most existing Club activity spaces are well utilized and Management have done an excellent job making the best use of available space. Additionally, activity spaces (including arenas, aquatics, and multi-use spaces) are programmed with a higher than industry average percentage of drop-in availability during peak times.
- Pickleball has rapidly become a main consumer of indoor gymnasium spaces and broader regional, provincial and national trends suggest that demands will continue. Data indicated that opportunities exist to make more optimal use of the Club's outdoor pickleball courts.
- There is a wide discrepancy of tennis court use by type of court surface with indoor tennis courts having the highest levels of use.
- The sport and recreation landscape on the North Shore is becoming increasingly competitive, especially as it pertains to leisure aquatics and fitness opportunities.



Needs Assessment: Executive Summary

Process & Inputs

The Needs Assessment was informed by Member engagement initiatives including pop-up engagements, Committee Member discussions and a Member Survey. Data collection and research on activity space capacity and utilization, demographic indicators, sports trends and best practices, and competitive offerings, was conducted between

- Large span multi-use spaces are a desirable amenity as they are suitable for more activities. Many municipalities and other facility operators are moving towards spaces that can be divided and manipulated to suit a variety of activities simultaneously.

sport and recreation experience benefits, trends indicators, sustainability considerations, club prestige / uniqueness opportunities).

The following are key themes from the recommended strategies provided in the Needs Assessment:

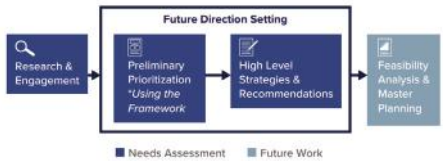
Key Trends In Sport And Recreation At A Regional, Provincial & National Level

- Continued 'professionalization' of children and youth sport. Example: academy programs.
- Increasing demand for personal training and wellness coaching.
- Private Club member retention strategies focusing on developing (or increasing the supply of) space that have a wide age range appeal - therefore creating interest in the activities throughout an individual's lifespan.
- Increasing demands for unstructured and low commitment types of activities (e.g. sessional instead of seasonal sport leagues, drop-in times for pick-up games, etc.).
- The potential impacts of COVID-19 that continue to have lasting effects on facility expectations and activity preferences. Examples: smaller class sizes, spacing of gym equipment.

- Increase the provision of unstructured outdoor experiences on the site, including play and the investigation of potential trail-based opportunities.
- It is recommended that future renovation/development of indoor space prioritize easily adaptable, large span, multi-use facilities that could accommodate high demand activities like indoor pickleball, tennis, other court sports, fitness, and children's and youth programming.
- Ensure that future priority setting for main activity spaces also considers the need for support amenities (such as parking, washrooms, social spaces, etc.) that contribute significantly to Member satisfaction and the quality of experience.
- Ensure Master Plan is supported by financial strategies that ensure the healthy stream of capital revenue needed to support future initiatives.
- Asset management continues to be of significant importance in order to renew and sustain existing infrastructure to a reasonable standard.
- Further investigation is required to determine the best options and mix of outdoor tennis court surfaces.

Member Engagement – Key Takeaways

- Member satisfaction levels are relatively strong across most aspects of the Club.
- The two notable areas of higher dissatisfaction identified by Members were aquatic changeroom areas and current availability of indoor multi-use spaces.
- There is a high level of demand for outdoor spaces and activities on the site.
- Members hold varying (and conflicting) opinions and perspectives on future space priorities and how priorities should be set.
- The quality of Club amenities and programming remain key drivers of Membership retention.



Needs Assessment Outcomes and Recommendations Summary

The focus of the Needs Assessment was primarily on activity spaces like the fitness center and the ice, rather than support amenities (i.e. basic infrastructure to support activity spaces) like the parking lot and the aquatic changerooms. The Needs Assessment research and engagement inputs were translated into a ranked list of preliminary activity space priorities using a Framework that scored and ranked these activity spaces using 10 different criteria (Member preference, capital cost impacts, operating cost impacts, utilization indicators, space construction and viability impacts, future space adaptability, incremental

What's Next?

Over the upcoming fiscal year, the Long Range Planning Committee and Board of Directors will be working with Management to assemble the work that has been completed to date, including the Needs Assessment, into a comprehensive Master Plan that supports Hollyburn's Vision, Mission and Values. The Long Range Master Plan will be used as a tool by the Board of Directors and Management to set priorities for capital investment in the coming years. Following the completion of the Master Plan, the Board and Management will further explore the feasibility of the recommendations from the Master Plan to determine the scope and timing of any future investments in new Club facilities.



Renew '22 Update

The countdown is on as we quickly approach the start of Phase One construction. As a reminder, Phase One includes the completion of our new youth facilities and the transition of the Administration Offices upstairs to the current location of the Creekside Rooms. As we write this article, we are still waiting for final permits from the District of West Vancouver to start construction, but we are optimistic we remain on schedule to start demolition at the end of April. All preparations are in place as the Administration Offices have already been temporarily moved to the Club Lounge and we are wrapping up final celebrations in our Creekside Rooms. As soon as we receive permits, Members can expect to receive email communication to outline exactly when construction will begin and any necessary details regarding Club access.

Since the last Renew '22 update in the Winter issue of the View, the Renew '22 Committee and Management have completed the tender process for the General Contractor for Phase One. Final details are being approved at the Board level and an announcement as to which firm was awarded

the contract will be announced to the Membership in our next update. Simultaneously, the Renew '22 Committee and Management continue to work with consultants to finalize the detailed design of Phase Two. Detailed design, like in any construction project, has proven to have its challenges as we work to stay within budget while still delivering a project that will meet Members' expectations. Once detailed design is complete we will be excited to share updated renderings with the Membership.

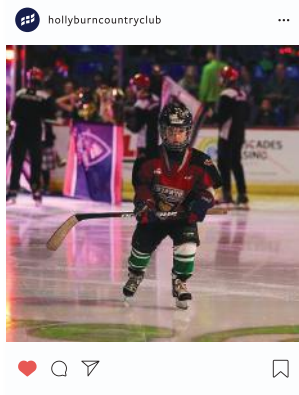
Have you seen the new Renew '22 display in the front Member Services lobby? This display location will continue to be updated as plans develop to ensure Members are up-to-date and to share excitement as we lead up to project milestones.

Renew '22 Communication Reminder

Any communication sent to the Membership regarding Renew '22 can be found online at renew22.ca. If you have any questions please do not hesitate to use the "You Speak, We Listen" feature on the Hollyburn App or contact Kathryn Cowden (KCowden@hollyburn.org) or Gavin Hamblin (ghamblin@hollyburn.org).



Insta-Moments



Stay connected with your club and use the hashtags #hollyburncountryclub #aclubforlife

Follow us on  Instagram @hollyburncountryclub

What's Happening

at Hollyburn?

20
23

950 Cross Creek Road, West Vancouver

Summer Solstice: Save the Date!

Saturday, June 17th at 8pm

Mark your calendars for everyone's favourite summer bash, Hollyburn's annual 19+ event, Summer Solstice! This will be our last Solstice in the current Bar & Grill so we will make sure it is one for the history books! More details on this event will be released soon.

The Turf Floor Renovation

In the last article of The View, we released information regarding the upcoming renovation of the Turf space. To improve aesthetics and safety the Turf will be getting a new "Pulastic" floor. It is important to note that these changes will not be impacting our Youth Communities access to the Turf. The renovation will take place during the slower summer months to minimize Member impact. Once the renovation is complete we will be looking to re-brand the space (as it won't have a "turf" surface!). If you would like to submit a new name for this space please email Cait.

New Music Rooms

As the food & beverage offices will now be absorbed into the new Administration Office, this area is the future home of new Music Rooms! Vlada and her team will have all of their studios in one centralized area, close to the youth activities space and create a more welcoming and inviting space for our musical Members. This change will happen during the Corridor Improvement Project hallway upgrade, and is expected to be completed by November 2023.

Give a Hollyburn High-Five!

Your feedback is what drives us! Have you used our High-Five feedback form on the Hollyburn App? Use this feature to give kudos to an experience or staff member that gave you a positive memory at the Club.

Book a Massage on GameTime

Did you know you can book in with one of our Massage Therapists right on GameTime? Select the Wellness tab and see the available slots for our wellness professionals. We have several massage therapists, including Annika, our Shiatsu specialist and several Registered Massage Therapists (RMT) with availability!



“

“Attended Prime Rib night on Sunday. Food and service were good; combined with excellent pricing made it even better. Well done!”

“Can we please get maintenance on the home bench gates so they swing freely. The gates sticking and kids not getting in and out on time.”

Thank you for letting us know. This is caused by ice buildup under the rubber matting which we are looking for a long-term solution for. I'll get the team on it right away and get the gates swinging as they should be!

“The men's locker rooms need more towels. Not just by the shower, but by the lockers all around. Last year, there were lots of towels and have only experienced this issue in recent months.”

Our towel situation has been a real challenge since the fall with a few contributing factors, the most prevalent being challenges with our supply chain. We have many towels on order which we've been waiting for to replace the ones that wear out or go missing from the Club. We appreciate your patience while we navigate this and hope to receive our orders soon.

“I brought a guest up to play virtual golf last night and it was not working properly until maintenance person came and helped us out.”

Thank you for letting us know about the issue with the golf simulator. We have looked into the issue and the camera was having issues picking up the ball due to damage. We will have the manufacturer coming to rectify this issue and recalibrate the simulator.

“It would be lovely to have a few more options on the brunch menu, or to be able to order from the lunch menu earlier. It's yummy but gets a bit repetitive week after week!”

Thank you for reaching out. We are in the midst of creating a new Brunch/breakfast menu and will see if we can engineer a few more items to be available at 10:30. This is great feedback as working in the kitchen we do not see the faces of everyone coming in each week. Leave it with me and we will get something figured out!

“A quick thank you and high five to Fiona in the women's spa, she is so lovely and always helpful. I feel like she's been with the Club forever - I don't want her work to go unappreciated!”

“Please can there be more weights purchased for the gym? There is a shortage of lighter weights (10/12/15/20lbs) in the main gym that are used by the majority of Members. For a gym with so many Members with a wide array of strength and abilities, we need more equipment to suit our needs.”

Thank you so much for getting in touch with us. We so appreciate getting feedback like this in regards to how we can provide better service to our Members in our spaces. This is absolutely something we can do in the Fitness Centre. I have already had a discussion with our Fitness Manager, Shelley, this morning and we will be placing an order soon for some more lighter weights to go in the main gym.

”

A note from The

Nomination Committee

AGM# 2023

Annual General Meeting

The Nominating Committee of Hollyburn Country Club is charged with vetting and presenting a slate of qualified candidates for the Board of Directors that should behave truthfully and ethically and set an example for all Members.

This year's Committee, which is nominated and approved by the Board each spring, is comprised of Directors Diane Kennedy, Rola Priatel and Nancy Chapman, as well as Members-at-large (and Past Presidents) Tom Reeves and Carol Fraser. We thank this year's Nominating Committee for their continued volunteer service.

In terms of broadening the skills and expertise, the Nominating Committee has been asked to add depth specifically in the areas of law, finance, project management and human resources. The Committee will be interviewing the five Members nominated thus far, including the Directors standing for re-election, in order to recommend the Board-nominated slate which will be communicated to Members in the Annual General Meeting (AGM) Notice of Meeting on or before May 29, 2023.

At this year's AGM, per bylaw 6.2(b) Members will be voting on five Director positions. Two Directors, Paul Conibear (one term) and Darrin DeCosta (one term) have both agreed to stand for another two-year term. With Santokh Birk (one term), Nancy Chapman (three terms) and Doug Holman (four terms) retiring, Members will be voting in three new Directors to the Board.

Members should also note that in accordance with Article 6.9.4 in the bylaws, any Member interested in running for the Board may also elect to run as an Independent Director by being nominated by five Members in good standing.

Join us at our 63rd Annual General Meeting of Hollyburn Country Club!

Simply Voting FAQ

What Is Simply Voting And How Does It Work?

Simply Voting is an easy-to-use, web-based online voting system that helps securely manage elections. Over 2000 organizations from 58 countries rely on Simply Voting for their election needs. Hollyburn has successfully utilized Simply Voting over the past few years for both Special General Meetings and Annual General Meetings and will be familiar to Members.

An election is created and a list of eligible voting Members is uploaded into the online system. Once it is time for a vote to take place, eligible voting Members receive an email from "Hollyburn Country Club" with a username (member ID) and a randomly generated password.

Once the eligible voting Member receives the email, the voter is able to log in online, select the election and vote. The eligible voting Member fills out the electronic ballot much like the paper ballot. Once the voter has completed the ballot, a confirmation screen will appear asking the voter to confirm their vote. If the voter is satisfied with his/her selections, the ballot may be submitted.

When the voter submits a ballot, the results are encrypted and kept anonymous. Upon completion, the voter is issued a receipt and is blocked from voting for this election again.

Simply Voting FAQs

Who is eligible to vote electronically? There is only one vote per Membership and either spouse may cast the vote. The invitation to vote will be sent by email to the primary account holder (the '0') on the Membership.

When can I expect to receive the voting link and how long will the link be valid for? The voting link will be emailed to all eligible voting Members on June 12, 2023 at 8am and will be valid until online voting closes at the conclusion of the Meeting on June 19, 2023.

Can I vote in-person at the AGM? No. All voting will be done electronically through Simply Voting. Members who wish to attend the AGM and participate in the discussion prior to voting will be permitted to cast an electronic vote prior to the conclusion of the Meeting.

What happens if I miss the online voting window? If you miss the online voting window, you will be unable to cast your vote.

Is there a proxy or paper ballot option through Simply Voting? No. There is no option for a proxy or paper ballot through Simply Voting.

If I vote online and want to change my vote, is that possible? No. You will not be able to change your vote once you have submitted your vote.

Do I have the option to abstain from voting for a resolution? Yes. An eligible voter has the opportunity to abstain from voting by selecting Abstain.

If I am a Regular Social OR Non-Resident Member – can I vote through Simply Voting? No. Much like voting at an in-person Annual or Special General Meeting, Regular Social, Young Adult Members, House Members and Non- Resident Members do not have the right to vote. Please contact Member Accounts Coordinator, James Darling, at 604.913.4507 to review your status.

Can I vote from other devices other than a desktop computer? Yes. You are able to vote from a desktop computer, a laptop, a tablet/iPad and from your smart phone. The Board of Directors have tested a mock vote and the feedback was that Simply Voting was extremely user friendly and simple to use from the listed electronic devices.

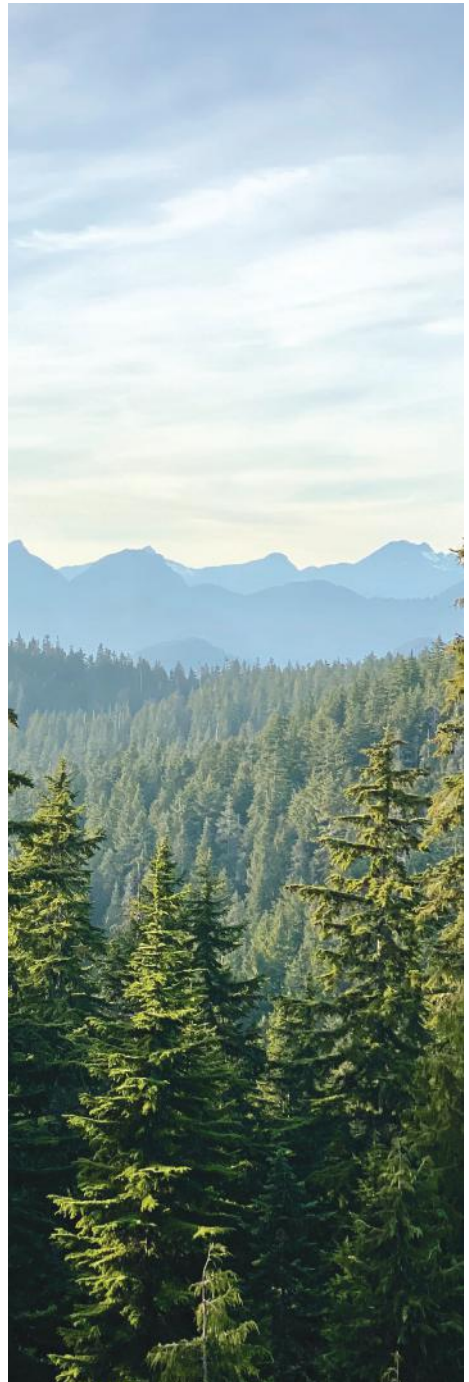
How are the results generated? Once voting has ended, Simply Voting will generate a report with the election results. Scrutineers will be on hand when the report is opened.

How do you prevent Members from voting twice? When the voter submits a ballot through Simply Voting, the voter is issued a receipt and is blocked from voting for this election again.

Will members be able to see the results in real time? No. The results of the vote will be emailed to all Members and posted on the Hollyburn website on June 20, 2023.

AGM Save the Date!

*Monday, June 19th, 2023
7:00PM | Doors at 6:00PM
Gymnasium*





HOLLYBURN
COUNTRY CLUB

What's Happening in
Athletics?

400
4 x 100

**20
23**

950 Cross Creek Road, West Vancouver

Summer Camp & Program Registration

We have heard your feedback and moved up the dates for summer registration to allow Members to plan ahead for their summer schedules.

Cancellation Policy:

Programs and classes with multiple sessions require seven (7) days cancellation notice prior to the scheduled start of the individual program to avoid a cancellation fee. Cancellations with less than seven (7) days notice will result in 100% of the fee for the program being charged. Program and class fees will not be pro-rated.

Private Lesson Cancellation Policy: 48 hours' notice is required for private lesson cancellations.

Policy subject to change.

Facility Updates

Badminton Gym:

Over spring break the Badminton Gym was given a refresh and was repainted. We hope all our gym users are enjoying the modern look in the Badminton Gym!

Small Ice Closure:

The small ice will be closed for the summer as of Saturday, June 10 at 2:15pm. The small ice will re-open on Monday, August 21.

Pool Closure:

The annual pool shutdown is scheduled from Monday, August 21 until Sunday, September 10. The pool is scheduled to reopen on September 11 with the start of fall programs.

During the shutdown we will be updating the heating system along with other scheduled maintenance items.

Turf Closure and Upgrades:

The Turf will be closed for maintenance during the dry floor season on the small ice. During this time the Turf will be under renovation to improve the space so it can continue to be safe and enjoyable all Members.

Tennis Court Updates:

The lower bubble take-down will begin on Wednesday, May 10 and the outdoor season will begin as of Tuesday, May 16.

We are hosting the Junior Classic from May 18-22, courts will be closed over these dates. Check gametime for our outdoor court schedule, including our Clay and Grass courts.

Our outdoor courts 13-16 are now open for booking on GameTime 8am the day prior.

The upper bubble take-down will begin as of Monday, June 26 and courts will be ready for the outdoor season on July 1.

Activity Committee Open House Dates

Open House meetings are open to all Members. If you plan on attending, please RSVP to jkatzin@hollyburn.org. All meetings will be held in the Committee Room.

Pickleball Committee: Monday, April 24, 5:30pm

Youth Committee: Wednesday, April 26, 5pm

Badminton Committee: Wednesday, May 3, 7pm

Squash Committee: Thursday, May 4, 5pm

Tennis Committee: Monday, May 8, 6pm

Minor Hockey Committee: Wednesday, May 10, 6:30pm

Fitness Committee: Monday, May 15, 5:30pm

Swim Team Committee: Wednesday May 17, 5pm

Skating Committee: Wednesday, May 17, 6:30pm





Swim Team

20
23

950 Cross Creek Road, West Vancouver

Hurricanes Swim Team

All levels of our team continue to post impressive results this season! We have exciting team travel coming up just before summer with full team trips to Kelowna and Whistler. We will also be hosting a full Summer Invitational to end our season in July. We are really looking forward to competing at SwimBC Summer Divisional Championships and SwimBC Summer Provincial Championships after the impressive results we had at the Winter SwimBC meets!

At SwimBC Winter Divisional Championships our team was represented by 13 athletes who all had incredible moments at the meet. Congratulations to Henry Brewster, Noah Cheon, Lincoln Choquette, Stella Harris, Valentina Kolytchev, Burton Li, Kinsey Rossen, Bayden Smith and Rafael Wang who all medaled at the meet! We also had Henry Brewster, Noah Cheon, Brooke Johannson, Burton Li, Bayden Smith and Rafael Wang all qualify for new events for SwimBC Provincial Championships!

At SwimBC Winter Provincial Championships we had 14 swimmers compete, again with fantastic results. Henry Brewster, Noah Cheon, Tristan Govier, Stella Harris, George Kingdon, Valentina Kolytchev, Rohin Mountstevens, Bodie Simard, Bayden Smith, Freddy Sverre and Rafael Wang all competed in finals throughout the meet. Henry Brewster, Tristan Govier, Brooke Johannson, Valentina Kolytchev, Bodie Simard, Bayden Smith and Rafael Wang all qualified

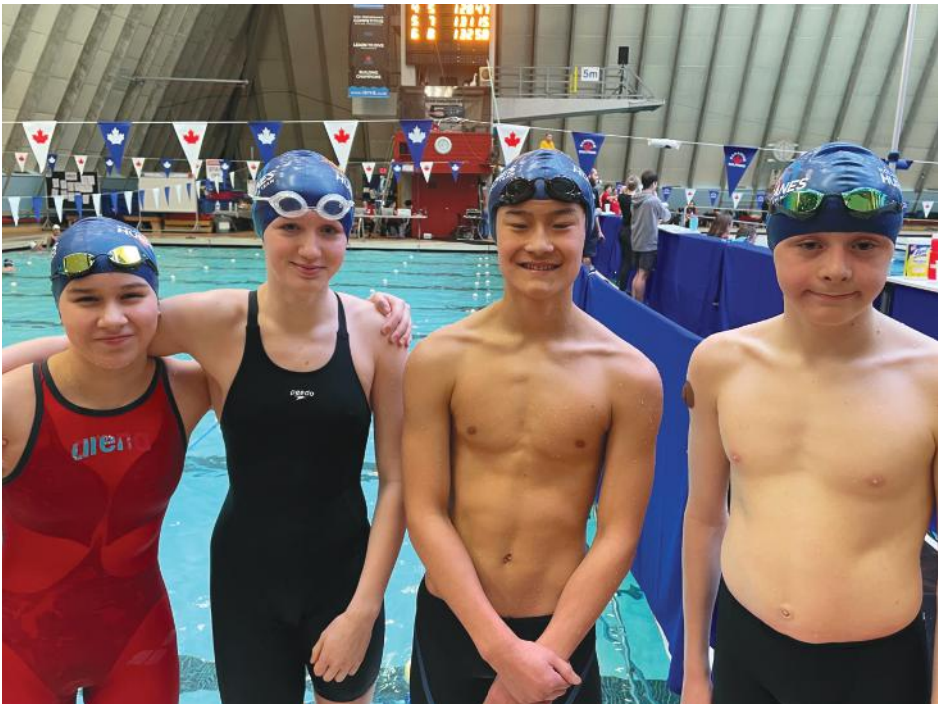
for national meets. A special congratulations to our medal winners – Tristan Govier, Stella Harris, George Kingdon, Valentina Kolytchev, Bodie Simard and Bayden Smith!

We also have three swimmers racing at Canadian Trials, congratulations to Tristan Govier and Valentina Kolytchev. They will also be joined by Henry Brewster, Stella Harris, Brooke Johannson, Rohin Mountstevens, Bodie Simard, Bayden Smith, Freddy Sverre and Rafael Wang as Canadian Western Championships qualifiers. Great numbers for our team to have racing at a national level!

With all that success, the groups we are most proud of this season are Monsoon and Swim Academy! Our youngest groups have done such a great job under the leadership of Head Assistant Coach Annie Wolfe and our Assistant Coaches Flo Dingey-Wolfe, Saige Fiorvento, Tommy Huang, and Corey Purves. The swimmers have really bought into the training and have made huge improvements throughout the season. Our next wave of athletes will be very exciting!

The best way to be a part of the team is to get into our summer skill camps. For more information, contact Annie at awolfe@hollyburn.org.

For more information about the team please contact Coach Brad Hutton at BHutton@hollyburn.org or visit our website hst.poolq.net!





Badminton

Looking for a badminton camp this summer for your kids? We offer various junior summer camps for different age groups that includes Badminton-Only Preschool camp and Preschool Badminton & Swimming Combo for kids age 3.5 – 5 yrs, Badminton & Swimming Full Day Sports Camp, Badminton & Swimming Combo Half-Day Camp, Badminton Morning Camp, Badminton Afternoon Camp for kids age 6+, and Teens Badminton Camp for kids age 11+

Please refer to the summer camp brochure (coming soon!) for detail information.

Important Badminton Facts

- The fastest racquet sport in the world is badminton, with shuttlecock speeds reaching more than 200 miles per hour.
- Badminton requires a player to have strength, endurance, agility, muscle power, quick reflexes, and endurance.
- Feathers from the left wing of the goose make the best shuttlecocks. 16 feathers are used to make one shuttlecock and it weighs between 4.74 and 5.5 grams.
- Badminton was originally not called badminton. It went by the name Shuttlecock and Battledore. It was eventually named badminton after the Badminton House in Gloucestershire, England.
- The most popular sport in the world is soccer, and the second most popular sport in the world is badminton.
- Badminton was first played as a sport in the Olympics in 1992. More than 1.1 billion watched its Olympic debut on television.
- It is estimated that approximately 1.2 Americans play badminton approximately 25 times each year or more.
- The longest match was 124 minutes and was played between Sun Jun from China and Peter Rasmussen from Denmark.
- Kim Dong Moon, a Korean player, won two world badminton championships in 1999. He won both doubles and mixed doubles. In 2003 he was honored as the 'Best Player of the Year' award.
- The Badminton World Federation (BWF) is the international governing body for the sport of badminton recognised by the International Olympic Committee. It was founded in 1934 as the International Badminton Federation (IBF) and now has over 150 member nations.
- Badminton racquets weight between 70 and 95 grams, without including the weight of the strings or grip.
- The badminton shuttles which are made from the left-wing of a goose are regarded as the best ones.
- The first-ever official game of Badminton was played in the stately home in Gloucestershire in England which is the home of the Duke of Beaufort.
- In an average top leveled international match, ten shuttles are used and roughly the players involved hit them not less than 400 times each. By that time the shuttles have traveled several miles around the court.
- Badminton rules have changed a lot since its early days.

Badminton is a sport for family!



Badminton can also be very competitive!





HOLLYBURN
COUNTRY CLUB

Music

20
23

950 Cross Creek Road, West Vancouver

Music

Thanks to the View magazine I am magically transferred from midst of winter into the summer of 2023.

Recently a Member asked what my goal is when it comes to the music lessons. I thought of myself as a seven year old when I started playing piano in a school for talents back in Serbia, of me as a 17 year old when I started teaching, me as a 27 year old who started teaching at the Club. The goal was always the same: love and enjoyment of music. I consider music as a universal language that the whole world understands and loves. Music saved me so many times. During grieving, celebrating, hurting, loving. How many times a day you find yourself humming or singing, or even dancing to music?

So what will be the goals?

Learning the new language. Sharing your music with others. Enjoying your accomplishments week after week, not just exams and festivals. Getting better week after week. Celebrating every time you move to a new level. Knowing that music will be part of your whole life, not just a few years of lessons.

Recitals

Please join us for two days of music recitals showcasing many Hollyburn talents:

Sunday, May 28 voice, drums and guitar recitals at the Hollyburn Dojo.

Saturday, June 3 piano students at Hillside Baptist Church in Lynn Valley.

What music do we teach?

Everything. Bach. Mozart. Beethoven. Chopin. Debussy. Satie. The Beatles. Elton John. Adele. Muse. Foo Fighters. Jazz. Bossa Nova. In the world of you tube tutorials, students come up with different songs every week. We find the notes, proper arrangements and off we go into the crazy world of modern music.

New Music Space

26 years ago I started in one studio beside the sport entrance. I had 13 students. In 2010 we opened four studios for piano, voice, guitar and drums. Currently we have 150 students and with a very grateful heart I am looking at my dream coming true with RENEW22: we are moving in September 2023 to a completely new space dedicated just for music with six studios and waiting area. We will finally be able to accommodate those on waiting lists for piano lessons with opening of the third piano studio. It is an exciting time of preparing, hiring new teachers and strengthening our goals that many new generations will enjoy music and learn how to play different music instruments.





Tennis

A – The Herrington Cup took place at the very start of 2023 on Jan 8th. A great turn out of guys competed for the title with the eventual winners being Dean Stevenson and Don Leslie.

B – HCC Winter Open. This was our first Open Mens & Ladies doubles event and it proved to be a huge success. We had some nail-biting results, spectating was at a high and the support for this event was hugely positive. Thank you to everyone that competed and came out to watch the matches.

B.1 – Mens 8.0+ Winners: Jack Davison & Owen Nguyen

B.2 Mens 6.0+ Winners: Robert Samways & Doug Johnstone

B.3 – Ladies 8.0+ Winners: Natalia Rusanova & Brenda Brown

B.4 – Ladies 6.0+ Winners: Glenny Southby & Janette Lyons

C – Jack Davison won the U18 Provincial Doubles Title in March and took 4th place in the U18 Singles Event.

D – On 26th February we hosted the Winter edition of our internal Hotshots competition. Despite the snowy conditions we had 35 participants across Red, Orange and Green ball. The standard of tennis across all 3 ball colours was extremely high and played out in a really energetic and sportsmanlike environment. Well done to the players for creating this atmosphere and playing matches in the correct spirit of the sport!

D.1 – Red Ball Winner: James Fluker

D.2 – Orange Ball Winner: Ian Mei

D.3 – Green Ball Winner: Tommy Scobie

E – Our Tennis Team taking advantage of Louis Cayer, international doubles specialist, coming to the club to deliver a recertification workshop. Go Team!

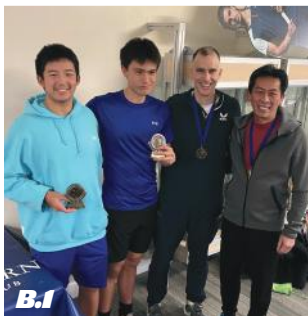
F – McStack Mixed Doubles Charity Tournament. This Member led event began in January and had 96 players participating over a 7-week period, booking their own courts and organizing their own matches, culminating in a Finals evening, in March, attended by all the players. This event raised a massive \$23,500 donated to the Rett Syndrome Research Trust. What a great achievement.



A



A



B.1



B.2



B.3



B.4



C



D.1



D.2



D.3



E



F

Pickleball

20
23

950 Cross Creek Road, West Vancouver

Where does the pickle come from?

Legend goes that to entertain their families one summer day on Bainbridge Island, WA, dads Joel Pritchard, Bill Bell, and Barney McCallum improvised a fun game that threw together the equipment they had on hand: table tennis paddles, their old badminton court (but not enough racquets), and a perforated plastic ball.

It was a happy mix of existing sports and spirited ingenuity. Joan Pritchard called the new game pickleball, referring to the sailing nickname “pickle boat” for the boat with a motley group of sailors rounded up as crew just before the start of a race.

But that makeshift game founded in 1965 had a big future.

According to Karen Rust, president of Pickleball Canada, a recent Ipsos survey indicates that about 900,000 households in Canada now play the sport, increased from an estimated 350,000 two years ago. The pandemic has been good to pickleball.

Players of pickleball are divided almost equally between the genders, with 53% male and 47% female.

Pickleball can be played as a singles or doubles game and has rules of modification for standing players and wheelchair players.

Since the building of the first permanent court in 1967, the sport has become popular throughout the world, with an International Federation of Pickleball regulating the sport in countries such as Canada, the US, France, Spain, and the UK.



Hollyburn Spring Charity Invitational

Tournament Overview:

May 26th - 28th 2023

Our Hollyburn Spring Charity Invitational's title

itself provides hints of some of the major and unique features of this Tournament put on by your hosts the Hollyburn Pickleball Committee. What you need to know:

1. This is an event this Spring in addition to our Fall 2023 Tournament which will take place on the Sept 8th weekend. Hopefully held outside like our Sept 2022 Tournament on our 4 dedicated pickleball courts and 6 lined courts on tennis 13 and 14 – warmth and sun like last September as well please! In the event of rain, we have the gym and turf/curling rink (taped lines on concrete) reserved indoors. If inside, certainly expect some consolidation of events and services.

2. This is a charity tournament to the benefit of the ALS Society of BC. All surplus funds will go to that Society, plus we will have pledge sheets for those players, guests and others who may want to pledge more.

3. It is our first pickleball “invitational” tournament. Each Hollyburn Member player can invite a guest (non-member) to play in any of the events (see below) with them. Of course any guests are all welcome to watch and bleachers will be available if you don't bring your own foldable chair.

4. There will be multiple gender and skill-based categories, and a Senior's event.

5. Other plans are in the works which may include but are not limited to an antique car exhibition and a Pro Demo Match – but the focus is on fun and playing pickleball!

The Tournament is listed on Pickleball Brackets and as of April 1st, 45 teams have signed up. Final details including event scheduling, tournament draws, Player Instructions and Sportsmanship Guidelines will be published in advance of the tournament with updates published through our various e-Blasts, Pickleball Newsletter (sign up if you have not already), Hollyburn Pickleball Passion Private Facebook Group, member text groups, WhatsApp member groups and The View.





Canada Winter Games Bronze Medalist

Helena Andres

"I recently competed at the Canada Winter Games for karate. It's the first time karate has been featured at the games, and it's a huge honour to be representing BC. Preparing was a whole other experience, I was practically at school and the dojo, unable to do anything else! I wanted to represent my province to the best of my ability, and in the end, I ended up with a bronze. I wasn't expecting anything for myself, so getting a medal is really nice.

Overall, this competition has been an amazing experience. There's been a lot of new things, such as a mass of reporters and media in general. So many people were there with cameras, and I really wasn't used to all of it.

My karate journey started as a Little Ninja at Hollyburn. I earned my Black Belt at Hollyburn and now I am an assistant Coach with Sensei Peter Stoddart, so I have to thank them for starting my passion for karate. I would also like to thank West Van Karate Academy."





Mother's Day Brunch



Sunday, May 14

10:00am-2:00pm

Dining Room


Contact CWebster@hollyburn.org
for more details or to reserve your spot.

Join us in celebrating Hollyburn Moms!

Adults \$55 | Children 6-12 \$24.95

Children 5 & under \$10

RSVPs required.
72 hour cancellation policy in effect.



HOLLYBURN
COUNTRY CLUB



Winter Skating Highlights

We have some exciting news and updates from our skaters.

Winterskate Competition Results

Our skaters did very well at the Winterskate Competition on February 2nd to 5th in Richmond. Our team members worked tirelessly in preparation for the event and their hard work paid off with fantastic results. Congratulations to all of the skaters who competed, and a special shoutout to those who earned medals in their respective categories!

Star 2 Girls

Skylar F. - Bronze

Star 3 Girls

Bonnelly A. - Silver
 Caitlyn J. - Silver
 Gracie G. - Silver
 Keira M. - Silver
 Viona A. - Silver
 Katarina C. - Gold
 Scarlett J. - Gold
 Zoe P. - Gold

Star 4 Girls

Madeline M.
 Eden H. - 1st Gold Medal
 Giahma V. - 6th



Welcome to the Junior Team

Some of the Hollyburn Skaters recently graduated from Advanced CanSkate - Jr. Academy and have joined the Junior Figure Skating Team. Congratulations to Sophia J, Ciara S, Vivienne A, Evangeline A, Isabella S and Olivia W. for your great achievements and welcome to the team! These skaters have shown dedication and commitment, and we look forward to seeing their continued growth and success in the program.



Summer Skating

We are excited to announce our summer skating programs for CanSkate, Jr. Academy and figure skating. Programs will run from July 17 to August 18. Our weekly programs will be full of skills development, theme days, Fun Fridays, off ice conditioning, and great coaching from our Skate Canada Certified coaches. We can't wait to hit the ice, work hard and have some fun!

Coach's Corner: Conditioning

The Hollyburn skating program offers off ice conditioning classes for all figure skaters. This class provides numerous advantages for skaters, including improved skating skills and technique, fitness and endurance. Classes use flexibility, strength, stretch and pilates to work on speed, agility, co-ordination, balance and dynamic core stabilization.





Featured Athlete
Katarina
Cubric

Name

Katarina Cubric

How old are you?

11 years old

What Sport are you part of?

Figure skating

Number of years you have played your sport?

8 years

What is your biggest accomplishment in your sport?

Landing my axel

What would be your ultimate achievement?

Being selected for the Canadian Figure Skating Team

Who is your role model in your sport?

Tessa Virtue

Do you have any good luck rituals or superstitions?

NA

What is the best advice you have been given?

The best advice given to me is dream big, set goals and take action!

Do you have a motto that inspires you or helps you to accomplish your goals?

My motto is work hard and have fun!

What is your favorite pre-game meal?

Fruit smoothie and energy bar

What are three essential items in your sports bag?

Sharpened skates, water bottle & gloves

When you were younger, what did you want to grow up to be?

Professional figure skater

Do you still want to be what you mentioned in the last question, or do you have another vision?

Same

What other sports or activities do you enjoy in your spare time?

Skiing, soccer, basketball & tennis

What tournament/challenge would you like to participate in?

Canadian Championships

As a Hollyburn Member, what is your favourite Hollyburn moment?

There are so many favourite Hollyburn memories on & off the ice with my teammates including skating performances, festive craft days, holiday banquets & summer skate

What do you want to be remembered for when you outgrow your sport at Hollyburn?

I want to be remembered as a good role model and someone that is kind and connects well with the younger skaters and encourages them to follow their dreams!

From the ***Kitchen***

**20
23**

950 Cross Creek Road, West Vancouver

Patio days are upon us, and we couldn't be more excited to bring you our selection of seasonal flavours.

We hope you enjoy our new items, as we lighten and brighten things up as the weather warms.

You will see an abundance of new items to choose from. Start off with our charred humboldt squid, served simply with a romesco sauce. Dive into our selection of new entrees; seared local halibut over a light, yet rich chickpea ragu, or our braised spring lamb with baby vegetables. As we notice our poké bowls flying out of the kitchen, we have added more rice and grain bowls for the spring - try our Okinawan taco rice, or poached chicken power bowl.

Our feature nights are also undergoing a shakeup, as we bring back Wing Wednesday and introduce Throwback Thursday, a night of cooking old-school favourites.

We can't wait to serve you this spring, be it for a bite with a drink on our beautiful patio, a healthy bowl for lunch, or a night out with an elegant meal over a beautiful mountain sunset.

Ken Konkle, Chef de Cuisine, and the Hollyburn Culinary Team.





From The Bar

20
23

950 Cross Creek Road, West Vancouver

Your new patio staple;

Mt. Boucherie Estate Winery Rose

We are proud to pour a BC gem on our by the glass list this summer! This mouthwatering rose is delicate with flavours of watermelon, raspberry and citrus blossom. Bright and eminently refreshing, it pairs wonderfully with charcuterie, summer salads and most of all, it pairs with our patio on a summer afternoon. The 2022 vintage is an absolute knock-out rose!

Varieties: Pinot Noir, Gewürztraminer & Zweigelt

Appellation: Okanagan Valley BC VQA

About Mt. Boucherie

Located on the slopes above Okanagan Lake in West Kelowna lives Mt. Boucherie Estate Winery. First started as a grape growing business in 1968, Mt. Boucherie soon became one of the largest vineyard holdings in BC, farming 200 acres of land in both the Similkameen and Okanagan Valleys.





THE UNIVERSITY CLUB
WASHINGTON, D.C.

Affiliate Club

Outrigger Canoe Club

20
23

2909 Kalakaua Ave Honolulu, Hawaii 96815

When the Outrigger Canoe Club was founded, the ancient Hawaiian water sports of surfing and outrigger canoeing were on the verge of extinction. Waikiki Beach, one of the Island's most popular surfing areas, had become increasingly inaccessible due to the hotels and mansions which had been built along its shore. Alexander Hume Ford, a mahini from South Carolina, with the support of Honolulu businessmen, established a club at Waikiki where "men and boys could ride upright on the crest of waves." Its mission then, as it is today, is to foster and promote the water sports of old Hawaii.

The Outrigger Canoe Club has grown and prospered in its nearly 100 years, surviving financial crises, two world wars, and the traumatic move from Waikiki to Diamond Head. With a membership of over 4000, the Outrigger is known throughout the world for its spectacular location, beautiful clubhouse, but most importantly for its efforts to foster and promote Hawaiian water sports. True to its original mission, the Outrigger Canoe Club is "a place where man may commune with sun and sand and sea, where good fellowship and aloha prevail and where the sports of old Hawaii shall always have a home."

The Club is open every day and your members are welcome to use any of our three dining areas, our fitness center or enjoy the water sports at the beach, services include umbrellas and backrests & surfboards can be rented.

We are proud of our Club and consider you a part of our ohana. Enjoy yourself!

Mahalo

Tel: (808) 923-1585 | Fax: (808) 921-1414 | Email: frontdesk@outriggercanoeclub.com



SPRING SUMMER LOOKS

At The Sports Boutique



Striped midi dress



Smocked maxi

GROOVY



Tiered dress



Vintage slim jeans



Classic crew neck



Cropped rib tank





90's loose jeans



Scoop neck
midi dress



Classic denim
shirt

CHUBB



Basic white tee



High neck
maxi



Soft neutrals



Program Registration *Summer 2023*

GENERAL PROGRAM REGISTRATION

Wednesday, April 26 | Online Only

6:30am: Children
6:40am: Karate
6:50am: Hockey & Skating
7:00am: Juniors
7:10am: Badminton, Squash & Pickleball
Music - Email music@hollyburn.org to book

AQUATICS

Thursday, April 27 | Online Only

6:30am: HCC Parent & Tot
6:40am: HCC Preschool
6:50am: Swimmer 1-5
7:00am: Swimmer 6-9
7:10am: All Other Aquatics Programs
7:20am: Aquatics Private Lessons
- Email prea@hollyburn.org to book private lessons!

TENNIS

Friday, April 28 | Online Only

6:30am: Playball
6:40am: Red Ball
6:50am: Orange Ball
7:00am: Green Ball
7:10am: Regular Ball, Girls Tennis,
Teen Squad & Pro Classes
7:20am: Adult Tennis
7:30am - In-Person & By Phone



20
23

Programs by Age

See department for more details

4 MOS-3 YRS

AQUATICS

YOUTH

3-5 YRS

AQUATICS

TENNIS

BADMINTON

SQUASH

KARATE

HOCKEY

SKATING

YOUTH

5-6 YRS

AQUATICS

TENNIS

BADMINTON

SQUASH

KARATE

HOCKEY

SKATING

6-12 YRS

AQUATICS

SWIM TEAM

TENNIS

BADMINTON

SQUASH

MUSIC

KARATE

HOCKEY

SKATING

YOUTH

12-13 YRS

AQUATICS

SWIM TEAM

BADMINTON

TENNIS

SQUASH

MUSIC

KARATE

HOCKEY

SKATING

YOUTH

13-16 YRS

AQUATICS

SWIM TEAM

BADMINTON

TENNIS

SQUASH

MUSIC

KARATE

HOCKEY

SKATING

16-18 YRS

AQUATICS

SWIM TEAM

BADMINTON

TENNIS

SQUASH

MUSIC

KARATE

HOCKEY

SKATING

FITNESS

18+ YRS

AQUATICS

ADULT AQUATICS

BADMINTON

TENNIS

SQUASH

MUSIC

KARATE

HOCKEY

BRIDGE

FITNESS

PICKLEBALL



HOLLYBURN
COUNTRY CLUB

Programs

**20
23**

950 Cross Creek Road, West Vancouver

Aquatics



Patrick Rea
Aquatic Coordinator
PRea@hollyburn.org



Symun Pall
Aquatic Supervisor
SPall@hollyburn.org

Swim Lessons

Jul 10 - 14 Jul 31-Aug 4
Jul 17-21 Aug 8-11
Jul 24-28 Aug 14-18

No Swim Lessons

Aug 7
Aug 21-Sep 1

Pool Maintenance Shutdown

Aug 21-Sep 10

Hours Of Operation

Lap Pool:
Mon-Fri: 5:45am-10:00pm
Sat-Sun: 6:00am-9:00pm

Leisure Pool:

Mon-Thurs: 9:00am-7:30pm
Fri-Sun: 9:00am-9:00pm

Please log into our website-www.hollyburn.org to access the GameTime pool schedule or call our pool office (604-913-4576) for up to date and detailed information about the pool schedules, lane availability and potential schedule changes.

Important Reminders

All children (regardless of swimming ability) under the age of 8 years must be accompanied in the water and within arm's reach by an adult over the age of 16, AT ALL TIMES. The adult to child ratio is 1:3.

The aquatics department and management work collectively to develop a harmonized pool schedule that works for all members. All programs and activities are taken into consideration. Even if it looks like there are only a few swimmers in the pool during a particular time, time is allocated for specific user groups and attendance can vary. Hollyburn lifeguards and management will be enforcing the delegated times within the schedule to ensure the best possible operation of our pool.

Cancellation Notice

Members will be charged the full fee for all programs they register for unless seven (7) day cancellation notice is received prior to the scheduled start of the program.

Private Lesson Cancellation Policy: 48 hours' notice is required for private lesson cancellations.

Policy subject to change.

Booking Information

Summer registration opens on Thursday, April 27
6:30am (HCC Parent & Tot)
6:40am (HCC Preschool 2-6)
6:50am (Swimmer 1-5)
7:00am (Swimmer 6-9)
7:10am (All other Aquatics Programs)
7:20am (Private Swim Lessons)-Email Aquatics to book!

Bookings will be not accepted prior to the registration opening date and time. If a class is full, please do not hesitate to register on a waitlist or contact the aquatic department to discuss your options.

Registration for group programs can be done online through the Hollyburn Member website or through the Aquatic Coordinator, Athletic Coordinator, or the Aquatic Supervisor.

Private lessons can only be booked by PRea@hollyburn.org. We will confirm private lessons on a first come first serve basis.

Summer Super Sets

During the Summer time at Hollyburn, each group lesson set is 5 days long, Monday-Friday. This is different from other seasons at the Club, where the lesson set is a weekly class over a few months period.

Week 1 Super Set

Jul 10-14

Week 2 Super Set

Jul 17-21

Week 3 Super Set

Jul 24-28

Week 4 Super Set

Jul 31-Aug 4

Week 5 Super Set

Aug 8-11

Week 6 Super Set

Aug 14-18

Private Lessons

A private swim lesson with one of our accredited swimming instructors is the first step to becoming the type of swimmer that you have always wanted to be. Lessons can be booked for all ages and a variety of times are available to accommodate your busy schedule. Turn to [page 49](#) for available private lesson times.

Due to high demand, private lessons booked Monday through Friday may only be booked in the set times indicated on the grid at the end of this section. This is to accommodate as many Members as possible on these days.

Private Lessons

30 minutes: \$35

45 minutes: \$52.50

60 minutes: \$70

Semi-Private:

30 minutes: \$46 (\$23 pp)

45 minutes: \$69 (\$34.50 pp)

60 minutes: \$92 (\$46 pp)

Small Group:

30 minutes: \$18 pp

45 minutes: \$27 pp

60 minutes: \$36 pp

Summer Private Lessons

Our private lessons run between 9:00am–12:00pm Monday-Friday. Please refer [page 49](#) for morning private lesson availability. Morning private lessons are booked for the whole set (Monday-Friday). We also have private lessons in the afternoon running from 3:30pm–6:30pm. Afternoon private lesson can be book for the whole set (Monday-Friday), or on the specific days of the week you're available!

Summer group lessons

Group Swim Lessons run as supersets. This means our group lessons run Monday-Friday from 9:00am–12:00pm. Each week is the start of a new set. Members can register for multiple sets/weeks or just a single set/week on April 27, registration day.

Tips For Booking Private Lessons

To make registration as quick and efficient as possible, please ensure all the adequate information is in the email request when sending it on registration day. Here is the information that will be needed to make the booking process as seamless as possible:

- Who the lesson is for (First and last name)
- Member number
- First choice week/day(s) and time (refer to [page 49](#) for availability)
- Second choice week/day(s) and time
- Third choice week/day(s) and time
- Specific requests (instructor, any specific skills, additional information)

To enable our Aquatic Coordinator time to coordinate instructors and organize appropriate class sizes the swim lesson online registration closes 72 hours prior to program's start time. Registration after this time must be done directly with the Aquatic Coordinator at PRea@hollyburn.org. Members may not register for classes or switch lessons after the third week of the lesson set.

Aquatic Program F.A.Q.

Q: What programs does HCC Aquatics offer?

A: We offer the HCC Parent and Tot, HCC Preschool, the Lifesaving Society Swim for Life program Bronze Star, Bronze Medallion, and Bronze Cross. We also

offer adult swimming programs such as Aquafit and M&M's, Masters, and first aid courses (CPR-C/ AED and Standard First Aid) as well.

Q: We want to get our children into swimming, where do we start?

A: Children under the age of 3 will start out in the HCC Parent and Tot program. At age 2, our Intro to Penguin classes give children a chance to challenge entry to unparented lessons. Preschool children (3-5 yrs) should start in Egg, and school aged children (5+ yrs) should start in Swimmer 1.

Q: It's been a while since we swam or we swam in a different program. Which level should we register for?

A: We are happy to arrange a 5-minute swim evaluation with one of our staff - email Patrick (PRea@hollyburn.org) or stop by the pool office! Simply arrange a time during any general swim and we can tell you the best level for them. This is especially important as for safety and quality assurance, children signed up for a level too advanced for them will be removed from the class. We always try to move them to a better class, but if we cannot the original fee will not be refunded.

Q: How do I know which level to register for next session?

A: All swimmers will receive an end of session report card prior to the registration deadline. We ask that all participants bring past reports to any upcoming sessions so their instructors can continue to fill them out as your child progresses. Registering for the incorrect level may hinder the swimming development of your child.

Combo Programs

Racquet-Swim

*Monday through Friday on selective weeks

Hollyburn is happy to offer several combined athletics programs to keep our young members healthy and physically active. Children in these programs are dropped off for one of the below sports, and when their class finishes are brought by HCC staff to the pool for swim lessons afterwards. Parents pick them up after their swimming class (depending on the class), thoroughly tucked out after their activities. Simply register for one of the below programs and a swim lesson (at your child's level) on the same week to be included in the program. See [page 49](#) for available swim classes.

Tennis and Swim

Red Ball and Swim:

9:00am–10:30am (Red Ball)

Register for: 10:45am or 11:00am start time (Swim class depending on level)

Swim to Orange Ball:

10:30am–12:00pm (Orange Ball)

Register for: 9:00am or 9:30am start time (Swim class depending on level)

Badminton and Swim Half Day Combo

Badminton: 9:30am–10:30am

Register for: 10:45am or 11:00am swim class (start time)

HCC Parent & Tot

Penguin & Parent

4–36 mos

Parent or caregiver will participate in the classes along with their child. This class will concentrate on continually building your child's confidence and technique in the water while having fun. See [page 49](#) for program times.

- Supports and Holds
- Front - Position, floats, and kicks
- Back - Position, floats, and kicks
- Breath Control - Getting wet, mouth and nose bubbles, and submersion
- Safety Skills
- Entries and Exits -Slip-ins and jumps

Intro To Penguins

2–3 yrs

This Parent and Tot level is focused on building a tot's independence in lessons to get them ready to enter HCC's Preschool Program. Parents or caregivers are slowly transitioned out of the class as their tot's independence increases. See [page 49](#) for program times.

- Assisted Slip-ins and Jumps
- Rhythmic Breathing
- Assisted Front and Back Float
- Assisted Front and Back Kick

HCC Preschool

The Aquatics department has developed a customized preschool swim program geared to the needs of our members. The focus of this program is to create a fun and active environment for swimmers to develop their swimming and water safety skills, and advance through the progression of levels based on their abilities.

Listed below are some of skills for the HCC Preschool levels (not all). Do not hesitate to contact the Aquatics Department with any questions regarding our preschool program or your child's swim level. We are always happy to arrange a 5-minute swim evaluation with one of our staff. See [page 49](#) for program times and a preschool program conversion chart.

Egg

2–3 yrs

This level is only for those who have taken and completed Intro to Penguins. Please contact Patrick (PRea@hollyburn.org) for more information.

*Parents/caregivers are not required to be in the water.

- Kick with a Buoyant Object on Front and Back
- Submersion
- Assisted Front and Back Float
- Assisted Front and Back Kick

Egg

3–5 yrs

*Parents/caregivers are not required to be in the water.

- Kick with a Buoyant Object on Front and Back
- Submersion
- Assisted Front and Back Float
- Assisted Front and Back Kick

Hatchling

3–5 yrs

Please note that children who are still 2 years old may register for this class IF they have taken the Egg (2-3) level and been given a sticker of completion by their instructor. All under-age registration must be done through Aquatics staff.

- Unassisted Slip-ins and Jumps in Chest Deep Water
- Unassisted Front and Back Floats
- Unassisted Front Kick
- Assisted Roll-Over Kick, Back to Front

Chick

3–5 yrs

- Unassisted Back Kick
- Unassisted Roll-Over Kick, Back to Front
- Assisted Roll-Over Kick, Front to Back
- Big Arms with Kick
- Assisted Side Kick

Little Penguin

3–6 yrs

- Unassisted Treading Water in Main Pool
- Slip-ins and Jumps in the Main Pool, Unassisted Back Float with Assisted Return to Wall
- Unassisted Roll-Over Kick, Front to Back
- Big Arms with Kick
- Unassisted Side Kick

Big Penguin

3–6 yrs

- Sitting Dive
- Front and Back Kick
- Big Arms with Kick
- Side Kick
- Assisted Front/Side Kick Combo, Front to Side

Emperor Penguin

3–6 yrs

- Kneeling Dive
- Assisted Head First Scull
- Front and Back Kick
- Side Kick
- Introduction to Front Crawl

Lifesaving Society Swim For Life

5–14 yrs

This 9–level program is the replacement for the discontinued Red Cross Swim Kids program. Swim for Life will help young swimmers develop the 3 main swimming strokes (front and back crawl, breast stroke, sidestroke), actively learn how to be safe around the water, increase their fitness and endurance with fun activities and introductions to lifesaving techniques!

Listed below are some of skills for the Swim for Life – Swimmer program. Contact the Aquatics Department with any questions regarding your swim level. We are happy to arrange a 5-minute swim evaluation with one of our staff.

Swimmer 1

- Flutter kick on front and back 5m
- Front and back glide 3m
- Front and back floats 5 sec
- Front crawl with PFD

Swimmer 2

- Flutter kick on front and back 10m
- Front and back crawl 10m
- Vertical whip kick 30 sec
- Tread water 15 sec

Swimmer 3

- Front and back crawl 15m
- Whip kick on back 10m
- Tread water 30 sec
- Kneeling dive into deep water

Swimmer 4

- Front and back crawl 25m
- Whip kick on front 15m
- Tread water 1 min
- Swim underwater 5m

Swimmer 5

- Front and back crawl 50m
- Head up front crawl 10m
- Stationary eggbeater kick 30 sec
- Breast stroke 25m

Swimmer 6

- Front and back crawl 100m
- Scissor kick 15m
- Object recovery underwater 10m
- Breast stroke spring

Swimmers will need to complete Swimmer 6 before trying out for our Hollyburn Hurricanes Swim Team.

Swimmer 7 – Rookie Patrol

- Head up swim 25m
- Swim 350m
- Swim 100m in 3min
- Rescue breathing and EMS

Swimmer 8 – Ranger Patrol

- Dive entry 1m in height
- Swim 200m in 6 min
- Object support in deep water (5 lbs. for 3 min)
- Underwater swim 10m
- Treating for shock
- Obstructed airways

Swimmer 9 – Star Patrol

- Object carry (10 lbs. for 25 m)
- Swim 300m in 9 min
- External bleeding care
- Weak or non-swimmer rescues
- Unconscious victim removal
- Unconscious obstructed airway treatment

Lifesaving Society

Bronze Star

Prerequisite: 12 yrs and ability to swim 200m

Bronze Star is the pre-Bronze Medallion training standard and excellent preparation in Bronze Medallion. Learn self-rescue techniques, in-water rescue skills, first aid and more! Contact PRea@hollyburn.org for addition information.

Bronze medallion

No age pre-requisite if candidate has Bronze Star; if not, must be 13 years by last day of course.

Swim Kids 9 recommended

Bronze Medallion covers self–rescue techniques, victim tows, carries and more! Rescues involve conscious and unconscious victims of various types, including spinal injuries and circulatory emergencies. Contact PRea@hollyburn.org for addition information.

Bronze Cross

Prerequisite: Bronze Medallion

Bronze Cross is the final installation Bronze courses. Candidates develop proficiency at performing patient assessments, managing aquatic spinal injuries, and preventing the loss of life in a variety of emergencies. Contact PRea@hollyburn.org for addition information.

Youth Rereational Red Cross Stay Safe

Prerequisite: 9 yrs (or completion of Grade 3)–13 yrs

This course teaches participants about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities. This course will include basic first aid, safety skills, and how to recognize and respond to unexpected situations. Contact PRea@hollyburn.org.

Price: \$56.00

Date: Sunday, July 30 10:00am–3:30pm

Red Cross Babysitters Course

Prerequisite: 11+ yrs

Know all the responsibilities to be the best babysitter! Learn how to change a diaper, prepare a simple meal, play games with children, prevent injuries and handle an emergency. A good babysitter will know all these things and more. Contact PRea@hollyburn.org for addition information.

Price: \$80.00

Date: Sunday, July 23rd 9:00am–5:00pm

Standard First Aid

Prerequisites: 13+ yrs

This two-day course will teach you first aid and CPR skills. This is a great course if you would like to increase your knowledge on how to respond to emergencies at work or home. This course will teach you how to deal with airway, breathing, and circulatory emergencies and the management of medical, musculoskeletal, and environmental emergencies. It is also the second pre-requisite of the National Lifeguard Service (NLS) course, so is a great next step if you already have your Bronze Cross and want to become a lifeguard. Contact PRea@hollyburn.org for addition information.

Price: \$172.00

Date: TBD

Explore Aquatics Camp

8 - 12 yrs

For little fishes who just won't go anywhere else except the pool! This camp is for participants that would like to explore different aquatic opportunities such as diving, water-polo, snorkelling, underwater hockey, and much more. Participants will develop personal safety skills for being in, on and around the water. The campers will also partake in arts and crafts and outdoor games.

July 3–7

Mon–Fri

10:00am–4:00pm

\$300

July 10–14

Mon–Fri

10:00am–4:00pm

\$300

Jul 17–21

Mon–Fri

10:00am–4:00pm

\$300

July 24–28

Mon–Fri

10:00am–4:00pm

\$300

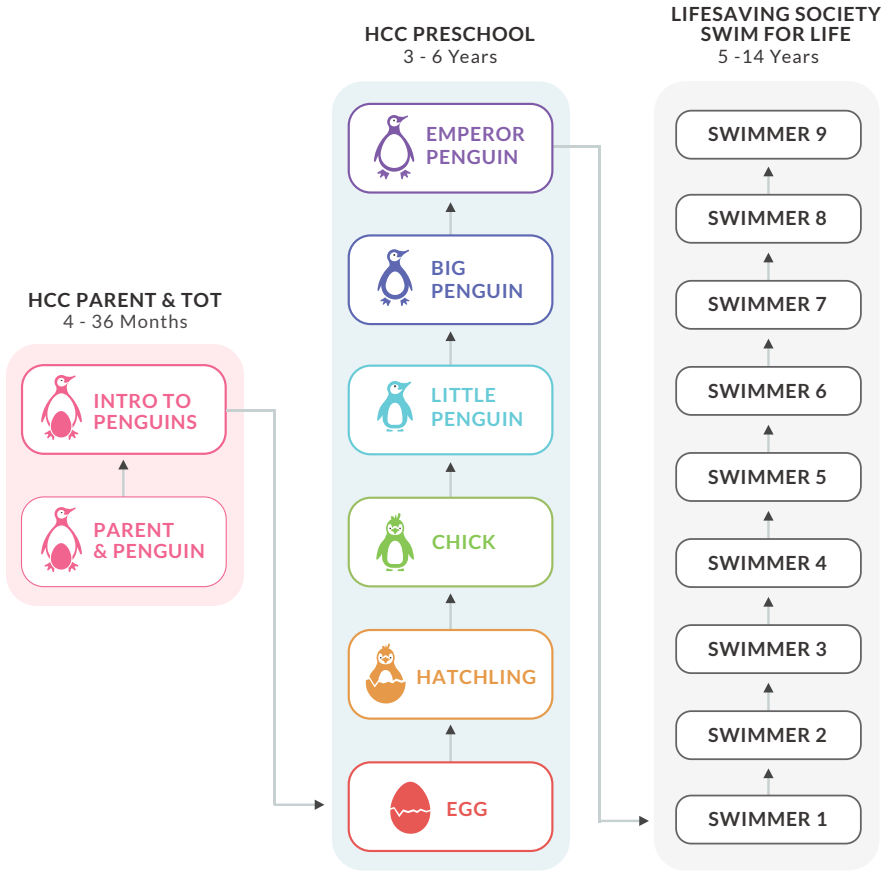
New to Hollyburn Swimming? Hollyburn runs HCC Parent and Tot, HCC Preschool, and Lifesaving Society Swim for Life – Swimmer.

For those of you that are new to Hollyburn, here is a conversion chart with Lifesaving Society Swim for Life - Swimmer and West Vancouver Preschool level equivalents.

HCC Parent and Tot/Preschool (4 month–6yr)	West Vancouver Parent and Tot/Preschool (4 months–5yrs)	Red Cross Preschool (3–6 yrs)	Red Cross Swim Kids (5+ yrs)	Lifesaving Society Swim for Life (5+yrs)
HCC Parent and Tot	Ducks	Starfish, Duck, Sea Turtle		
Intro to Preschool	Jellyfish			
Egg	Minnows and Seals	Sea Otter	SK1	
Hatchling	Guppies and Dolphins	Salamander (taken for 0-2 sessions)	SK1	
Chick	Guppies and Dolphins	Salamander (taken for 3 or more sessions)	SK1	
Little Penguin	Seahorses and Killer Whales	Sunfish	SK2	
Big Penguin	Sharks	Crocodile	SK3	Swimmer 1
Emperor Penguin	Ogopogos and Barracudas	Whale	SK3	Swimmer 1

Hollyburn Pathway

Aquatics



Swim participants will know when they are ready to advanced to the next level upon receiving a completion badge for their current level. Swimmers should not register in the next level unless they have received their report card indicating so or have completed a swim evaluation from one of our instructors.

All of our accredited swim instructors are trained and certified by the Canadian Red Cross and Lifesaving Society to teach water safety and improve stroke technique.

No Swim Lessons:

Aug 7
Aug 21-Sep 1

Pool Maintenance Shutdown:

Aug 21-Sep 1

Summer 2023 Swim Lessons

	Swim Times (Mon-Fri)	Tennis & Swim	Badminton & Swim
Swim Level:	<i>Badminton and Swim- purple</i>	<i>*Please register for both racquets and swimming, children will be transported between activities</i>	<i>*Please register for both racquets and swimming, children will be transported between activities</i>
Penguin & Parent	9:00am-9:30am *July Only*		
Egg 2 - 3 yrs	9:30am-10:00am *July Only*		
Egg 3 - 5 yrs	10:00am-10:30am 10:30am-11:00am	Playball Tennis: 9:00am HCC Preschool: 10:00am *Pick-Up at Pool: 10:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 10:30am *Parent Pick-Up at Pool: 11:00pm
Hatchling 3 - 5 yrs	10:00am-10:30am 10:30am-11:00am	Playball Tennis: 9:00am HCC Preschool: 10:00am *Pick-Up at Pool: 10:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 10:30am *Parent Pick-Up at Pool: 11:00pm
Chick 3 - 5 yrs	10:00am-10:30am 10:30am-11:00am	Playball Tennis: 9:00am HCC Preschool: 10:00am *Pick-Up at Pool: 10:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 10:30am *Parent Pick-Up at Pool: 11:00pm
Little Penguin 3 - 6 yrs	10:00am-10:30am 10:30am-11:00am	Playball Tennis: 9:00am HCC Preschool: 10:00am *Pick-Up at Pool: 10:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 10:30am *Parent Pick-Up at Pool: 11:00pm
Big Penguin 3 - 6 yrs	10:00am-10:30am 10:30am-11:00am	Playball Tennis: 9:00am HCC Preschool: 10:00am *Pick-Up at Pool: 10:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 10:30am *Parent Pick-Up at Pool: 11:00pm
Emperor Penguin 3 - 6 yrs	10:00am-10:30am 10:30am-11:00am	Playball Tennis: 9:00am HCC Preschool: 10:00am *Pick-Up at Pool: 10:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 10:30am *Parent Pick-Up at Pool: 11:00pm
Swimmer 1 5-14yrs	11:00am-11:30am	Red Ball Tennis: 9:00am LSS Swimmer: 11:00am *Pick-Up at Pool: 11:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 11:00am *Parent Pick-Up at Pool: 11:30pm
Swimmer 2 5-14yrs	11:00am-11:30am	Red Ball Tennis: 9:00am LSS Swimmer: 11:00am *Pick-Up at Pool: 11:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 11:00am *Parent Pick-Up at Pool: 11:30pm
Swimmer 3 5-14yrs	11:00am-11:30am	Red Ball Tennis: 9:00am LSS Swimmer: 11:00am *Pick-Up at Pool: 11:30am	Badminton Camp (6+): 9:30am LSS Swimmer: 11:00am *Parent Pick-Up at Pool: 11:30pm
Swimmer 4 5-14yrs	9:15am-10:00am 11:00am-11:45am	LSS Swimmer: 9:15am Orange/ Green Ball: 10:30am *Pick-Up at Tennis: 12:00pm	Badminton Camp (6+): 9:30am LSS Swimmer: 11:00am *Parent Pick-Up at Pool: 11:45pm
		Red Ball Tennis: 9:00am LSS Swimmer: 11:00am *Pick-Up at Pool: 11:45pm	
Swimmer 5 5-14yrs	9:15am-10:00am 11:00am-11:45am	LSS Swimmer: 9:15am Orange/ Green Ball: 10:30am *Pick-Up at Tennis: 12:00pm	Badminton Camp (6+): 9:30am LSS Swimmer: 11:00am *Parent Pick-Up at Pool: 11:45pm
		Red Ball Tennis: 9:00am LSS Swimmer: 11:00am *Pick-Up at Pool: 11:45pm	
Swimmer 6 5-14yrs	9:00am-10:00am 11:00am-12:00am	LSS Swimmer: 9:00am Orange/ Green Ball: 10:30am *Pick-Up at Tennis: 12:00pm	Badminton Camp (6+): 9:30am LSS Swimmer: 11:00am *Parent Pick-Up at Pool: 12:00pm
		Red Ball Tennis: 9:00am LSS Swimmer: 11:00am *Pick-Up at Pool: 11:45pm	
Swimmer 7/8/9 5-14yrs	9:00am-10:00am 11:00am-12:00am	LSS Swimmer: 9:00am Orange/ Green Ball: 10:30am *Pick-Up at Tennis: 12:00pm	Badminton Camp (6+): 9:30am LSS Swimmer: 11:00am *Parent Pick-Up at Pool: 12:00pm
		Red Ball Tennis: 9:00am LSS Swimmer: 11:00am *Pick-Up at Pool: 11:45pm	
Private Lessons	9:00am-10:00am (x1) *Aug only 10:00am-11:00am (x2) 11:30am-12:00pm (x3)	Email Patrick to book! (PRea@hollyburn.org)	
Group Lesson	30 min = \$45.00 45 min = \$67.50 60 min = \$90.00		

**Times in green indicate sessions in the Tennis/Swim Combo program. Time's in purple indicate sessions in the Badminton/Swim Combo. These lessons have limited availability. If your child is not participating in tennis programs please consider another available time to allow other members a chance to join!*

Adult Aquatics



John Ryan
Masters Swim Coach &
Adult Aquatic Coordinator
SwimMaster@hollyburn.org

The Master's program caters for all ages and abilities. If your goal is to swim a length of the pool non-stop or to finish an Ironman, we can help you. We cater to those who want to stay fit and those that have a competitive goal. We also cater to those who want to be in a fun social environment while enjoying an aerobic workout and a full body tone.

"Fitness, Friendship and Fun all in One"

Coaches: John Ryan, Janice Avon, Symun Pall, Josh Carter, Lucas Ouellette, Sophie Smith, Marisa Ruus.

Contact: John at SwimMaster@hollyburn.org

Masters Tri Guys

This is our splash and dash group for the early morning risers who are looking for a fast and hard cardio workout before they shoot off to work. This group consists of Tri-guys, Iron men/women, ex-swimmers and well conditioned fitness swimmers. (One-hour coaching both days)

Jul 11-Aug 17

Tue, Thu | 6:00am-7:00am | 7:00am-8:00am
\$96

This group is a good working group and has multiple abilities. We have the speedsters and those that want more of a skills and drills focused workout with attention to form. This group consists of ex-swimmers, Iron men/women and fitness swimmers.

Jul 11-Aug 17

Tue, Thu | 8:00am-9:00am | 9:00am-10:00am
\$96

Senior Swim Fit

A program for the mature swimmers who still like a challenge and keep fit but even more so "have fun" in the process. We aim to give a good cardio workout as you improve your strokes.

Jul 11-Aug 17

Tue, Thu | 8:00am-9:00am
\$96

Weekend Training

Weekend training is a bit more relaxed and we tend to focus a little more on how to do flip/tumble turns, dives/starts and sprints. Although it's a relaxed session we will still try to reach a goal of 3k - 4k by the end.

Sat & Sun is a drop-in charge (\$15)

Jul 15-Aug 19

Sat | 7:30am-9:00am

Jul 16-Aug 20

Sun | 7:00am-8:30am, 8:30am-10:00am

Masters Lite

This program developed from a one day a week to a three day a week program. Your complete weekly cardio program is now here in a low impact environment. It is for the swimmers who have little or no coached program experience. We will move at a pace that you are comfortable with and work on your stroke as we go. We also work on how to read the set/workout on the white board. Lane ethics will also be covered.

Jul 10-Aug 18

Mon, Wed, Fri | 8:00am-10:00am
\$144



Adult Lessons

There is no better way to speed up the learning curve than a private one to one swimming lesson. If you are the person that had a traumatic aquatic experience at some stage in your life and can't shake that feeling or if you want to improve and refine your stroke for a new goal/event that requires you saving energy in the swim section then this is the best way to achieve that.

I hear the same issue numerous of times during the year "I run 4min miles, bike 200k on the weekends, hit the pool and die after two laps". If this is you, I highly recommend a private one to one coaching lesson to identify and work on solving the issues in a safe and progressive manner.

Adult private lessons:

Mon		10:00am-2:00pm
Tue		10:00am-2:00pm
Wed		10:00am-2:00pm
Thu		10:00am-2:00pm
Fri		10:00am-2:00pm

(Evening weekdays and weekend times are available upon request)

Aquatic Rehab Lessons

Symun has been working in the Hollyburn aquatics department for the last 9+ years as a lifeguard/swim instructor and now aquatic leader. She has a degree in Human Kinetics from UBC Okanagan. With her experience working as a kinesiologist she has been exposed to various injuries (shoulder, hip, knee, foot etc.). In combination with her aquatics background Symun can help provide a swimming lesson that can also be beneficial for a progressive rehab process.
Contact: John.Ryan@SwimMaster@Hollyburn.org

AquaFit

18+ yrs

Our water workouts are fun and offer a challenge to anyone attending. The instructors help you work at your own comfort level and keep the exercises fun and entertaining but with little or no joint impact. This is an excellent addition to any exercise regime.

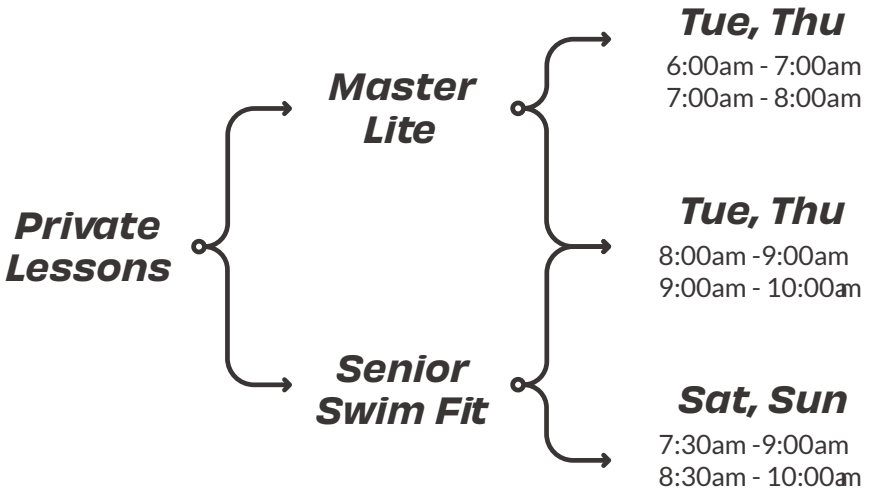
Jul 10-Aug 18

Mon, Wed, Fri | 9:00am-10:00am

No Monthly Fee

Drop-in: \$6/class

Adult Aquatic Program Progression Pathway:



Hurricanes



Brad Hutton
Head Coach
BHutton@hollyburn.org



Annie Wolfe
Head Assistant Coach
AWolfe@hollyburn.org

Swim Team Skill

Each camp will focus on specific skills – starts, turns and stroke improvement! Swimmers are encouraged to sign up for as many camps that can fit in their schedule. Athletes do not need to be on the swim team to attend the camps. For more information, please contact Annie at AWolfe@hollyburn.org.

Freestyle & Backstroke

Tuesday night camps will focus on the fundamental skills for backstroke and freestyle. The camps will accommodate swimmers in Swim Kids 5-7 through swim team members in Swim Academy and Monsoon Groups.

Jul 4-25

Tue | 4:30pm-6:30pm

Single Session \$40

All Four Sessions \$130

Butterfly & Breaststroke

Wednesday night camps will focus on the fundamental skills for butterfly and breaststroke. The camps will accommodate swimmers in Swim Kids 5-7 through swim team members in Swim Academy and Monsoon Groups.

Jul 5-26

Wed | 4:30pm-6:30pm

Single Session \$40

All Four Sessions \$130

Dive & Turn Camps

Thursday nights will focus on all of the skills necessary for fast competitive dive and turns. Will cover everything from the basic start position to adding power from your dive and turn fundamentals to turning at race speed. The camps will accommodate swimmers in Swim Kids 5-7 through swim team members in Swim Academy and Monsoon Groups.

Jul 6-27

Thu | 4:30pm-6:30pm

Single Session \$40

All Four Sessions \$130

Tsunami/Monsoon Summer Session

For swimmers in our Tsunami and Monsoon Groups who are training through July. Swimmers will focus on skills for all four strokes and concentrate on racing skills as well as compete at the Hollyburn Summer Invitational on July 22-23.

Jun 26-Jul 26

Mon | 4:45pm-6:00pm

Tue Wed | 3:15pm-4:30pm

Sat | 9:45am-11:00am

\$240

Pursuit/Typhoon Summer Session

For swimmers in our Pursuit and Typhoon Groups who are training through July. Swimmers will focus on competition preparation including our Hollyburn Summer Invitational on July 22-23.

Jun 26-Jul 28

Mon | 3:00pm-6:00pm

Tue Thu | 2:45pm-4:30pm

Wed Fri | 6:15am-8:30am

Sat | 7:45am-10:00am

\$390

For more information about the club please contact Coach Brad Hutton at BHutton@hollyburn.org or visit our website www.hurricanesswimteam.com!



Badminton



Julia Chen
Badminton Professional
Badminton@hollyburn.org

Badminton Junior

Get ready to smash your way to success at our Badminton Junior Summer Camps! Perfect for young players looking to improve their skills and technique, our camps are designed to provide a fun and engaging learning experience. Whether your child is a beginner or an intermediate player, our experienced coaches will help them develop their game and reach their full potential.

Join us for an unforgettable summer of badminton training and making new friends in a supportive and inclusive environment. Our camps are the perfect way to take your game to the next level!

To make the most of our camps, we recommend bringing your own racquets, water bottle, and snacks. We also ask that campers wear indoor court shoes and athletic attire to ensure safety and comfort during training sessions.

Badminton Only Preschool

3.5-5 yrs

Looking for an exciting and engaging summer camp experience for your preschooler? Look no further than our Badminton Only Preschool Camp! Designed specifically for children aged 3.5-5 years old, our camp is packed with fun drills and exercises that will help your child develop their balance, running, and jumping abilities while also learning basic racquet skills and hand-eye coordination.

Camp weeks:

*Jul 4-7 | Jul 10-14 | Jul 17-21 | *Aug 8-11

Mon-Fri

9:30am-10:30am

\$140

Preschool Badminton & Swimming Combo

3.5-5 yrs

Join our Preschool Badminton & Swimming Combo camp for children aged 3.5-5 years old! To participate in the swimming component, register separately based on your child's swimming level for the same week as the camp. Our staff will escort players between the badminton gym and the pool, with drop-off at the gym and pick-up at the pool. For added convenience, we recommend wearing a bathing suit underneath athletic attire to save time on clothing changes.

Camp weeks:

*Jul 4-7 | Jul 10-14 | Jul 17-21

*Aug 8-11 | *discounted rate for 4-day camp

Badminton

Mon-Fri

9:30am-10:30am

\$140

Swimming Lesson

10:30am-11:00am (30 mins for most 3-5 years lessons)

*Register for swimming separately

Badminton & Swimming Full Day

6+ yrs

Join our exciting 2023 summer camp, where your child can have a full day of sports fun! Our Badminton Sports Full day Camp is perfect for kids aged 6 and up. Throughout the day, campers will enjoy 2.5 hours of badminton lessons, tailored swimming lessons to suit each child's skill level, mini tournaments, turf activities, soccer, pool time and basketball. While lunch is not included, campers are welcome to pack their own or purchase from the Bistro 950.

During each day of camp, participants will have one hour of pool time, and optional swimming lessons are available for an additional fee. Be sure to register your child for swimming lessons separately based on their swimming level for the same week they'll be attending the camp. Note that the pool will be closed from August 21 to September 10, and there will be no swimming opportunities during the weeks of August 21 and 28. However, we'll be adding extra activities to make up for it! Don't miss out on this amazing opportunity for your child to develop their skills and have a blast this summer!

Camp Weeks

*Jul 4-7 | Jul 10-14 | Jul 17-21
Jul 24-28 | Jul 31-Aug 4 | *Aug 8-11
Aug 14-18 | Aug 21-25 (No swimming)
Aug 28-Sep 1 (No swimming)
*discounted rate for 4-day camp

Badminton

Mon-Fri
9:30am-3:30pm
\$450

Swimming Lesson

11:00am-11:30am swimming (30 mins lessons)
11:00am-12:00pm swimming (60 mins for Swimmer 6+)
*Register for swimming separately

Badminton & Swimming Combo Half Day

6+yrs

To participate in the swimming portion of the camp, simply register separately based on your child's swimming level for the same week as the badminton camp. Our staff will escort campers between the badminton gym and the pool, with drop-off at the gym and pickup at the pool. Don't miss out on this amazing opportunity to give your child a fun and engaging summer camp experience

Camp weeks

*Jul 4-7 | Jul 10-14 | Jul 17-21
Jul 24-28 | Jul 31-Aug 4 | *Aug 8-11
Aug 14-18

Badminton:

Mon-Fri
9:30am-10:30am
\$140

Swimming Lesson:

Swim Lesson (*note, 30 mins or 60 mins for Swimmer 6+)
Swim lesson
10:30am or 10:45am
Swimmer 6+
11:00am-12:00pm
*Register for swimming separately

Badminton Morning Camp or Afternoon

6+yrs

Join our Badminton Morning or Afternoon Camp for children aged 6 and above! Our camp aims to enhance basic racquet skills, hand-eye coordination, footwork, and overall conditioning. With fun games and drills, your child can improve their badminton game. We group players by age and level of play to maximize their court time. Help your child excel in badminton this summer!

Camp weeks

Jul 4-7 | Jul 10-14 | Jul 17-21
Jul 24-28 | Jul 31-Aug 4 | *Aug 8-11
Aug 14-18 | Aug 21-25 | Aug 28-Sep 1
*discounted rate for 4-day camp

Mon-Fri

Morning Camp 9:30am-12:00pm
Afternoon Camp 1:00pm-3:30pm
\$250

Teens Badminton

11+yrs

Join our Teens Badminton Camp for an exciting summer adventure! Designed for teenagers aged 11 years and above, our camp emphasizes racquet sport techniques, fitness, and fun with friends. Improve badminton play and make unforgettable summer memories with us!

Camp Weeks

*Jul 4-7 | Jul 10-14 | Jul 17-21
Jul 24-28 | Jul 31-Aug 4 | *Aug 8-11
Aug 14-18 | Aug 21-25 | Aug 28-Sep 1
*discounted rate for 4-day camp

Mon-Fri

1:00pm-3:30pm
\$250

Hawk Team weekly training

1:00pm-3:30pm
Jul & Aug
Email Julia at Badminton@hollyburn.org to register

Adult Badminton

Stay active, socialize and have fun with our Adult Badminton Programs! Join our Badminton Morning social play on Tuesdays and Thursdays from 10:00am to 12:30pm or our Badminton Night program on Tuesdays and Thursdays from 7:30pm to 10:00pm. Our welcoming and friendly environment accommodates players of all levels. Improve your badminton skills and experience the thrill of the game with us!

Fitness



Shelly Grisbrook
Fitness Center Manager
SGrisbrook@hollyburn.org



Oscar Obst
Personal Trainer & Fitness Supervisor
OObst@hollyburn.org

Fitness Centre Hours

Monday	5:30am – 10:00pm
Tuesday	5:30am – 10:00pm
Wednesday	5:30am – 10:00pm
Thursday	5:30am – 10:00pm
Friday	5:30am – 9:00pm
Sat, Sun & Holidays	6:30am – 9:00pm

Fitness At Hollyburn

Whether you are looking for a Group Fitness Class, Pilates Classes, Private Pilates Instruction, Personal Training or all the equipment for your best workout, the Fitness Centre has it all!

Fitness Centre Etiquette

We encourage all Members to practice thoughtful gym etiquette. Remember to clean the equipment after each use, re-rack the weights, be courteous to others waiting for machines and equipment, and arrive on time for classes and sessions. Cell phones may be used for music, apps, and texting; however, no phone calls are permitted in the Fitness Centre.

HCC Class Passes

We offer unlimited monthly passes for all group classes located in Peak Studio, the Turf, and Studio 94 (the Dojo). The monthly pass allows you to register for as many classes as you want. The entire group class schedule can be found on the Mindbody Online (MBO) app, this is a 3rd party app and cannot be found on the Hollyburn website. If you are interested in a monthly pass, let one of the Fitness Staff know and we will sign you up. Once you receive a monthly pass, it will automatically renew every month unless you inform us to cancel your pass.

Mindbody Instructions

- Step 1:** Download the mindbody app on your phone.
 - Step 2:** Choose continue with email. (You can connect fb later if you wish).
 - Step 3:** Enter your email address.
 - Step 4:** Enter a password.
 - Step 5:** Enter your first & last name and Canada. (Turn off updates from mindbody).
 - Step 6:** Check your email account to verify your account. (Make sure not to skip this step)
 - Step 7:** Open the mindbody email and click 'verify my email'.
 - Step 8:** Open the app and click the search button in the top right corner.
 - Step 9:** Search for 'Hollyburn Country Club' and then click to select
 - Step 10:** Make sure to click the heart symbol to add Hollyburn CountryClub to your favourites
 - Step 11:** Scroll down and select the 'schedule calendar' to view our classes.
 - Step 12:** View our upcoming classes and book the sessions you wish to attend.
- ## Unlimited Group Class Passes
- Ultimate Pass (Up)**
Monthly: \$120
Drop-in: \$19
- Light Ultimate Pass (Lup)**
Monthly: \$80
Drop-in: \$19
- Student Ultimate Pass (Sup)**
Monthly: \$80
Drop-in: \$19

Light Classes

We offer a variety of classes that are 'Light' classes. These are designed for anyone, including our seniors, looking for a lighter workout. In the Fitness Center, these classes are listed on the Class schedules in blue and on the Mindbody scheduler labelled (Light).

Personal Training At HCC

Personal Training is available to members by emailing Oscar Obst at OObst@hollyburn.org or contacting the Fitness Centre at 604-913-4563. Private, semi-private and small group sessions can maximize your individual training needs.

Personal Training Rates:

One on One	\$90/hour
Training in Partners	\$57.50pp/hour
Small Group 3-5ppl	\$40.00pp/hour

If you are interested in learning more about our Personal Training please contact Shelley at SGrisbrook@hollyburn.org or Oscar at OObst@hollyburn.org.

Pilates At HCC

Pilates Private Training

We have a team of Pilates teachers with various backgrounds in both Pilates group classes and private Pilates training. They train a range of Members from active rehabilitation (pre and post-op) to elite athletic conditioning. We use a variety of Pilates equipment in our beautiful Pacific Pilates studio located on the lower level of the Fitness Centre. Some specializations the instructors have include:

- Active rehab/sports injury/enhancement
- Intensive back care
- Neurological active rehab (Parkinson's, concussions, MS, etc.)
- Joint replacement
- Pre and postnatal
- Low pressure fitness (abdominal hernia, pelvic floor health, urinary incontinence)
- Stretch therapy
- Yoga
- Postural assessment & breath
- Mobility

How can I book Private Pilates?

Pilates is a progressive system of body alignment and performance. Private classes are an excellent way to get started or meet and train weekly with an instructor in a one-on-one environment. Private, semi-private and small group sessions can maximize your individual training needs.

For more information and connect with a Personal Pilates instructor, please email Shelley Grisbrook at SGrisbrook@hollyburn.org or contact the Fitness Centre at 604-913-4563.

Group Pilates Classes

We strongly recommend you have at least one private lesson, or previous equipment experience before you sign up for a group class. All of our Group Pilates Classes can be found on the Mindbody site. As our reformer and chair classes are kept at small numbers, there is a strict 24hr cancellation policy. Please contact Shelley directly if you are interested in doing a drop-in or if you would just like to test out a class.

Pilates Group Class Descriptions

Pilates Level 1: A beginner to Intermediate level class. It is recommended that students have taken at least 1-5 private lessons prior to enrolling in this class. This class incorporates moderate challenge and choreography. This is the class to start with.

Pilates Level 2: An intermediate to advanced level class. This class appeals to students looking for more of a physically demanding practice. Great for when the basics are mastered and need more of a challenge.

Pilates Level 3: An advanced level class. This class is for students looking for a more physically demanding practice with more advanced choreography.

Pilates Restore & Pilates Active Rehab: Designed for students that require more alignment-based teaching that caters to back and joint care. This is a perfect class for those that require individual modifications and slow controlled movement. As this is a very specialized class, we do not offer them on the Mindbody schedule but are happy to coordinate an appropriate instructor for you.

Men's Golf

The season runs from May until September, playing every Thursday morning. The draw for each Thursday's round is a 'blind draw' to enable you to meet other members of the club. We use a software program for registering to play any Thursday you are available and a full schedule for this season will be available online.

Men's Golf Group registration fee: \$125.00.

Men's Golf Registration is now open!

New Players:

New members are welcome! You can register by contacting Jessica at JKatzin@hollyburn.org.

Returning Players:

Registrations roll over each year, unless you opt out of the upcoming season. Members who played in 2022 and would not like to participate in the 2023 season must email Craig at golf@hollyburn.org.

Season Kick Off:

The season kicks off with our season opening mingler in April!

When: Wed, Apr 26 at 5pm

Where: Dining Room Mezzanine

RSVP not required.



Hockey



Adam Hayduk
Hockey Director
AHayduk@hollyburn.org



Andrea Benac
Hockey Coordinator
ABenac@hollyburn.org

Summer Hockey

Aug 14–Aug 18

Aug 21–Aug 25

Aug 28–Sept 1

The Hollyburn Hockey School will be offering two weeks of camps leading up to the 2023/2024 Minor Hockey season. The Hockey School has always been a great way for players to get back into shape, while instructing students on the correct fundamental skills required to play hockey. These two weeks of programs will be specific groups designed to give increased attention on some of the game's most important individual skills. Rep Prep Bootcamps will be Aug 28–Sept 1, for those players preparing for 2023/2024 rep tryouts. All dates, and times are subject to change based on given ice availability - Please check GameTime for current camp options. Any questions/inquires please contact the Hockey Hollyburn Office at 604.913.4523 or email us at Hockey@hollyburn.org.

U7/U8/U9 Development Camp

This camp is for our U7-U9 players that can't wait to shake the rust off before heading into hockey season! This program was created in response to feedback from Mulgrave students who might not be able to attend camps the last two weeks in August, because of Mulgrave's early start to the school year.

Basic concepts and fundamentals including skating, puck handling, passing, and shooting will be practiced through fun drills and small area games. Key focus on skating to help develop players' hockey skills. A 60-minute dryland activity will follow the 75-minute on-ice session.

Aug 14–Aug 18

Mon–Fri

U7/U8/U9 | 1:45–4:30pm

Large Ice

\$250

U11/U13 Development Camp

This camp is for our U11-U13 players that can't wait to shake the rust off before heading into hockey season! This program was created in response to feedback from Mulgrave students who might not be able to attend camps the last two weeks in August, because of Mulgrave's early start to the school year.

Basic concepts and fundamentals including skating, puck handling, passing, and shooting will be practiced through fun drills and small area games. Key focus on skating to help develop players' hockey skills. The day will begin with a 60-minute dryland activity followed by a 75-minute on-ice session.

Aug 14–Aug 18

Mon–Fri

U11/U13 | 1:30–4:30pm

Large Ice

\$250

Power Skating

To become a powerful athlete, specifically a powerful hockey player, there are several prerequisites needed to achieve high-performance. The goal of this program is to create off-ice training habits that effectively translate into on-ice power and high-performance. This program will challenge athletes to create more functional range (Mobility) to maximize stride length and protect against overuse injuries. Balance (Stability) and Core Strength (Tensegrity) will be a primary focus to ensure there are no energy leaks within the movements being taught, and athletes will learn to create the right tension in the right places. Finally, explosiveness through the use of plyometrics (rapid lengthening and shortening of the muscles) will be safely trained to increase power, speed and agility.

Aug 21–Aug 25

Mon–Fri

U8/U9 | 3:30pm–4:30pm

U11 | 4:45pm–5:45pm

U13 | 6:00pm–7:00pm

U15/U18 | 7:15pm–8:15pm

Small Ice

\$225

Cookie Monsters

4-5 yrs

A fun program that introduces the new players to the skills involved with playing hockey. Fundamentals of skating and stick control are developed and reinforced through fun movements and small area games.

Aug 21-Aug 25

Mon-Fri

10:00am-11:00am

Small Ice

\$140

Goalie Development

This program is offered to the goalies born 2010-2014. Goalies will be grouped by age and skill level. There will be a maximum of 6 spots. The instructor to student ratio will be 1:3.

Aug 21-Aug 25

Mon-Fri

2014-2010 | 2:15pm-3:15pm

Small Ice

\$200

Defense Skills

These skills sessions will focus on skating for defensemen, individual tactics and team defensive tactics. The focus is to teach young players backwards skating and transitional skills, gap control, pressure and containment, offensive and defensive support.

Aug 21-Aug 25

Mon-Fri

2005-2008 | 6:15pm-7:15pm

2009-2012 | 5:00pm-6:00pm

Large Ice

\$200

U6/U7 Skills

A fun program indented for Hollyburn Minor Hockey players who will be playing at the U6 and U7 levels in 2023/24 season. Basic concepts and fundamentals including skating, puck handling, passing, and shooting will be practices through fun drills and small area games. Key focus on skating to help develop players' hockey skills.

Aug 21-Aug 25

Mon-Fri

2016-2017 | 11:00am-12:00pm

Small Ice

\$140

U8/U9 Camp

Aug 21-Aug 25

Mon-Fri

2015-2016 | 11:15am-3:30pm

Large Ice

\$460

U11 Camp

Aug 21-Aug 25

Mon-Fri

2013-2014 | 9:00am-2:30pm

Large Ice

\$460

U13 Camp

Aug 21-Aug 25

Mon-Fri

2011-2012 | 2:15pm-7:00pm

Large Ice

\$460

Rep Prep Boot Camp Description

All Boot Camps for U11, U13, U15, and U18 divisions will run from August 28 - September 1 in preparation for the 2023/2024 Hollyburn Minor Hockey rep hockey tryouts. Each day, this camp will include over 2 hours of on-ice instruction with Hollyburn's coaching staff (skill development, drills, small area compete drills, and scrimmage time) and a dryland session run by Hollyburn's High Performance training staff.

U11 Boot Camp

Aug 28-Sept 1

Mon-Fri

2013-2014 | 9:00am-12:45pm

Large Ice

\$499

U13 Boot Camp

Aug 28-Sept 1

Mon-Fri

2011-2012 | 11:45am-3:30pm

Large Ice

\$499

U15 Boot Camp

Aug 28-Sept 1

Mon-Fri

2009-2010 | 1:00pm-5:00pm

Large Ice

\$499

U18 Boot Camp

Aug 28-Sept 1

Mon-Fri

2006-2008 | 3:30pm-7:45pm

Large Ice

\$499

Karate



Peter Stoddart
Karate Professional
Karate@hollyburn.org

Sensei Peter is a Karate Canada 6th Degree Black Belt, International Competitor, BC Winter Games Head Coach and a Karate BC Provincial Coach. He won Double Gold Medalist at Wado Kai World Championships and the North American Masters. He has competed and trained in Asia, Europe and North America over a 40-year career studying and teaching Martial Arts.

Mission Statement

To build on the success of the Hollyburn Black Belt Karate Program through communication, Member engagement, and the promotion of fun, fitness, and good sportsmanship.

Karate Program Registration:

Wednesday, April 26 at 6:40am (Online Only)

Cancellation Policy:

Programs and classes with multiple sessions require seven (7) days cancellation notice prior to the scheduled start of the individual program to avoid a cancellation fee. Cancellations with less than seven (7) days notice will result in 100% of the fee for the program being charged. Program and class fees will not be pro-rated.

Little Ninjas Karate

4-6 yrs

Our Summer Little Ninjas program focuses on improving preschool age children's basic motor and listening skills. Creative, fun team and individual games that develop eye hand coordination, reaction and timing are important elements in the program and it's a great way to get them ready for the real thing.

Jul 4-6

Jul 10-13

Jul 17-20

Jul 24-27

July 31-Aug 3

Mon-Thu

9:30am-10:15am (45min)

Dojo

\$84 (*3 day session \$63)

Colour, Brown & Black Belt Karate

7+ yrs

Summer classes for Karate will focus on discipline, self-control, confidence and physical fitness. Perfect for active youngsters who need an energetic outlet! Advanced moves and counters are commonly practiced in this class. Skills testing on the last day of program to achieve Certification of Achievement!

Jul 4-6

Jul 10-13

Jul 17-20

Jul 24-27

July 31-Aug 3

Mon-Thu

10:30am-11:30am (1 hr)

Dojo

\$86 (*3 day session \$64.50)

SUMMER 2023			
Mon	Tue	Wed	Thu
Little Ninjas 9:15am-10:15am			
Colour, Brown & Black Belts 10:30am-11:30am			

Music



Vlada Mars
Fine Arts Coordinator
Music@hollyburn.org

Summer is the great time to have private music lesson based on 'pay-as-you-go'. 48hr notice is required for private lesson cancellations.

Piano Lessons

6+ yrs

Enjoy the convenience of private piano lessons at the Club!

Vlada Mars will guide students in a course of study suited individually to the needs of your child. Traditional and contemporary repertoires will be used to develop the skills of sight-reading, ear training, theory and duet work. Adult students are most welcome as well.

Jul-Aug 2023

Tue, Wed, Thu

2:00pm-8:00pm

Studio 2

Length of Lesson:

30 minutes	\$50.00
45 minutes	\$75.00
60 minutes	\$100.00

Guitar, Bass and Ukulele Lessons

8+ yrs

Beginners and advanced students as well as adults or children are welcome. We offer a range of styles including classical, jazz, blues and rock guitar, bass guitar, ukulele, incorporating duet work and a performance at the two recitals. Lessons are offered for adults as well.

Jul-Aug 2023

Mon-Fri

Studio 3

Length of Lesson:

30 minutes	\$46.50
45 minutes	\$69.75
60 minutes	\$93.00

Drums Lessons

6+ yrs

Increase your drumming technique skills from beginner to advanced. You will learn through lessons that suites your pace, experience and goals. Our instructor is actively playing in two bands (rock and jazz) and will bring his expertise and style to the lessons.

Jul-Aug 2023

Tue, Wed, Thu

Studio 1

Length of Lesson:

30 minutes	\$46.50
45 minutes	\$69.75
60 minutes	\$ 93.00

Please check our website for the private lesson policy. To register or to obtain more information please contact Vlada Mars, Music Professional at 604 913 4526 or or email Music@hollyburn.org



Pickleball



Cheryl Young
Pickleball Professional
Pickleball@hollyburn.org

Join us for pickleball this summer! We are offering Learn to Play and Intermediate Skills, Drills and Games. Register on gametime under "CLASSES". We hope to see you on the court!

Cancellation Policy:

Programs and classes with multiple sessions require seven (7) days cancellation notice prior to the scheduled start of the individual program to avoid a cancellation fee. Cancellations with less than seven (7) days notice will result in 100% of the fee for the program being charged. Program and class fees will not be pro-rated.

Learn to Play

16+ yrs

Prepare to walk on to any pickleball court playing games with confidence. This program is designed for beginner players or intermediate-beginners who have never played or have played only a few times. You will learn the basic rules, scoring, court positioning, grip, serve, and return of serve through fun drills and clear demonstrations. Paddles and balls provided.

Thu
Jul 6, 13 | Jul 27, Aug 3

3:30pm–5:30pm

Badminton Gym

\$100

Instructor: Cheryl

Sun
Aug 13, 20

11:00am–1:00pm

Badminton Gym

\$100

Instructor: Cheryl

Intermediate Skills, Drills, and Games

16+ yrs

These two-part series will have you playing fun and focused training games after learning a skill. You will take away useful drills you can work on with your friends.

Skill level requirement: Intermediate

Thu

July, 6, 13 | Jul 27, Aug 3

5:30pm–7:30pm

Badminton Gym

\$100

Instructor: Cheryl

Sun

Jul 23, 30 | Aug 13, 20

1:00pm–3:00pm

Badminton Gym

\$100

Instructor: Cheryl

Pickleball Outdoor Season

With summer fast approaching we will be starting to transition play from indoors to the outdoor courts. On the outdoor court's Members will be able to enjoy Social Play, Competitive League, Mixed Leagues, Ladies League and Adult Mixed Doubles. Courts will also be available indoors on a modified summer schedule.

Outdoor Social Play

Social Play sessions are open to all players looking for game play. They are Member organized with the goal to provide an opportunity for active, social play with a variety of partners and opponents.

**Social Play must be booked in advance through the Hollyburn Website. Registration opens up one week in advance. Limited spots available.*

Mixed League 3.0-3.5 Mixed Competitive League

The purpose of Mixed league is to encourage fair, competitive play amongst members. This league is Member run and is for Members who meet the required level of play (3.5+). Players can register as an individual player; no partner is required.

Mon

**5:00pm–7:00pm
(Outdoor-Courts 1-4)**

**Mixed League registration opens one week in advance. Limited spots available.*

Ladies Round Robin

This afternoon Ladies league is for intermediate players and higher who are looking for opportunities to play a variety of players. Members can register as an individual, no partners are required. This is a member run program.

Tue

**12:30pm–2:30pm
Outdoor Pickleball Courts**

**Ladies League registration opens one week in advance. Limited spots available.*

Adult Mixed Doubles

Our Saturday Adults Mixed League is open to all adult pickleball players. Register as a doubles pair or individually, but be prepared to play with a variety of partners and levels as players are encouraged to “mix it up” – this is part of the fun. This is a Member run program meant to be recreation play and very “social”. Registration opens one week in advance.

Sat

**3:00pm–5:00pm
Outdoor Pickleball Courts**

**Adult Mixed League registration opens one week in advance. Limited spots available.*

Drop-In

Drop-in times are ideal for Members who want to play a game with a pre-arranged group of 2-4 players. During the summer season our outdoor courts are available for drop-in play, in addition to the indoor schedule. View both the outdoor (PICKLEBALL) and indoor (GYM) schedules in gametime.

**Court bookings open at 8am daily. Bookings can be made up to 7 days in advance through the Hollyburn Website.*

Outdoor Summer Pickleball Schedule

March 1-October 31

**Schedule is subject to change.*

**Indoor courts will also be available. View the GYM tab on GameTime for scheduled indoor times.*

Mon	Tue	Wed	Fri	Sun
		Social Play 9:00am–10:30am (Outdoor-Courts 1-4)		
Social Play 10:00am–11:30am (Outdoor-Courts 1-4)			Social Play 10:00am–11:30am (Outdoor-Courts 1-4)	
	Ladies League 12:30pm–2:30pm (Outdoor-Courts 1-2)			
				Adult Mixed Doubles 3:00pm–5:00pm (Outdoor-Courts 1-4)
Mixed League 3.5+ 5:00pm–7:00pm (Outdoor-Courts 1-4)		Social Play 5:00pm–7:00pm (Outdoor-Courts 1-4)		

Skating



Lorenza Sammarelli Kletas
Skating Professional
Figureskate@hollyburn.org

Summer Skating

Come cool off this summer and join us on the ice for one of our Skate Canada Programs! All programs are taught by trained and Certified Skate Canada Coaches.

- **CanSkater's:** will have fun working on their Stage 1-3 A,B,C skills (Agility, Balance & Control) while music is playing, and ending with skillful game.
- **The Junior Academy Team:** will work on their FUNdamentals at the CanSkate Badge 3-6 Levels. Working in small groups focusing on balance, control and agility, as well as the basics of jumping, spinning preparing them for the Junior Team.
- **Jr. / Int. / Sr. Team:** Sessions will consist of group classes focusing on: edges/turns, stroking, spins, jumps and interpretive. As well as lesson time and free skating time including Theme Days and FUN Fridays. Skaters are encouraged to help out on CanSkate sessions as Program Assistants when available.

What to Expect during Jr. / Int. / Sr. Team Off Ice :

- Specialized programming by our Skate Canada Certified Coaches and/or certified trainer.
- Strength and Core Conditioning appropriate for the age/ability
- Flexibility
- Rotational Jump Class
- Goal setting
- FUN!

Canskate

Registration opens Wednesday, April 26

6:50am Canskating

Please go to GameTime to Register for ALL programs. Space is limited! Feel free to contact the Figure Skating Office at 604-913-4524 or e-mail: Figureskate@hollyburn.org if you have any questions.

Program Requirements

Proper fitting skates (no velcro type skates), CSA approved helmet (no bike helmets), skate guards and gloves are required. Snow/waterproof pants are recommended for Level 1.

Adult supervision for all children under the age of 8 is mandatory.

Canskate, Learn To Skate Stage 1-3

3+ yrs

Summer CanSkate sessions require participants to be current Skate Canada members (Members who have enrolled in a CanSkate class from September 2022– June 2023). This is a multi-level class that covers components of agility, balance and control. Must be able to skate without assistance from coaches (bars available).

Week 1: Jul 17–21

Week 2: Jul 24–28

Week 3: Jul 31–Aug 4

Week 4: Aug 8–11 (4 days \$84)

Week 5: Aug 14–18

Mon–Fri

10:45am–11:30am

\$105/week

Minimum 7 participants for class to run

No Class: Mon, Aug 7 (BC Day)

Jr Academy, Advanced Canskate Stage 3+

5+ yrs

This class is for Figure Skates Only, covering jumps, spins, and preparation for the Junior Figure Skating team.

Week 1: Jul 17–21

Week 2: Jul 24–28

Week 3: Jul 31–Aug 4

Week 4: Aug 8–11 (4 days \$100)

Week 5: Aug 14–18

Mon–Fri

9:30am–10:15am

\$125/week

Minimum 5 participants for class to run

No Class: Mon, Aug 7 (BC Day)

Cancellation Policy

Programs and classes with multiple sessions require seven (7) days cancellation notice prior to the scheduled start of the individual program to avoid a cancellation fee. Cancellations with less than seven (7) days notice will result in 100% of the fee for the program being charged. Program and class fees will not be pro-rated.

Figure Skating

Junior / Intermediate / Senior Team

Registration opens Wednesday, April 26

6:50am Figure Skating

Please go to Gametime to Register for ALL programs. Freeskate Lessons will be billed monthly, Group and Off Ice will be billed per season. Feel free to contact the Figure Skating Office at 604-913-4524 or e-mail: figureskate@hollyburn.org if you have any questions.

Junior/Intermediate/Senior Team

*See schedule below for session times

Week 1: Jul 17-21

Week 2: Jul 24-28

Week 3: Jul 31-Aug 4

Week 4: Aug 8-11

Week 5: Aug 14-18

Mon-Fri

Junior Team: Full package, Star 2

\$357.50/week (Tue-Fri, week 4 \$286)

Junior Team: Partial Package, New to Jr. Team

\$245.00/week (Tue-Fri, week 4 \$196)

Does not include **Freeskate #2

Intermediate/ Senior Team Star 3+

\$357.50/week (Tue-Fri, week 4 \$286)

Cancellation Policy: Group & Off Ice

Programs and classes with multiple sessions require seven (7) days cancellation notice prior to the scheduled start of the individual program to avoid a cancellation fee. Cancellations with less than seven (7) days notice will result in 100% of the fee for the program being charged. Program and class fees will not be pro-rated.

Cancellation Policy: Freeskate

Members will be charged full freeskate fees unless 48 hours' notice is received. Contact figureskate@hollyburn.org with cancellations.



SUMMER ICE SCHEDULE Jul 17-Aug 18, 2023

Junior Schedule		
Mon, Wed, Fri	9:30am - 10:45am	Group & Freeskate
	11:00am - 11:30am	Off Ice
	11:45am - 12:45pm	**Freeskate #2
Tue, Thu	9:30am - 10:45am	Group & Freeskate
	11:00am - 11:30am	Off Ice
	12:15pm - 1:15pm	**Freeskate #2
Intermediate / Senior Schedule		
Mon, Wed, Fri	10:00am - 10:45am	Freeskate
	11:00am - 11:30am	Off Ice
	11:45am - 1:15pm	Group & Freeskate
Tue, Thu	10:00am - 10:45am	Freeskate
	11:45am - 1:15pm	Group & Freeskate
	1:30pm - 2:00pm	Off Ice

Squash



Jeff Boag
Squash Professional
Squash@hollyburn.org

Squash Centre Youth Camps

8-14 yrs

These camps are open to youth 8-14 years old and to Members and Member-guests.

Each camp will include a variety of activities including daily squash components; plus golf sim, pool, turf and outdoor activities. Each camp will conclude with a mini squash tourney.

No experience necessary. Equipment provided upon request.

What to bring:

Plenty of energy, a water-bottle, snacks, swim-suit, sunscreen and a hat. Bring or purchase lunch.

Drop Off and Pick Up: Hollyburn Squash Centre

Full Day

Week 1-Jul 10-14

Week 2-Jul 17-21

Week 3-Aug 14-17

Week 4-Aug 21-24

9:30am-3:30pm

\$350/player

(Friday at all camps is a half day-9:30am-12:30pm)

Bring-a-Guest and both Member and guest receive a 25% discount-\$262.50 (save \$87.50 ea)

Discount applies for up to 3 guests per Member. Only applicable on full day registration.

1/2 Day

9:30am-12:00pm: Squash or

1:00pm-3:30pm: Squash + alternate activity

\$200

Registration Deadlines

Jul Camp Registration Deadline: Jul 3

Aug Camp Registration Deadline: Aug 7

Refund Policy

(7) days cancellation notice prior to the scheduled start of the camp to avoid a cancellation fee. Cancellations with less than seven (7) days notice Will result in 100% of the fee being charged for the program.

Cancellations must be made by email to Squash@hollyburn.org

Challenge Ladder

Stay active on the courts and test your skills against others by joining the Challenge Ladder. Players are listed according to skill and can challenge as many as 5 positions up at a time. Each week an updated list will be posted and new challenges can be made. Beat a player and move ahead of them, lose and stay where you are.

No fee to join. Email your results to Squash@hollyburn.org

Box League

Register online for the Monthly Box League and be placed with like skilled players. Each month you will self-schedule your matches (approx. one per week) and don't forget to record them. New boxes will be created each month based on results. New players can join in any month and will be placed based on skill.

All skill levels are welcome.

\$10/month

Register online with GameTime.

Drop In

The Tuesday Member Drop-In runs 52 weeks of the year!

Each week from 5:00pm-6:30pm come out for a few games and keep those squash muscles in shape. Participants will self organize in a fun, social round robin of games.

No cost to attend.

Lessons

Get a jump on you competition with a summer training program.

Private and group sessions are available.

Contact Coach Jeff to set up your summer training program, Squash@hollyburn.org

Skill Clinic + Games

Improve your skills with a weekly drill session designed to highlight your strengths and reduce your weakness on court. Use the clinic as a warm up for the drop in and immediately test out your new skills.

All levels are welcome to attend.

Jul 4-25, Aug 8-29

(no session on Aug 1)

Tue

4:30pm-5:15pm

\$25/player

Register, Squash@hollyburn.org

Tennis



Oly O'Shea
Head of Tennis
OOshea@hollyburn.org

Junior Tennis

Registration opens Friday April 28

6:30am Playball

6:40am Red Ball

6:50am Orange Ball

7:00am Green Ball

7:10am Regular Ball & HP Camps

7:30am In-Person & By Phone

Session Dates

Jul 4–Sep 1 (9 Weeks)

Holidays (No Classes)

Canada Day Jul 3

British Columbia Day Aug 7

Registration Notice

Please be aware that all players registering for HP Camps will be automatically waitlisted and accepted by the Head of High Performance, Gerard, based on their invitation. Players that have not been invited to these classes will be removed, without notice, and should sign up for the age group or level they are recommended to.

Note that Junior recreation camps are a 6:1 ratio per coach and per court.

Program Cancellation Policy

Members will be charged the full fee for all programs they register for unless seven (7) day cancellation notice is received prior to the scheduled start of the program.

Private Lesson Cancellation Policy

48 hours' notice is required for private lesson cancellations.

Policy subject to change.

Protect your kids from the sun in the best possible way. Mark personal items, ensure your kids have been handed over to their respective pros. Acknowledge with the pro that you have picked up your kids. Provide snacks for your kids and bring a water bottle.

Junior Tennis

Please register your child in the appropriate age group. See guide below:

Playball: (Born 2018–2019) [Can join Playball camps if child has turned 3yrs by June 26]

Red ball: (Born 2015–2017) [Can join Red Ball camps if child has turned 5yrs by June 26]

Orange ball: (Born 2013–2014)

Green ball: (Born 2011–2012)

Regular Ball: (Born 2009–2010)

Playball Camp

(Born 2018–2019)

Start off right! In our caring environment, we promote the love of physical activity while laying the foundation for the future enjoyment of sport. This class emphasizes agility, balance and coordination in a fun and safe setting. Kids must be 3yrs old on start date of term to be eligible for this class.

Please drop off your little ones at the indoor courts and ensure that they have been handed over to our Playball staff. Parents are asked to pick up their kids from the coaches at 9:45am sharp

Mon–Fri

9:00am–9:45am

\$93.75 (5-day week)

\$75 (4-day week)

"For Tennis & Swim, please register for the swim program of your choice via the aquatics page. Players will be transferred from one department to the other with a supervisor. Participants will receive a Red Cross or HCC Advanced Preschool Lesson."

Red Ball Camp

(Born 2015–2017)

Learn to move, throw and catch like an athlete. This program takes place on a Mini Tennis Court with Sponge & Red Balls. Basic technical and tactical concepts are incorporated in each class. Athletes will be introduced to the importance of listening skills and respect for the sport and others. Agility, balance and coordination are consistently integrated. Anticipation and swinging rhythm are part of daily training. Kids must be 5yrs old on start date of term to be eligible for this class.

Parents, please drop off your children at indoor courts 5 & 6 where they will be given 1.5 hours of tennis instruction.

Mon–Fri

9:00am–10:30am

\$187.50 (5-day week)

\$150 (4-day week)

"For Tennis & Swim, please register for the swim program of your choice via the aquatics page. Players will be transferred from one department to the other with a supervisor. Participants will receive a 60min session of HCC Stroke Improvement. Pick up is on the pool deck at 11:30am or noon, depending on swim level."

Orange Ball Camp

(Born 2013/2014)

Learn to move, throw and catch like an athlete. This program takes place on a ¾ Court with Orange balls. Basic technical and tactical concepts are incorporated in each class. Athletes will begin to develop focus and effort through a variety of game like situations. Agility, balance and coordination are consistently integrated. Anticipation and swinging rhythm are part of daily training.

Drop off and pick up will be at the upper courts or indoor courts in the event of rain.

Mon-Fri

10:30am-12:00pm

\$187.50 (5-day week)

\$150 (4-day week)

"For Tennis & Swim, please register for the swim program of your choice via the aquatics page. Players swim first at 9:30am and will be transferred from one department to the other with a supervisor. Participants will receive a 60min session of HCC Stroke Improvement. Pick up is on the pool deck at 11:30am or noon, depending on swim level."

Green Ball Camp

(Born 2011/2012)

Players will learn foundational technical and tactical principals that will enable them to enjoy singles and doubles tennis for life. This program takes place on a Full Court with Green Dot and/or Regular Tennis Balls and focuses on training beginner and intermediate pre-teens to play singles and doubles. Participants will learn foundational principals of swing and associated movements, combined with basic tactical application for singles and doubles.

Drop off and pick up will be at the upper courts or indoor courts in the event of rain.

Mon-Fri

12:00pm-1:30pm

\$187.50 (5-day week)

\$150 (4-day week)

Regular Ball Camp

(Born 2009/2010)

Becoming a well-rounded athlete while building the full court tennis skills required to be a competitive player. This development stage uses Regular Tennis Balls and strongly emphasizes the integration of advanced technical and tactical elements within match play. A key goal of this program is to inspire and promote interest within a performance environment.

Drop off and pick up will be at the upper courts or indoor courts in the event of rain.

Mon-Thu

1:30pm-3:30pm

\$200 (4-day week)

\$150 (3-day week)

For additional information about our Junior Programs, please contact our Junior Tennis Manager, Jason Torpey, at JuniorTennismanager@hollyburn.org.

High Performance Camps

Summer is the best time to commit to development as an athlete and tennis player. With our world class facilities, and the best coaching staff, you are guaranteed a great workout and cutting-edge tennis lessons. Our in-house Red, Orange and Green Ball Competitive players are invited to join in these programs, where space allows.

Contact our Head of High-Performance, Gerard Siucho, at Performancetennis@hollyburn.org for more information.

Hotshots Tournament-Aug 27

Our Red, Orange & Green Ball in-house tournament is designed for juniors to play their first tennis tournament or gain some valuable match play experience in a safe and encouraging environment.

Red Ball 10:00am-11:30am

Orange/Green Ball 12:00pm-2:00pm

Entry Fee: \$35



Adult Tennis

Registration opens Friday Apr 28

7:20am Adult Tennis

7:30am In-Person & By Phone

Session Dates

Jul 4–Sep 1 (9 Weeks)

Holidays (No Classes)

Canada Day Jul 3

British Columbia Day Aug 7

Registration Notice

Changes have been made to eligibility requirements of some classes. Please take a look at our self-rating guide to help you find the program that's right for you. HCC reserves the right to remove participants from a program we believe they are not at the appropriate level for and request they sign up for a suitable program, should one be available.

Note that all adult classes are a 6:1 ratio per coach and per court.

Program Cancellation Policy

Members will be charged the full fee for all programs they register for unless seven (7) day cancellation notice is received prior to the scheduled start of the program.

Private Lesson Cancellation Policy

48 hours' notice is required for private lesson cancellations.

Policy subject to change.

LEVELS of Tennis Ability

Level 5.0+ = Open

Level 4.5–5.0 = Div 1

Level 4.0 = Div 2

Level 3.5 = Div 3

Level 3.0 = Div 4/5

Level 2.0–2.5 = Pre-League

Level 1.5 = Rally

Level 1.0 = Beginner

Game Set Match Camp

Variety of fun and energetic drills and game play covering various strokes and situations.

Mon–Thu 9:00am–10:30am

Mon–Thu 10:30am–12:00am

Levels:

1.5–2.0 | 9:00am & 10:30am alternating weeks

2.0–2.5 | 9:00am & 10:30am

3.0–3.5 | 9:00am & 10:30am alternating weeks

Check GameTime for weekly schedule.

\$150 (4-day week)

\$112.50 (3-day week)

Adult Drills

Designed to mimic the stroke sequences that players employ in a match. Drills allow players to hit the same stroke repeatedly and quickly to ingrain proper techniques. Drills are designed in doubles and singles formats where players will develop ball recognition, reaction, and repetition.

Friday 9:00am–10:00am (2.0–3.0)

Friday 10:00am–11:00am (3.0–4.0)

Drop in \$25 [needs minimum 3 players to run]

**This class has a weekly sign up on GameTime. Registration opens 8am one week prior.*

Learn To Play

This program is for new players and players with basic experience that want to build up their skills to progress on to the next level. Our goal is to help players gain confidence to play socially and will be taught all of the fundamental aspects of tennis that are integral in being able to enjoy playing this great game now, and for the rest of their lives!

Friday 11:00am–12:00pm

Drop in \$25 [needs minimum 3 players to run]

**This class has a weekly sign up on GameTime. Registration opens 8am one week prior.*

If you are interested in designing a camp for you and your friends, please contact our Adult Tennis Manager, Tony Macken, at Adulttennismanager@hollyburn.org.

Groups of four to sixteen can be accommodated at a time most convenient for you.

Children & Juniors



Marc Shimwell
Childcare & Youth Manager
MShimwell@hollyburn.org



Katie Jarvis
Junior Youth Supervisor
Youth@hollyburn.org



Brenna Coles
Childcare Supervisor
BColes@hollyburn.org

Children

HollyVille and Program Closures

Mon Jul 3: Canada Day

Mon Aug 7: BC Day

Mon Sep 4: Labour Day

HollyVille Registered Drop-in

4 mos–7 yrs

HollyVille Childminding is now registration-based for you to conveniently book your spot in GameTime. Bookings are a minimum of 15 minutes, and a maximum of 2 hours a day. A parent or guardian must be on-site for the duration of a child's booking.

Parent & Tot Turf Time

(Parent Participation)

Mon–Fri 3:00pm–3:45pm

Sat–Sun 3:00pm–4:00pm

Summer Camps

Mini Scholars Camp

2–5 yrs

Join us this summer for a jam-packed week of activities including arts and crafts, outside time, movement & athletics sessions, and games on the turf! Each week of camp, we will have a fun theme that ties together our activities, and this summer, we are collaborating with some of our many talented community partners such as arts, music, education, dance, and athletics instructors.

Cancellation Policy

*7 day cancellation notice prior to the scheduled start of the individual program to avoid a cancellation fee.

Cancellations with less than seven (7) days notice will result in 100% of the fee for the program being changed. Program and class fees will not be pro-rated.

Please Note

August camps will have an increased cost as Private Coaching Co will be offering sport-specific programming on a daily basis.

Week 4 Mini Zoologists will include 2 days of off-site visits to local animal & wildlife centres. Parent or guardian must be able drop off and pick up to/from the off-site location at normal camp times (9am–1pm) on these days. Camp will be fully staff supervised/lead at off-site locations. Tentative schedule listed below.

Single day camp option may be available. Inquiries to BColes@hollyburn.org.

**Registration minimums must be reached for this program to run.*

Summer Camp Themes

Week 1: Jul 4– 7, **Little Artists**

Week 2: Jul 10– 14, **Little Learners**

Week 3: Jul 17– 21, **Little Dancers**

Week 4: Jul 24– 28, **Little Zoologists***

Week 5: Aug 7–11, **Mini Athletes with Guests**

Private Coaching Co

Week 6: Aug 14–18, **Mini Athletes with Guests**

Private Coaching Co

Week 7: Aug 21–25, **Mini Athletes with Guests**

Private Coaching Co

Jul 31–Aug 4: **NO CAMPS OR PROGRAMS**

Aug 28–Sep 4: **NO CAMPS OR PROGRAMS**

Mon–Fri

9:00am–1:00pm

Studio

Cost-TBA

*Mini Zoologists Tentative Schedule

Monday: On-site with West Coast Exotics Reptile Exhibit

Tuesday: Off-site at Maplewood Farms & Maplewood Flats

Wednesday: On-site

Thursday: Off-site at Vancouver Aquarium

Friday: On site

More information will be made available to participants prior to start of camp

Little Lions MMA Mini Camp

4-7 yrs

Come join Coach Alex from Lions MMA Vancouver to learn the many skills of Mixed Martial Arts in a fun, safe, and inclusive environment. In this 1-hour daily session, our Little Lions will learn beginner level skills of Brazilian Jiu-Jitsu, Muay Thai, boxing, wrestling, self-defense, conditioning, and more!

Cost includes belt. This is an all-levels session. Those with or without previous experience welcome.

**Registration minimums must be reached for this program to run*

Aug 7-11 and Aug 21-25 | Mon-Fri

1:00pm-2:00pm

Dojo

Cost-TBA

Camps do not count towards HollyVille 2-hour max for daily childcare. When booked into HollyVille, a parent or guardian MUST be on-site and available.

Private Coaching Co.

3-5 yrs

If your goal is to keep your child moving, you're in luck because Private Coaching Co has you covered during the August Summer Camp Sessions. Our goal is to build your child's confidence, competence and physical literacy through Healthy Child Development systems and philosophies. Please see Mini Scholars Camps for details.

**Registration minimums must be reached for this program to run.*

Aug 7-11, Soccer and Basketball

Aug 14-18, Multi Sport and PE Games

Aug 21-25, Ball Hockey and Flag Football Multi-Sports

Mon-Fri

11:00am-11:45am

Turf

Cost-TBA

Juniors

Program Closures

Mon Jul 3: Canada Day

Mon Aug 7: BC Day

Youth Supervised Turf Time

1-12yrs yrs

Ready to burn off some energy after a long day of school? Join our youth leaders on the turf for sports and more! Children 8 years and under must be with a parent or guardian. *Dates and times subject to change. Check Hollyburn.org -> Facilities Schedules -> Kids Activity Schedules for the most up-to-date offerings.

Mon-Fri | 4:00pm-8:00pm

Sat | 12:00pm-8:00pm

Sun | 12:00pm-7:00pm

Turf

Free/Drop-in

Junior Summer Camps

Juniors Combo Camp

6-12 yrs

In this combo camp, participants will experience a wide variety of sports and activities with Hollyburn's youth leaders in an enthusiastic, high energy environment! We will use many of the Clubs facilities including the badminton gym, turf, pool, dojo and more. Other activities include crafts, collaborative games, athletics, team building activities, outside contractors, and scavenger hunts. We encourage cooperation and participation in all activities while building new friendships! Single day camp option may be available. Inquiries to Katie Jarvis Youth@hollyburn.org or Marc Shimwell MShimwellhollyburn.org.

Cancellation Policy

*7 day cancellation notice prior to the scheduled start of the individual program to avoid a cancellation fee.

Cancellations with less than seven (7) days notice will result in 100% of the fee for the program being changed. Program and class fees will not be pro-rated.

Please Note

August Camps will have an increased cost as Private Coaching Co will be offering sport-specific programming on a daily basis.

Week 4 Junior Explorers will include 3 days of off-site visits to local animal & wildlife centres. Parent or guardian must be able drop off and pick up to/from the off-site location at normal camp times (9am-3pm) on these days. Camp will be fully staff supervised/lead at off-site locations. Tentative schedule listed below.

Full Day Options

Jul 4-7, Junior Artists

Jul 10-14, Junior Learners

Jul 17-21, Junior Performers

Jul 24-28, Junior Zoologists

No Camps Jul 31-Aug 4

Mon-Fri

9:00am-3:00pm

Youth Lounge

\$TBD

New- Private Coaching Co Sports Camps

Please join our community partners private Coaching Co as they offer three weeks of sport specific programming focusing on Healthy Child Development through physical activity, physical literacy and pro-social development. Please see specific details below for each camp.

Soccer + Basketball Multi-Sport Camp

This excitement filled program focuses on fun, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports, with an emphasis on basketball and soccer. Paired with fun physical education style games and activities, participants will be fully submerged in the world of sport and are bound to leave the day with a smile on their face, eager for the next day.

Note: This camp is open to participants of any level or experience

August 8-11

Mon-Fri | 9:00am-3:00pm

Turf

\$TBA

Multi-Sport & PE Game Camp

This excitement filled program focuses on fun, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, and several PE style games such as dodgeball, kickball, tag and more. Athletes will be fully submerged in the world of sport and are bound to leave the day with a smile on their face, eager for the next day.

Note: This camp is open to participants of any level or experience

August 14-18

Mon-Fri | 9:00am-3:00pm

Turf

\$TBA

Ball Hockey + Flag Football Multi-Sport Camp

This excitement filled program focuses on fun, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports, with an emphasis on Ball Hockey and Flag Football. Paired with fun physical education style games and activities, participants will be fully submerged in the world of sport and are bound to leave the day with a smile on their face, eager for the next day.

Note: This camp is open to participants of any level or experience

August 21-25

Mon-Fri | 9:00am-3:00pm Turf

\$TBA

Get Groovin Hip Hop Dance Camp

6-8 yrs

Do you enjoy dancing and making up routines on your own? Do you want to learn more skills and techniques for dance? Then this program is for you! Throughout this week program, dancers will learn new moves and techniques for multiple styles of dance. Get the chance to learn routines and choreograph your own dance. This camp will be a great way to get some exercise and let your inner dancer shine! Single day camp option may be available. Inquiries to Katie Jarvis or Marc Shimwell Youth@hollyburn.org.

Jul 10-14 | Aug 7-11

Mon-Fri | 1:30pm-3:30pm

Youth Lounge

\$TBA

Culinary Cooking Camp with Amelia

9-12 yrs

Do you enjoy baking and cooking? Are you constantly catching yourself admiring food online and you just want to know how it's made? If so, this is the youth program for you. Let's spice up this summer by cooking with our friends. We will be learning the basics of cooking and baking, everything you need to know from safety to how you make those tasty treats seen online. Can't wait for you to join us this summer! Single day camp option may be available. Inquiries to Katie Jarvis or Marc Shimwell Youth@hollyburn.org.

Jul 24-28 | Aug 21-25

Mon-Fri | 1:45pm-3:45pm

Youth Lounge

\$TBA

Youth Turf Drop-in

13-18 yrs

The turf on bay 2 only will be available for teen junior members.

This will be a unsupervised drop-in spot for our teen Members. All associated turf rules will apply.

Jul 4 - Aug 31

Mon-Thr | 6:00pm - 7:30pm

Notepad



HOLLYBURN
COUNTRY CLUB

**20
23**

950 Cross Creek Road, West Vancouver