

HOLLYBURN COUNTRY CLUB'S DEC 2021 / JAN 2022 ISSUE

THE VIEW

NEW YEAR'S
EVE BASH

2022

ALL AGES WELCOME

FRIDAY, DECEMBER 31

6PM-9PM

RSVP: SPECIALEVENTS@HOLLYBURN.ORG

Deadline to Reserve is Friday, December 17. Members Only.



HOLLYBURN
COUNTRY CLUB

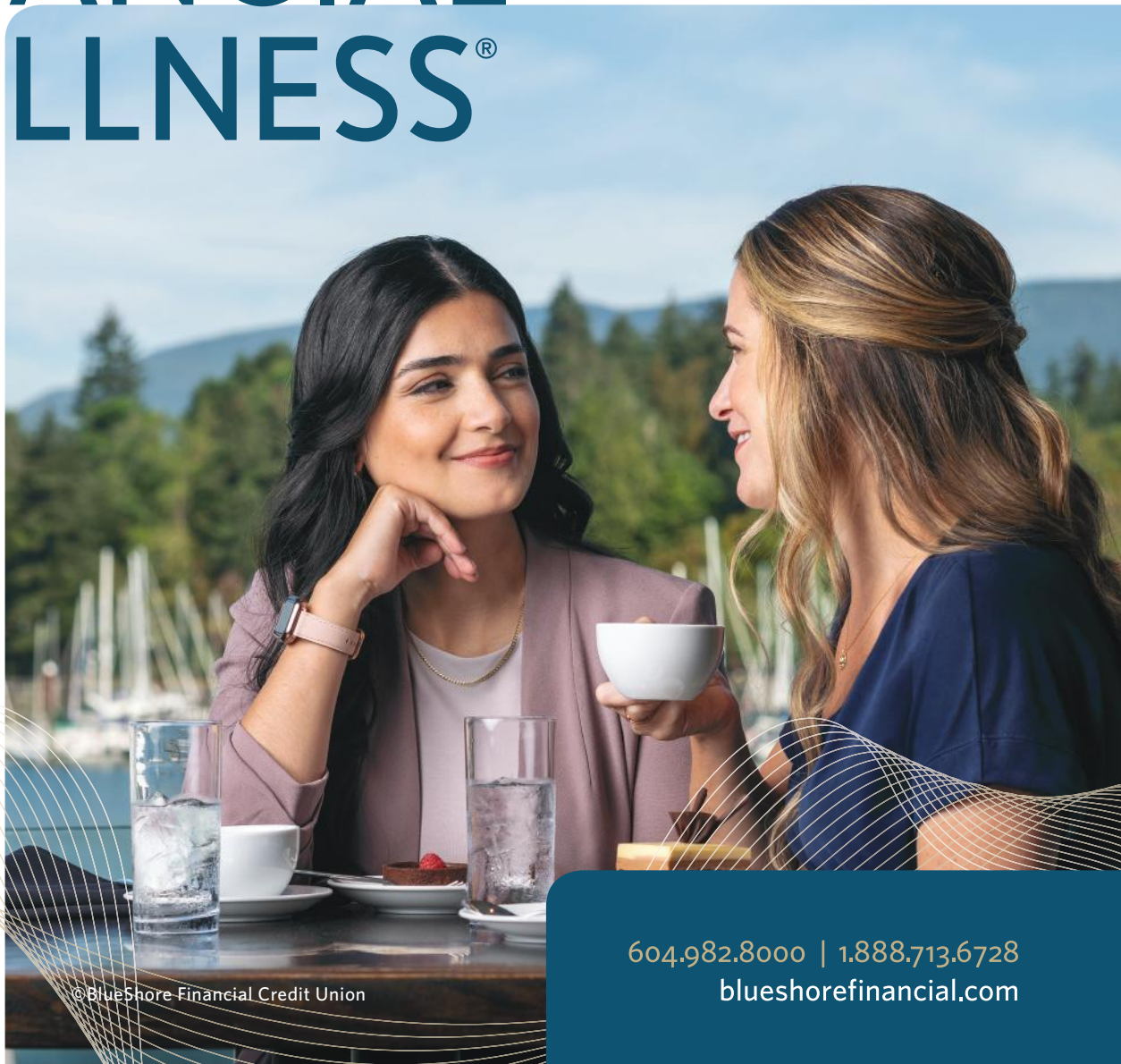
9^{PM}
BALL
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✨ *Merry Christmas and Happy New Year!* ✨



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CONTACT

T. 604.922.0161

F. 604.922.9811

W. HOLLYBURN.ORG

For all Membership inquiries contact Cait Lundy at 604.913.4508.

Design by Philip Aristou,
Creative Manager.

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MEMBERSHIP

Update Your Status

To update your status to Family, Couple, Single, Social or Non-Resident, please contact James Darling at JDarling@hollyburn.org. Friendly reminder, a status can be changed every 12 months or back dues will apply.



Members FAQ

In order for us to best respond to your inquiries, please direct your specific questions to the following:

My child who is between the age 26-39 would like to become a Member:
Lauren Batcho: 604.913.4517

I would like to refer a friend to the Club:
Cait Lundy: 604.913.4508

I have a new car; do I need to get a new decal?:
Member Services: 604.922.0161

How do I register for the website? I do not have a login:
Member Services: 604.922.0161

I need help registering myself/ child(ren) for programming:
Jessica Katzin: 604.913.4518

Reminders

CLUB ENTRY PROTOCOL

For entry into the Club, the BC Vaccine Card QR code and one piece of government issued photo ID are required. Please have them ready when you approach the checkpoint at the front gate. The Security Team would like to thank all Members for their patience and understanding during this process.

Helpful Hint

Consider using the Proof of Vaccination feature on the Hollyburn App!

[MORE INFO](#)



D E C E M B E R 2 0 2 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 BRIDGE SHEILA ROBERTSON TROPHY	3 FALL WINE DINNER SERIES: CABERNETS OF THE WORLD SpecialEvents@hollyburn.org	4 STEVE DEAKIN PICKLEBALL MINI CAMP
5 STEVE DEAKIN PICKLEBALL MINI CAMP HCC TENNIS JUNIOR HOTSHOTS TOURNAMENT	6 HANUKKAH ENDS	7	8	9 KIDS CHRISTMAS PARTY AND LADIES CHARITY ROUND ROBIN	10 FIGURE SKATING HOLIDAY CELEBRATION	11
12 SANTA BRUNCH EDickinson@hollyburn.org	13 KIDS CHRISTMAS DRESS UP WEEK	14 BADMINTON WINTER SMASH FUNDRAISER FOR ALS & LUNG CANCER	15 HOLIDAY LUNCH PLATTERS EDickinson@hollyburn.org	16 THURSTY LEAGUE WINTER BASH BRIDGE HOLIDAY PARTY HOLIDAY LUNCH PLATTERS EDickinson@hollyburn.org	17 HOLIDAY LUNCH PLATTERS EDickinson@hollyburn.org	18 HOLLYBURN TEAM MEET
19 SANTA BRUNCH EDickinson@hollyburn.org BRIDGE CLUB CHAMP	20	21 HOLIDAY LUNCH PLATTERS EDickinson@hollyburn.org	22 HOLIDAY LUNCH PLATTERS EDickinson@hollyburn.org	23 HOLIDAY LUNCH PLATTERS EDickinson@hollyburn.org	24	25 CHRISTMAS DAY CLUB CLOSED
26 BOXING DAY	27	28	29	30 BRIDGE CLUB CHAMP	<div style="background-color: #f0e68c; padding: 10px; border: 1px solid #f0e68c;"> <p>31 FRIDAY, DEC 31</p> <p>CLUB HOURS Facilities Close at 4:00pm Club Closes at 5:00pm</p> <p>NEW YEAR'S EVE BASH 6:00pm-9:00pm SpecialEvents@hollyburn.org</p> <p>NYE CURBSIDE DINNER Pick up: 11:00am-4:00pm EDickinson@hollyburn.org</p>  </div>	

J A N U A R Y 2 0 2 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10 MINI SQUASH Squash@hollyburn.org	11	12	13 BRIDGE CLUB CHAMP	14	15
16	17 MINI GOLF GolfPro@hollyburn.org	18	19	20	21	22
23	24	25	26	27 BRIDGE CLUB CHAMP	28	29 SWIM MEET 2pm-8pm
30 SWIM MEET 2pm-8pm	31 MINI KARATE Karate@hollyburn.org					

Holiday Operating Schedule

December 23, 2021 to January 2, 2022

DATE	FITNESS CENTRE	AQUATIC CENTRE	RACQUETS	TENNIS DESK	* YOUTH LOUNGE	*TURF	* HOLLYVILLE CHILDCARE	SPORTS BOUTIQUE	ADMIN OFFICE
THU, DEC 23	5:30AM-10PM	6AM-9PM	6AM-10PM	8AM-8PM	10AM-3PM	Youth Supervised 12:30PM-8PM	8:45AM-8PM	10AM-8PM	9AM-5PM
FRI, DEC 24	6:30AM-3PM	6AM-3PM	7AM-2PM	9AM-2PM	CLOSED	Youth Supervised 10AM-3PM	8:45AM-1PM	10AM-3PM	9AM-1PM
SAT, DEC 25	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
SUN, DEC 26	9AM-7PM	9AM-9PM	9AM-10PM	9AM-8PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
MON, DEC 27	6:30AM-9PM	6AM-9PM	6AM-10PM	9AM-8PM	CLOSED	Youth Supervised 10AM-3PM	8:45AM-1PM	CLOSED	CLOSED
TUE, DEC 28	5:30AM-10PM	6AM-9PM	6AM-10PM	9AM-8PM	10AM-3PM	Youth Supervised 12:30PM-8PM	8:45AM-1PM	11AM-4PM	CLOSED
WED, DEC 29	5:30AM-10PM	6AM-9PM	6AM-10PM	9AM-8PM	10AM-3PM	Youth Supervised 12:30PM-8PM	8:45AM-1PM	11AM-4PM	10AM-3PM
THU, DEC 30	5:30AM-10PM	6AM-9PM	6AM-10PM	9AM-8PM	10AM-3PM	Youth Supervised 12:30PM-8PM	8:45AM-1PM	11AM-4PM	10AM-3PM
FRI, DEC 31	5:30AM-3PM	6AM-4PM	6AM-3PM	9AM-3PM	CLOSED	Youth Supervised 10AM-3PM	8:45AM-1PM	11AM-4PM	9AM-1PM
SAT, JAN 1	9AM-7PM	9AM-9PM	9AM-10PM	9AM-8PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
SUN, JAN 2	6:30AM-9PM	6AM-9PM	6AM-10PM	8AM-8PM	CLOSED	CLOSED	8:45AM-6PM	11AM-4PM	CLOSED

*Subject to change. Please note that the Administration Office and Sports Boutique will also be closed on Monday January 3, 2022.

Facility Schedules - Available on the website and app

CLUB HOURS

DATE	REGULAR HOURS 5:30AM - 12:00AM	FRONT DESK
THU, DEC 23	5:30AM-12AM	8AM-9PM
FRI, DEC 24	7AM-4PM (Facilities close at 3pm)	8AM-3PM
SAT, DEC 25	CLOSED	CLOSED
SUN, DEC 26	9AM-12AM	9AM-9PM
MON, DEC 27	5:30AM-12AM	8AM-9PM
TUE, DEC 28	5:30AM-12AM	8AM-9PM
WED, DEC 29	5:30AM-12AM	8AM-9PM
THU, DEC 30	5:30AM-12AM	8AM-9PM
FRI, DEC 31	5:30AM-5PM (Facilities close at 4pm)	8AM-4PM
SAT, JAN 1	9AM-12AM	9AM-9PM
SUN, JAN 2	5:30AM-12AM	8AM-9PM

FOOD SERVICES HOURS

DATE	* BISTRO	BAR & GRILL
THU, DEC 23	11AM-7PM	10AM-11PM
FRI, DEC 24	CLOSED	8AM-3PM
SAT, DEC 25	CLOSED	CLOSED
SUN, DEC 26	CLOSED	10AM-11PM
MON, DEC 27	11AM-7PM	10AM-10PM
TUE, DEC 28	11AM-7PM	10AM-10PM
WED, DEC 29	11AM-7PM	10AM-10PM
THU, DEC 30	11AM-7PM	10AM-10PM
FRI, DEC 31	CLOSED	10AM-4PM
SAT, JAN 1	CLOSED	10AM-10PM
SUN, JAN 2	11AM-7PM	10AM-10PM

Note: *Breakfast will be available in the Bar & Grill Restaurant.



Interim CEO'S Message

Kathryn Cowden / *Interim CEO*

kcowden@hollyburn.org

Dear Members,

'Tis officially the season! The tree is up in the front lobby, the lights are shining and holiday music is playing the hallways. Our Hollyburn community is incredibly supportive of those in need, particularly at this time of year. This year many of Hollyburn's annual holiday charity initiatives are being focused on helping locals recover from the devastation from the recent weather events. In advance of everyone's generosity, thank you!

The end of every year brings reflection and forward thinking. This year challenged Hollyburn in many ways, but everyone's resilience persevered and we are ending 2021 in a much better position than when it started. Instead of dwelling on everything that we have overcome, this article is focused on the opportunities that exist for the Club in 2022 and beyond.

In the immediate New Year, Management will be analyzing feedback collected from the Member Satisfaction Survey and working towards improving the aspects of the Club that you indicated needed improvement. I really appreciate the time Members have taken to complete our survey. Hollyburn's culture is built around the experiences and expectation of our Membership and your feedback is essential. For those of you who haven't, there is still time; the survey will close on December 5 at 11:59pm. Members can anticipate reading a summary of the survey results in the February issue of the View.

In February, Members can anticipate a comprehensive Member engagement process commencing around Renew '22 - Hollyburn's potential capital improvement project featuring a food and beverage renovation. A Renew '22 Special Board Committee (SBC) has been formed to oversee the overall approval of the Renew '22 Plan, provide oversight of project progress and be accountable to Members for investment success.

Between now and February, Management and the Renew '22 SBC will be working hard behind the scenes to solidify the scope of the project, update cost estimates, develop a communications plan and get details organized for a Member vote. We know Members are anxious for details; please know that we are

just as anxious and excited to get the Renew '22 plan in front of you! To set ourselves up for success, we will be releasing all of the details to the Membership in one complete package – a proactive versus reactive communication strategy which was a key learning from the downfall of Plan 2020.

Management is aware that although our food and beverage facilities are the most dated facilities in the Club, other areas of the Club are also starting to show signs of wear and tear. In particular, our Club corridors, including the Viewing Lounge (formally known as the curling lounge), are in need of new carpets, improved lighting and an esthetic re-design. In the spring of 2022, Members can look forward to seeing improvements in these areas. It will take time to complete upgrades, but we are committed to what we call our "Corridor Visual Improvement Plan".

2022 is also an exciting year because of the time and energy that will be devoted to Hollyburn's 10-15 year Master Plan. Similar efforts were devoted in 2015 which planted the vision for capital plans, like Plan 2020. Part of the Master Plan planning will involve a Needs Assessment. A Needs Assessment takes internal and external factors into consideration to determine what facilities the Club will need in 10-15 years to service our current Membership and our future Members.

I am very optimistic about everything we can accomplish in 2022. My commitment to Hollyburn Members, throughout all of our initiatives and throughout the 2022 year, is providing you with open and thorough communication.

Before the year comes to a close, I would like to acknowledge our incredible Hollyburn staff. I am proud of all of our Hollyburn employees who continued to adapt to the ongoing demands of COVID life and I am personally thankful for their support as we made our way through recent operational changes.

Wishing you and your loved ones a wonderful holiday season and a Happy New Year. I look forward to a bright 2022!

HOLIDAY OPERATING SCHEDULE

The Holiday Operating Schedule will be in effect from Thursday December 23, 2021 to Sunday January 2, 2022.

December 24th

Facilities close at 3:00pm
Club closes at 4:00pm

December 25th

CLUB CLOSED

December 26th

Club Opens at 9:00am

December 31st

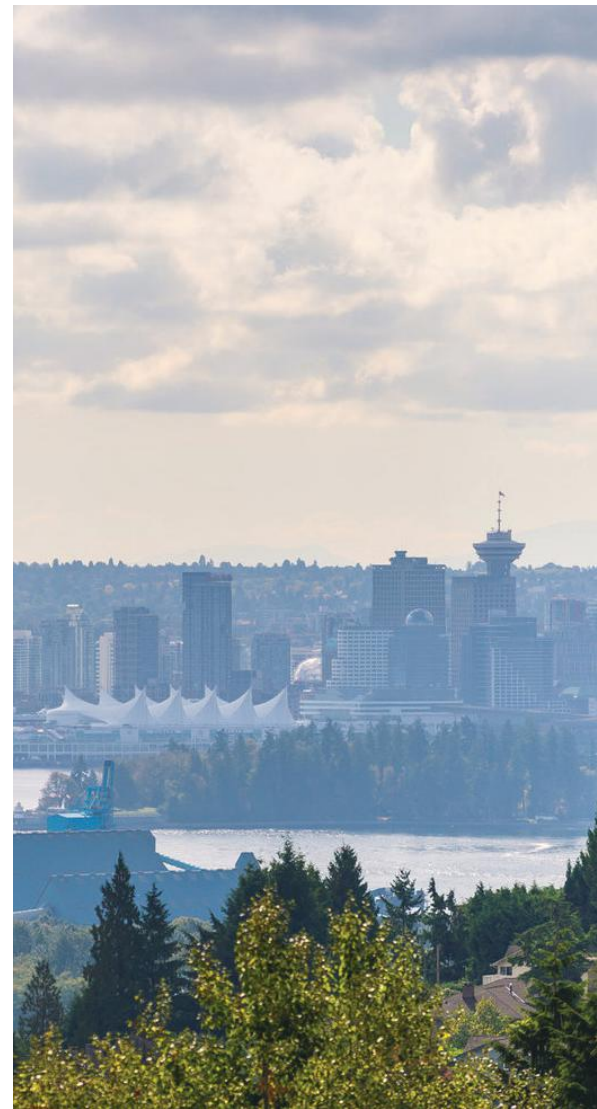
Facilities close at 4:00pm
Club closes at 5:00pm

January 1st

Club Opens at 9:00am

COMPLETE SCHEDULE

The complete schedule can also be found on the website or at Member Services.





Board Chair Message

Nancy Chapman / *Board Chair*

board@hollyburn.org

A year ago, when we were so happy to say goodbye to 2020, we never could have anticipated what 2021 would have in store. Through fires and floods and the ongoing global pandemic, we've made it through another year and have come to appreciate the small things: getting vaccinated; expanding our bubbles; going out for dinner; even a simple hug.

Now we're reflecting on learnings of the past year and setting goals for the year ahead. Following our strategic planning session in October, the Board and Management are focusing our collective attention on creating value for our Members in the following ways:

1) Launching Renew '22 – an improved dining experience

- Food & Beverage (F&B) is an amenity that is frequented by all Members, regardless of age or activities of interest. Hollyburn's Panorama Grill, which was last renovated in 1995, looks worn and dated and our kitchens are inefficient and too small to deliver the standard of service that our Members expect.
- We resurrected the F&B Committee after the Plan 2020 vote to investigate operations and provide guidance to Management. Since then, there has been dedicated progress made in customer service training and cost effectiveness.
- Board and Management have spent the past year reviewing Member feedback that came out of the Plan 2020 survey. We now have a high-level design that reflects this feedback. This project, named Renew '22, will focus on modernizing the product delivery (kitchens) and ambiance of our dining experience, as well as take advantage of construction to improve the floor below.
- In November, the Board struck a Special Board Committee (SBC) to provide oversight on bringing this project to the Members for approval. The Committee is currently waiting for updated construction

budget estimates and is conducting rigorous analysis of the financing model.

- When Renew '22 is launched in February, Members will receive all the information they need to vote 'yes' with confidence when the time comes.
- If Members approve Renew '22, we will then move onto the detailed design phase of the project and we will be looking for Members with experience in construction project management to support us through permitting, awarding contracts and more.

2) Fulfilling Hollyburn's mission of being a premier athletic facility that provides exceptional recreational, competitive and social opportunities in a safe, respectful, friendly and family-oriented environment

- Through this challenging year, our interim CEO, Kathryn Cowden, and her Senior Management team have kept our facilities open and our Members feeling safe. Key indicators include:
 - o October F&B revenues are approaching pre-pandemic levels, our parking lots are full and the Club is busy with Member activities again.
 - o New membership sales continue to be brisk and we are particularly pleased to see many Intermediates and Senior Intermediates join as we work toward our vision of being a Club for Life.
- We have asked Club Benchmarking to conduct a Member Satisfaction Survey on current facilities to understand where Members feel the opportunities for improvement lie. Our plan is to conduct this survey annually, so that Members will direct how Management can continue to improve upon the Member experience.

3) Moving ahead with our 5 to 15-year master plan for the future of Hollyburn

- With our healthy financial position (cash reserves top \$4M), we anticipate being

debt-free by April 1, 2023. So, now is the time to ask 'what's next?' for Hollyburn.

- Capital projects are funded by new Member entrance fees and decisions with respect to allocating future capital spending require your input.
- The Conditions Assessment conducted last year analyzed the state of our current facilities, and we are planning to conduct a Needs Assessment in 2022, which will ask Members what they would like to see for the future of Hollyburn.

4) Finalizing our CEO search

- In addition to the initiatives mentioned above, with the resignation of our CEO in July, the Board was tasked with hiring our top executive for the first time in 18 years.
- Hollyburn is an attractive employer for many reasons including its size, scope of operations, financial stability, amenity offerings and family focus.
- We have received many applications, both international and local, and are working with executive search firm, GGA Partners, to vet each of the candidates.
- We are on schedule to make an offer to our permanent CEO by the end of this year.

In closing, I'd like to take this opportunity to thank our volunteer Board of Directors, our Committee Members-at-large and the Members who serve on our many activity committees. Hollyburn's governance would not work without you.

We'd love to hear from you. Please let us know how we are doing. Email us at board@hollyburn.org if you have feedback or would like to volunteer for a committee or the Board at Hollyburn. On behalf of the Board, sincerest wishes for a wonderful holiday season and all the best for 2022!

Interested in serving on the Board of Directors or a Committee?

If you are interested in serving on the Board, or on a Committee, please email your contact information to Nancy Chapman at board@hollyburn.org. The Board thanks all those who are interested.

AGM 2022 | Mon, June 13, 2022



What's Happening at Hollyburn?



New Year's Eve Bash Family Celebration

Friday, December 31st, 6-9pm

We're back, Hollyburn! We are hosting our hugely successful New York New Year's Eve Bash again this year! We will be celebrating "midnight" at 9pm when the ball drops in New York. The event will include live music, children's entertainment, a decadent buffet dinner, bubbly and more! This event is perfect for the whole family. RSVP to SpecialEvents@hollyburn.org by December 17th.

RSVP TODAY!



New Year's Eve Curbside Dinner

Are you celebrating New Year's Eve at home this year? We have your dinner spread covered with our Curbside Pick-Up packs. Choose from the Black Tie Celebration Pack for \$300 or a Sushi Spectacular for \$180. Each pack feeds four people. RSVP to Curbside@hollyburn.org today!

RSVP TODAY!



Dry Cleaning

Did you know we offer a dry cleaning partnership here at the Club? Simply bring your clothes to the closet next to the Sports Boutique, fill out a New Customer Form and leave your clothing & form in a bag. Dressed in Blue Dry Cleaning Services will do pick-ups and drop offs at the Club every Tuesday and Friday, and they will bill directly to your credit card! See Member Services for more details!



The View is getting an upgrade!

Our Club publication, The View will be getting some major changes in the new year. We surveyed our Membership in October 2021 and received over 200 responses about your readership habits and what direction you would like to see the magazine go in! Thank you for all of your feedback, it helped the Marketing Team plan for the future of The View.



Member Discount: Legends Haul

Legends Haul was one of our wonderful vendors at our Fall Fest Farmer's Market, and they are offering Hollyburn members an exclusive discount, valid until December 31st, 2021. Hollyburn Members will receive 10% off your orders of \$150 or more, just use the code [HollyburnCountryClub10](#) at checkout!



Catering & Events

With the recent Public Health Order update we have been given the green light to return to full capacities for our banquet and event space! We are still taking inquiries for Christmas and 2022 bookings are ramping up so please contact our Catering Manager Layla Cowley to book your next event with us! lcowley@hollyburn.org or please contact the catering department at catering@hollyburn.org

Welcome Our New Members

Gurp Johal

Jeremy Baker

Referred by: Chris Breikss

Heather Beil

Magen Au

Referred by: Haneef Virani

Amir Reihani

Frank Kang

Carrie Liu

Referred by: Monika Turzova

Molly Kewley

Nancy Lee

Referred by: Jimmy & Ada Chan

Gord Walter

David Gibbons

Dong Liu

Referred by: Michael Li

Richard Arienzale

Katherine Bell

In Loving Memory

Paul Evans

Member Since 2015

Robert "Bob" Watson

Member Since 1984

Jean Richardson

Member Since 1998

9th BALL
DROP

NEW YEAR'S EVE BASH

2022

ALL AGES WELCOME

FRIDAY, DECEMBER 31

6PM-9PM

ADULTS \$80 | CHILDREN (12 & UNDER) \$30

Come ring in the New Year with us New York style!

We will be counting down live with New York at 9pm. Join us for a buffet style dinner and a fun celebration that is perfect for the whole family!

72 hour cancellation policy or reservation total will be charged.

Member only event - no guests.

RSVP: SPECIALEVENTS@HOLLYBURN.ORG

Deadline to Reserve is Friday, December 17



HOLLYBURN
COUNTRY CLUB



Athletic Director Message

Kate Marshall / *Athletic Director*

kmarshall@hollyburn.org

What's Happening *in Athletics?*

A Year in Review

This past year has been filled with ups and downs as we have continued to navigate through pandemic life. We have all been waiting for the “new normal” to arrive as we faced restriction after restriction throughout the first half of 2021.

Every single department has been heavily impacted and our Athletics team was “consistently on their toes” as a result of provincial mandates, orders and stages consistently changing.

Our Sport Professionals, contractors and staff were often concerned if they would have a job next month and I do not want to downplay this stress on our team amongst all the other issues. We are so deeply appreciative for our teams in all departments and we couldn't have gotten through without them.

The pandemic forced us to look at all Athletic operations through a new lens and find new ways to optimize the member experience. We have adjusted numerous booking systems, protocols and further streamlined the program registration process, created new spaces for all members to enjoy such as our Virtual Sports Lounge with Billiards, Table Tennis and Darts, launched an indoor Golf program, given our Childcare and Youth the ability to expand programs and offerings to your families with the expansion into the Turf, drastically increased court time for Pickleball in the gym by working closely with Youth and Badminton as a result of the growing demand for this sport and we built an esports room and launched a brand new program never seen before at Hollyburn... just to name a FEW.

We are still processing a lot of these learnings and will be continuing to implement new strategies to achieve our end goal: consistently improving the member experience across all facilities.

As we close out 2021, the Club feels busier than ever. After two years of pandemic life it finally feels like the Club is back to it's pre-pandemic hustle and bustle. It is wonderful to have all our departments able to run programs for youth and adults. We have welcomed our bridge group back after 18 months of online play.

We would like to extend a big thank you to our athletics team for their efforts this year. We are so grateful for the strong team of pros, coaches and instructors who navigated the constant changes. I would like to thank all of our Activity Committees for their support and guidance. Lastly, we would also like to acknowledge all Hollyburn Members for your understanding and patience as we navigated through the year together. We have most definitely come out stronger! I look forward to continuing to improve and build our programs, offerings and facilities in 2022. Cheers to the next chapter!

Winter Programs Begin *January 2022*

A friendly reminder to review your registration in gametime, prior to the start of the winter sessions. Most programs require notice of 48-72 hours prior to the start of a program. Family registrations can be viewed under your account profile, follow these steps to review your winter programs:

[Account](#) / [Profile](#) / [Appointments](#) / [Family Appointment](#)



New Full & Intermediate Member Applicants

1.	Full Membership Darren Vonic 10/5 Karina Vonic	National Sales Manager Event Planner	Samsung So.cial by Karina
2.	Full Membership Omid Torshizi 10/12 Elmira Torshizi	Physician (GP) Nurse Practitioner	Dr Omid Torshizi Medical Corp. Specialty Health Network
3.	Full Membership Hugh Kendrick 10/12	Chief Sustainability Officer	Conuma Resources LTD.
4.	Full Membership Jon Conlin 10/13 Brittany Conlin	Lawyer	Fasken Martineau DuMoulin LLP
5.	Full Membership Ryan Zarick 10/15 Cassie Zarick	Co-Founder & CTO Self-Employed	Layer Zero Labs Coder Den, LLC
6.	Full Membership Terry Wang 10/19 Chun Feng Gao	Business	
7.	Intermediate Membership Victoria Konantz 10/22	Assistant & Client Manager	Indigo Natural Products
8.	Intermediate Membership Mark Begert 10/20 Hayley Kaczanowski	Financial Analyst Kinesiologist	RBC Telus Health
9.	Full Membership Kaylen Blomkamp 10/22 Mike Blomkamp	Development Director Producer	Wesgroup Properties stability studios
10.	Intermediate Membership Malcolm Ert 10/22 Lindsay Ert	Director Corporate Case Manager	Evolution Strategies Emil Anderson Group
11.	Intermediate Membership William Konantz 10/25	Agriculture Business	Hops Connect
12.	Intermediate Membership Katie Tikkanen 10/26 Sam Barnett	Marketing Specialist Communications Coordinator	BC Liquor Stores First West Credit Union
13.	Full Membership Inam Qureshi 10/22 Tara Tyab	Brokerage Owner Director- Strategic Initiatives	Syndicate Lending Corporation Syndicate Lending Corporation
14.	Full Membership Iris Song 11/1 Fred Zhu	Owner CEO	Simple Love Coffee Home LTD. Transca Real Estate Development
15.	Full Membership Shayne Corday 11/1 Maria Corday	Insurance Owner	Allwest Insurance Mercuterie Catering
16.	Full Membership Manish Sharma 11/1 Neetu Sharma	Developer IT	Squarenine Developments LISA Technologies
17.	Full Membership Scott Gingles 11/1 Erin Gingles	Broker Health Coach	Nest Mortgage Raw Beauty
18.	Full Membership PJ Murphy 11/2 Ria Terins	Dentist/Professor Parent/Volunteer	University of BC Family Services of the North Shore, Christmas Bureau
19.	Intermediate Membership Logan McLean 11/3	Senior Accountant/Financial Planner	BCPIP
20.	Full Membership Winnie Lai 11/5 Jason Cheng	Accountant Accountant	WL & Company, CPAs PricewaterhouseCoopers
21.	Full Membership Sam Naemi 11/5 Laddie Ladan	Managing Director Software Developer	Altro Industries Inc. Kyndryl IBM
22.	Full Membership Steven Kassimatis 11/5 Caroline Alvarez	Recruiter CEO	Korn Ferry Insurance Training Centre
23.	Full Membership Ray Jaffer 11/9 Farah Jaffer	Sales & Marketing Consultant Realtor	TAG- The Aquisition Group The Centre Pacific Project Marketing Corp.
24.	Intermediate Membership Stephanie de Groot 11/12	Human Resources	Video Game Development

Revenue and Expenses

For the six months ended September 30, 2021 and 2020

	Sept 30, 2021 Actual	Sept 30, 2021 Budget	Sept 30, 2020 Actual
Revenue:			
Members' dues	\$ 3,965,224	\$ 3,948,270	\$ 3,907,468
Food and beverage	1,255,159	1,070,600	685,892
Recreational programs	1,990,120	1,739,200	1,382,009
Sports boutique	294,921	207,500	158,745
Operating	189,036	109,000	61,266
Miscellaneous	142,895	127,500	99,215
Canada Emergency Wage Subsidy	513,028	284,975	2,181,043
	8,350,383	7,487,045	8,475,638
Expenses:			
Food and beverage	1,713,851	1,591,110	1,494,142
Recreational programs	1,754,924	1,546,075	1,343,433
Sports boutique	287,444	258,730	218,590
Operating	4,562,456	4,444,130	4,130,097
	8,318,675	7,840,045	7,186,262
	31,708	(353,000)	1,289,376
Interest income, net of income taxes	-	-	493
Excess (deficiency) of revenue over expenses before undernoted items	31,708	(353,000)	1,289,869
Other revenue (expenses):			
Entrance fee revenue	2,503,642	1,200,000	1,238,643
Amortization	(1,161,527)	(1,167,500)	(1,225,641)
Interest expense	(61,761)	(62,250)	(104,206)
Long-range planning	(16,229)	(50,000)	-
	1,264,125	(79,750)	(91,204)
Excess of revenue over expenses	\$ 1,295,833	\$ (432,750)	\$ 1,198,665

Food and Beverage

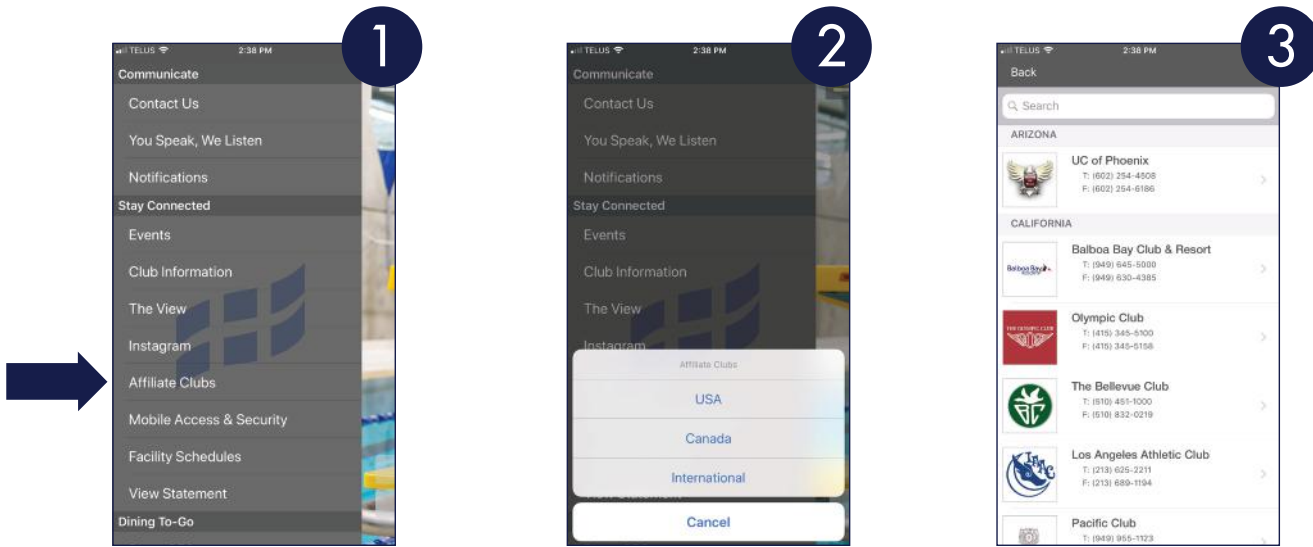
	Sept 30, 2021 Actual	Sept 30, 2021 Budget	Sept 30, 2020 Actual
Sales			
Food	\$ 858,967	\$ 738,800	\$ 464,585
Beverage	394,012	330,800	220,310
Other	2,180	1,000	997
	1,255,159	1,070,600	685,892
Cost of sales:			
Food	373,774	292,000	183,989
Beverage	205,629	151,200	98,529
	579,403	443,200	282,518
Gross contribution	675,756	627,400	403,374
Direct expenses:			
Salaries, wages and benefits	1,029,193	1,024,210	1,133,736
Miscellaneous	105,255	123,700	77,888
	1,134,448	1,147,910	1,211,624
	(458,692)	(520,510)	(808,250)
Canada Emergency Wage Subsidy	136,626	78,905	648,645
Operating gain (loss)	\$ (322,066)	\$ (441,605)	\$ (159,605)

Reciprocal Clubs

On the Hollyburn App

As a Hollyburn Country Club member, you have access to over 100 exclusive reciprocal clubs worldwide. Hollyburn members are encouraged to make use of our reciprocal clubs when travelling at home or abroad. The HCC App allows you to request a Letter of Introduction in just a few easy steps.

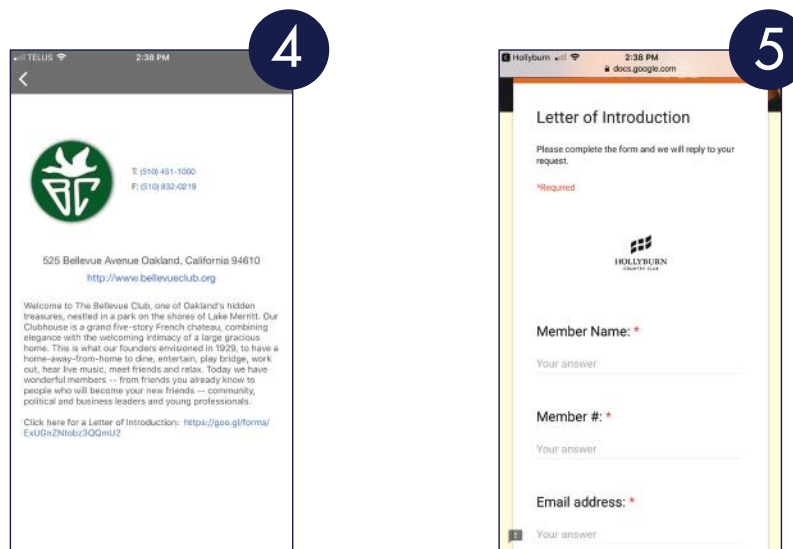
One of our Member Services Agents will write a Letter of Introduction within 24 hours of submission. The Member Services Agent will also contact the Club on your behalf and copy you on the correspondence.



From the main menu on the app, select Affiliate Clubs.

Select either USA, Canada or International.

From the list, select the Club you would like to visit.



Select "Click here for a Letter of Introduction"


Once you have submitted a request form, our Member Services Team will send you a copy of your Letter of Introduction. Enjoy your travels!



If you would like to download the App, please visit the Apple App Store on your iPhone or Google Play on your Android and search Hollyburn Country Club. Once you have downloaded the App, log in using the default user name and password.

USERNAME: 5 digit member number | **PASSWORD:** last name + last digit of member number
(all lowercase, no spaces)

HOLLYBURN Angel Project



**Involve your
family,
your team,
your league,
your group or
just your heart.**

HOLLYBURN ANGEL PROJECT

The Hollyburn Angel Project provides an opportunity for Members and staff to embrace the spirit of giving during the holiday season.

On Monday October 25, we kicked off the Angel Project with our Creepy Cupcakes bake sale. We raised **\$700** to donate to the BC SPCA. Thank you to everyone who purchased cupcakes and to those staff who volunteered their time to bake!

SHOEBOX PROJECT

We would like to take this opportunity to thank all of the Members that generously packed shoeboxes for children in need. This year, we were able to collect 30 boxes for the Shoebox Project! An incredible contribution by our Members. Thank you for your generosity!

TENNIS CENTRE GIVING WALL

Christmas envelopes, decorated by juniors, will be put on the bulletin board in the Tennis Centre on Monday November 15. Put your name and account number on the sticker on an envelope and we will purchase a \$25 gift card to go in it to be donated to a local charity. The \$25 will be charged to your Hollyburn account. Feel great giving back and spreading charitable giving at Hollyburn! Please contact Sharon at SJenvey@hollyburn.org for more information.

DECK THE HOLLYBURN TREE

Stop by Member Services and donate to the Angel Project by sponsoring an Angel on the lobby tree. Angels are \$50 or \$100 each. Your family name will be attached to the Angel on the tree.

BE A SANTA TO A SENIOR

We are once again collaborating with Home Instead Senior Care to help bring some Christmas cheer to seniors in the community who would otherwise not be receiving a Christmas gift.

Beginning on November 18, stop by Member Services or Indoor Courts and choose a paper ornament with a name and a wish list of items the senior would like. Buy one or more of the wish list items and return the gift(s) unwrapped in a gift bag with tissue and with the ornament stapled to the bag to Member Services by Friday, December 3.

Monies raised with these initiatives will be donated to a variety of local charities including:

- *The Union Gospel Mission (Christmas Dinners)*
- *The Christmas Bureau (Family Services)*
- *The Harvest Project*
- *The Homeless Shelter*

All who participate will be acknowledged in an upcoming issue of The View.

Please contact me at 604-913-4577 or email MJones@hollyburn.org if you have any questions/comments.

Marta Jones
Angel Project Coordinator



THE SPORTS BOUTIQUE

Christmas VILLAGE

The Christmas Village is Back!

Visit us next door to the Sports Boutique for all your Holiday Shopping needs.

Complimentary gift-wrapping available. Contact the Sports Boutique for current hours

sportsboutique@hollyburn.org | 604-913-4510

12 Days
— OF —
GIFTING
AT THE SPORTS BOUTIQUE

Special Deals and Discounts
every day starting Dec 13th
until Christmas

See Sports Boutique for more details.



★ ★ ★
THREE COURSE
Prix Fixe

Our amazing culinary team has been busy creating our weekly Prix-Fixe menu. Each week the team comes up with a new three course menu to feature in our Bar & Grill every Friday and Saturday night. Due to popular demand we will be continuing this feature going forward. Watch for the week's Prix Fixe menu in our weekly E-Newsletter with reservation details!



OCTOBER 22

First Course

Pan Seared Foie Gras

compressed pears, toast, red wine jus

Second Course

Lemon and Dill Crusted Salmon

celeriac, brussel sprouts, sauce fines herbs

Third Course

Chocolate Vol au Vent

pistachio, brandy cherries





OCTOBER 29

First Course
Humpback Shrimp Ceviche
 leche de tigre, cucumber, radish

Second Course
Crispy Confit Chicken Leg
 mushroom and pea risotto

Third Course
Toasted Coconut and Brown Butter Shortcake
 mango sorbet



NOVEMBER 5



First Course
Bone Marrow Croquette
 béarnaise mayo, pickled onion



Second Course
Shrimp Crusted Halibut
 parisienne gnocchi, peas, lobster butter



Third Course
Sticky Toffee Pudding

Cooks often are asked what their specialty is. It is always the worst question to ask a cook because we love all food! For me the goals of being a chef are the pursuit of craft and the pursuit of delicious ingredients. These are the two base concepts that we are developing as we continue to work on new menus, weekend dinner series, wine dinners and special events, all while we continue to care for our Hollyburn families.

When it comes to cooking and having people over, I always start with the best ingredients I can afford. That is my specialty. Cooking for Hollyburn is the same. We are always looking for new products and suppliers to provide Members with the very best we can find. This is why we chose Beretta farms tenderloin for the beef wellington or wild Haidi Gwaii salmon for new prix fixe nights on Friday & Saturday nights. We source a naturally raised beef

free of hormones and antibiotic for our house made smashed double cheeseburger. The majority of our seasonal vegetables come from a couple of different farms; Klippers Organics, Miles Organic Produce, Ponderosa Mushrooms, or Hazelmere Organic Farm. Local, seasonal, and most importantly delicious. These groups of food heroes provide us with the best tomatoes, asparagus, squash and beets that you can find anywhere in the world. That is what we are developing for the Hollyburn specialties.

Good food, well done. Full of love and craft. That is our goal for Hollyburn.



Paul Benallick,
Executive Chef



Chef PAUL'S

FEATURED MENU PAIRING



California Spicy Chicken Sandwich

Franks red hot battered chicken breast, avocado, arugula, chipotle aioli, portuguese bun.

Pairs well with Hollyburn Husky Lager

Sometimes we all need to just keep it simple! A clean, cold pint of Husky Lager to sip on between bites of our new California Spicy Chicken Sandwich is a favourite pairing, especially just after your hockey game or pickleball match!

HOLIDAY COCKTAIL

The Hollyburn Spice & Ice

*Champagne
at New Years.
Eggnog at
Christmas.*

The typical liquid stars of the Holiday season are the forefront of every liquor store at this time of year, however, the Hollyburn Food and Beverage Team is sharing a favourite holiday cocktail recipe for you to try at home! Put a twist on your Holiday and New Years Party with this festive favourite.

INGREDIENTS

- 1 ½ oz Whisky or Bourbon (we love Bearface Canadian Whisky)
- 3 oz. apple cider
- ½ oz. chai tea syrup (see note)
- 2 oz. sparkling wine (try a bight sparkler like Mionetto Prosecco or Segura Viudas Cava)
- Lemon twist

DIRECTIONS

Shake whisky, apple cider and syrup ingredients with a few ice cubes and pour into a mug. Top with sparkling wine and garnish with a lemon twist. To make a hot version, stir whisky, apple cider and syrup together in a mug and top with hot water and a lemon twist.

Note: To make chai tea syrup, heat 3 cups water with 3 cups sugar until sugar is dissolved. Add chai tea bags or loose leaf and continue to heat on low heat for 1 hour. Allow to cool, strain into a squeeze bottle and refrigerate for up to 7 days.



HOLLYBURN



HOLIDAY EVENTS

COUNTRY CLUB

SANTA BRUNCH

DEC 12 & 19

10:00am-2:00pm

Adults \$49.95

Children 6-12 \$24.95

Children 5 & under Free

Santa is coming to town! A great opportunity to get pictures with Santa.

HOLIDAY LUNCH PLATERS

DEC 15, 16, 17, 21, 22 & 23

11:30am-2:00pm

Adults \$34.95

Children 6-12 \$15.95

Children 5 & under Free

RSVP EDICKINSON@HOLLYBURN.ORG OR 604.913.4541



NEW YEAR'S EVE

2022
CURBSIDE DINNER

Celebrate New Year's Eve with family and enjoy one of our curbside packs at home!
Each meal feeds a family of four. Magnums of Wine, special sparkling,
and cocktail kits are available!

Black Tie Celebration
\$300

Sushi-Spectacular
\$180

Pick Up Thursday, December 31st

11:00am - 4:00pm

RSVP: EDickinson@hollyburn.org

FEATURED ARTIST

Darlene Forst



Each painting is a dance of paint upon canvas: a spectacle, a performance.

The joy of an intense colour palette has inspired me ever since I encountered the cultural art of Mexico when I was very young. I began painting growing up in Saskatchewan; I am now based in Vancouver, BC.

Asymmetry can achieve a dynamic equilibrium, inviting you, my partner in this adventure, to experience a range of emotions and interplay with the art.

My background in dance, physics, and television production occasionally peeks through in my paintings. At times I paint a memory. An emotion. A melody. Is that conveyed? Or does the work become a catalyst to awaken a memory, emotion or sensation as you perceive the painting? If things align, both can be realized.

At times I paint an equation. Equations have an inherent beauty apart from the scientific meanings they convey. You don't need to understand the math to be able to appreciate the aesthetic.

Equations can intrigue and please all on their own. And, sometimes, they are enhanced by the shock of a new setting. Presenting: my Graffiti series.

View Darlene Forst work around the Club or visit www.darleneforst.ca



HALL OF FAME

Christa Bortignon

Member Since 1993

Christa has been a part of the Huntsman World Senior Games for eleven years. Since her first competition in 2010, she has participated in many events and serves as an ambassador. If she seems familiar, it is because her photo graces the cover on the results book and is featured on the Huntsman World Senior Games truck, street banners, and flyers.

Christa has won 53 gold medals in the Games, and overall has won 568 medals and has broken 38 world records in 16 events. In 2012, her triple jump of 8.1 meters won her a world record, and contributed to being chosen as the world's best female master athlete in 2013 by World Masters Athletics.

Christa most enjoys the Huntsman World Senior Games for the friendliness of the officials and the organizers. One other feature she appreciates that is unique to the Games is that all medals come with the details attached.

When asked how she feels about being inducted into the Hall of Fame, she states "I am very honored to be selected to the Hall of Fame. Not only will be my most precious award, but I will continue to appreciate the hard work of all the organizers, officials, and volunteers in your future Games".

Canadian Masters superstar Christa Bortignon, 82, whose image appears all over St. George advertising the Games, today won her favourite event, the Triple Jump, in record-setting style. She jumped 6.63m,. The previous meet record for W80 TJ was 6.59m, which Christa set in 2017.



FEATURED ATHLETE

J. Ian Mackenzie

Otherwise known as Bud. Member Since 1971

Bud will turn 91 on January 6th 2022. Bud and his wife Joyce have been Hollyburn members since the late 60's.

He has enjoyed a variety of activities over all these years, but especially squash and now pickleball.

His ultimate athletic achievement was living long enough to play squash at 90 years of age.

As for role models, Bud would have been a role model for any of his comrades who tried to emulate his drive and competitiveness.

Most athletes are superstitious to some extent and Bud was no exception. He always wore the same shorts and socks on the court and no one could get him to upgrade his 1950's model Converse All-Star court shoes.

Don't know about his favourite pre-game meal, but his favourite post-game drink was beer.

As Bud aged his drive never waned, but he wasn't stupid. He vowed never to go after a ball below his knees after the age of 80.

Joyce packed his sport bag. The essential items were: A card with his name, address, and phone number. Oh and the Converse All-Stars. This was after the age of 85.

Bud's interests ran the gamut from rugby, hand ball, racquet ball, squash, pickleball, cycling, sailing, rock climbing, and travel among a host of other activities. Bud ran a marathon and was the Commodore of the West Vancouver Sailing Club. There is a uniform with gold stripes to prove it.

When Bud was younger, rugby was his most important sport and there are countless stories associated with that as you might imagine.

But...as far as his squash comrades are concerned, his most important contribution to Hollyburn was his organizing of the famous "1992 Mac/Pouch Tournament of Champions". There are yet some survivors wandering around Hollyburn and even a sweat shirt or two to commemorate the event.

At nearly 91 years, Bud has retired from squash, but still anchors a side of the pickleball court on Tuesday afternoons.

Submitted by: JW Stewart



1984 Nike Vancouver International Marathon

FEATURED ATHLETES

Gloriana & Arianna

Z H A N G

Congratulations to Gloriana and Arianna, they have been selected as this months Hollyburn Karate Featured Athletes!

From the moment the girls started training they have displayed a calm confidence and focused attitude. They've also been a consistent joy to work with due to their respectful nature, effort, and desire to improve. Neither of them are afraid to ask questions to further their understanding of a technique or concept.

Motivated, confident, and respectful students gain new skills quickly and these two are often a go-to student for in-class demonstrations. Their growth and high technical level is the direct result of diligence, and keen work ethic they bring to every class.

Even though Gloriana and Arianna are still young, we believe that they embody the Karate spirit, and look forward to seeing their future accomplishments. Way to go girls! Your focus and effort will take you far.



Gloriana & Arianna demonstrating their Roundhouse Kick!

FEATURED STAFF



Layla Cowley
Catering Manager

Welcome to Hollyburn Layla!

What are you looking most forward to working at Hollyburn Country Club?

I'm excited to be back in Events and Catering after taking an unexpected break when Covid hit, but most of all I'm excited to work with all these lovely people that have been so welcoming and produce some fun events for our members to enjoy!

What do you like doing outside of work? What are your hobbies?

Being from the UK I love to explore the amazing backyard of BC, you can usually find me biking the seawall, or on a hike. I also love to travel and have been fortunate enough to live in some pretty amazing places, I'm always open to talking about new countries or places to visit if you have any suggestions!

What is your "happy place"?

Having a passion for food and drink my happy place is on a sunny Summer time Vancouver patio at sunset, with a

delicious glass of Chablis in hand and some yummy vegan food on my plate! (In Winter I'll take a cozy fireplace with a glass of Napa Cab Sauv!)

What is your favourite sport to play or to watch?

Watching RUGBY! (Enough said).

Do you have a favourite local food restaurant/bakery/food truck?

As mentioned I love a good patio, so I'd have to say Ancora on the seawall at Sunset has to be a favourite spot, followed by a Lavender Limonata cocktail at Capo and the Spritz in Yaletown is always a great idea!

Name 3 fun facts about yourself.

1. I used to work at Disney World in Florida (In Epcot on the Finding Nemo Ride)
2. I lived in New Zealand for 5 years
3. I have my W-Set 2 (wine) and first level Cicerone (beer) qualifications



Stella Camayang
Member Services Agent

How long have you been working for Hollyburn?

1 year and 2 months

What do you like most about working at Hollyburn Country Club?

To be in a team with good and happy people is what I like most about working at Hollyburn Country Club. It is great to be employed in a company where I share the same work values with my colleagues and to have an equal opportunity to learn and succeed professionally.

What is your biggest achievement to date – personal or professional?

I am a work in progress but migrating to Canada is by far my biggest achievement, both in a personal and professional aspect. Leaving the comforts of home (Philippines) and learning to adapt to a whole new environment was such a life changing experience. In addition to that, I am a wife, an employee working two jobs, and an Accounting student. I think it's fair to say that I am winning in life little by little.

Given a chance, who would you like to be for a day?

This question never crossed my mind before. Hmm... I would still choose to be me, but wiser. I know it's the safest answer out there, but every day we have the opportunity to be someone or something, and I choose to be a better version of myself. On the other hand, it would be nice to be my carefree 13 years old self again and relive the moments where I just eat, play, sleep and not worry about adulting stuff.

Supervisor:

Stella has been an integral part of the member services team for over a year now. She brings to the position grace, knowledge and a genuine willingness to help the membership. We can always count on Stella to trouble shoot any problem with a smile on her face! She is a treasured support to the rest of the team and we feel very lucky to have her.



Hollyburn's "You Speak, We Listen" feedback form is a great way for Members to bring Management's attention to things that are going well at the Club or things that need attention. Below are a few examples of comments received through this form from Members and the responses followed-up by Management.

"Could there not be a proper entrance door to the Physiotherapy rooms off of the Fitness Centre reception area?"

Our team is looking into an option for a door for this area. Our Engineering Team have put together a preliminary plan that can be executed once the capital expenditure is approved.

"I'm wondering if a ball machine can be moved down to Court 17 for the winter."

Right now, we are down a ball machine, which is making it tougher to book. We have ordered a brand new Grand Slam and it will be here in 4-12 weeks. This will help alleviate access to the machines. Thanks for your patience!

"There are some absolutely phenomenal staff that work at HCC and I am so appreciative of their efforts. From the security guards to the programs coordinators and managers in the various sports programs to the fitness attendants and some of the restaurant staff!"

Thank you very much for taking the time to send kudos to our staff! We will ensure that they receive the recognition!

"Can you bring back the 8am Level 2 Pilates class? I really miss being able to practice!"

Due to a staffing shortage we temporarily cancelled the 8am Pilates class; we apologize for the inconvenience. We are getting close to hiring an instructor and we hope to offer the Pilates class as soon as we can. Thank you for your patience. We look forward to seeing you back on the mat/reformer soon!



"Will you be adding fans and air filters/ventilation into the HPC again?"

Thank you for your suggestion! We will check on the status of the fans in the High Performance Centre and ensure that there is air circulation in the room.

"Just an FYI that Grace severed us on her first day in the restaurant. Wow, she crushed it. Well done and great service! Congrats to all involved."

We are very happy to hear that Grace did a great job on her first day! We will pass your message along and make sure that she receives your kudos!

"I've noticed that when the Turf is booked for a birthday party, it is blocked off for the entire morning for set up. This means that on weekends, a birthday booking shuts down the entire Turf. On rainy days, couldn't the set up be done an hour before the birthday party or leave part of the Turf open? On rainy days, the turf is a great place for the kids."

Thank you for taking the time to write a comment regarding the Turf availability. In a perfect world, yes, the Turf set up would not take very long, and we could have our Youth Leaders facilitating Supervised Turf Drop-in before and after the booked Birthday Parties. We knew that Members were itching to get back to Birthday Parties, but underestimated the impact that would have on our open play spaces. We are actively reviewing the entire Birthday Party service moving forward to ensure we have space for Members in our open areas.

"Can we have evening Yoga classes?"

We love this idea. We are in the process of hiring more yoga instructors to be able to offer more classes on evenings and weekends. Thank you for your patience. Please keep an eye out for updated schedules as we head into the New Year.

We want to hear from you! Submit your feedback through the "You Speak, We Listen" feature on the Hollyburn App!

Keep The Grandparents Close

Now for a limited time offer, your parents*
can join for a discounted entrance fee.



Limited
Time
Offer

SENIOR INTERMEDIATE MEMBERSHIP ENTRANCE FEE

AGES 65–70
\$22,500^{+GST}

AGES 70+
\$15,000^{+GST}

WHO CAN APPLY?

Eligible to individuals who are parentally related to a current Member.
Membership includes spouse/common-law only.

APPLY TODAY! LBATCHO@HOLLYBURN.ORG

Please note, the application process takes two months to complete and applicants will not have access to the Club during this time. Individuals can apply for Senior Intermediate Membership at same time their children join the Club, although their approval is contingent on their children's application approval. Limited time offer. Restrictions may apply. Applicant must be related to current member. Regular monthly dues apply – Senior Associate dues apply after 15 years or turning 80 whichever comes first.

Insta-Moments

hollyburncountryclub

Post-game racquet bumps for this Grandma and her mini-me!

#hollyburncountryclub #aclubforlife

hollyburncountryclub

What an awesome group of skaters in our Can Skate program!

#hollyburncountryclub #aclubforlife

hollyburncountryclub

Join us tonight & Saturday for this week's Prix Fixe menu!

#hollyburncountryclub #aclubforlife

hollyburncountryclub

We saw some great costumes here at the Club this weekend! We hope everyone had a fun and safe Halloween!

#hollyburncountryclub #aclubforlife



Stay connected with your club and use the hashtags
 #hollyburncountryclub #aclubforlife #hollyburnathome

Follow us on Instagram @hollyburncountryclub

AQUATICS



Callum Glass
Aquatic Coordinator
cglass@hollyburn.org



Patrick Rea
Aquatic Supervisor
prea@hollyburn.org

Aquatics COVID-19 Year Two

The most common conversation I have had with everyone I talk to is about the “Covid purgatory”, I would define this as: We do as much as we can, with not much happening, and the months just soar by. I’ve written this article at the end of October 2021, roughly a year ago this time was when BC started the first of many community and social restrictions, prior to the vaccine mandates this was the most defining restriction set we had experienced. We went from being permitted to interact within a small bubble, to nothing more than our immediate household. Immediately following the removal of the bubble was the indoor mask mandate, the only thing I will contribute to the mask controversy is what a bad time it was for me to go for Movember. The winter and spring seemed to roll by with the ever-distant hope of reaching the “light at the end of the tunnel”. Its fair to say we haven’t seen the end yet, regardless of being at the end we had hoped for, a lot has changed for better and I believe we are leaps and bounds ahead of where we were this time last year.

I’m very proud as well as thankful to be a part of the Hollyburn community, the members and staff alike have embraced and navigated the waves of restrictions, steering forward with a positive eye rather than looking too far backwards. I remember when a lot of us were first cut off from seeing our friends and families, the dialogue at this time was a somber one indeed; however, there was always a degree of optimism on being able to come to the club and continue to be part of something. Since then we have seen many families and Members return to the pool on a daily or weekly basis, a lot of these Members letting us know this was one of the only activities they were able to do at the time, as many things they were familiar with were heavily restricted. One of the highlights from my end was hearing feedback about how general

swims were allowing friends and families to reconnect with each other being distanced for so long. The gradual relaxing of the restrictions and the removal of most of our bookings has brought back much-needed flexibility for a lot of user groups, I’m excited to see the return of more Members to the pool as the weeks go by.

With all of the social setbacks experienced with distancing and masking, the group I was most concerned for was younger children. The question on my mind is still what sort of implication will this time with reduced connection and so many rules have on the future development of youth. Although no one will be able to answer that question for a while, it was still important to play a part where acceptable. Our take in Aquatics has been to keep our lessons protocols as light and as inclusive as possible, without compromising safety. Instructors have been on board and have delivered our programs with little hinderance and a lot of positive feedback, the sentiment is we’re very fortunate to teach and operate with less restrictions than other aquatic facilities. Thankfully to support these decisions, since the early pandemic days there has been nothing but good data coming out for either chlorine, or chlorinated pools and their effectiveness against COVID transmission. Hindsight is twenty/twenty, there are some decisions that didn’t go our way, for the most part I’m happy with what’s been accomplished.

I’m honoured and proud to be part of this community of trailblazers, I hope we all continue to make great strides in both the return back to normal, and towards the end of the pandemic.

Callum





Swim Team Year in Review

This has been a very memorable year for the Hollyburn Hurricanes that has been built on the commitment of our swimmers through a challenging time. We can't say enough about how the swimmers worked through this new reality of training and competing without the outside motivation of racing against other clubs. Each training group really came together as we celebrated the skill development of our swimmers at every level.

Our team feels rejuvenated as we have regular swim meets on our schedule and team travel scheduled for the new year! After the great results we achieved while training and competing on our own, we are very excited to start racing outside of our pool. We have big goals of qualifying swimmers for Divisional, Provincial and National meets and then performing at our highest level at those meets.

This season has had an amazing start with 22 new swimmers joining our team in September! On top of the 8 new athletes who swam with us in the summer this has really got us back to our pre-pandemic numbers. Our Swim Academy program has an incredible energy due to our returning swimmers being joined by so many new faces!



A special congratulations to all the swimmers who competed for the first time in the past year! In March Tiam Ghaderi and Hannah Thompson raced for the first time. Emilie Clarke, Esme Falls, Olivia Falls, Freya Hagen and Rhett Hunter competed in April after joining the team in the Spring. Ryan Wang began racing in May. This October we had 13 of our new swimmers compete at our Team Meet. Way to go Ryan Albiani, Chelsea Du, Chloe Du, Ella Leon, Beau Letizia, Kyle Li, London Mayo, Nicolas Ramirez-Taake, Ethan Schultz, Amelia Wang, Olivia Wang, Leonardo

Wei and Timothy Zhao! That is a lot of new competitive swimmers adding to our program that is generating excitement at meets and building our talent for the future!

As the Swim Team starts to return to the new normal, it has been so fun to compete against other teams on deck. Our big Hollyburn Invitational Swim Meet was a little smaller this year than in the past but we were able to run it with five other teams in attendance at the end of November. Our team looked incredible on deck with swimmers from every group competing together. All of these events are so exciting now and we are making the most of every opportunity!

Looking forward to an even better 2022!



ADULT AQUATICS



John Ryan
Masters Swim Coach &
Adult Aquatic Coordinator
swimmaster@hollyburn.org

Thank You!

It's been a rough ride for Adult Aquatics programs the last two years as we navigated through some rigorous protocols and in one program's case, a complete shutdown for a period of time. While other programs ran, with little impact from the pandemic, throughout the club, Adult Aquatics programs had to be continuously creative with changing mandates to keep the ball rolling or should I say the water flowing?!! We have now come out the other side of this and although we are still keeping safe as a group there is a feeling of a near back to normality. I also welcome this feeling of normality, going from inputting 200 individual entries per week in Gametime for tracing and groupings to now a mere 50.



Thank you for working with me through this period as we have not only managed to retain our programs participation but have seen an increase in new members. 2022 is looking good!!



BADMINTON



Julia Chen
Badminton Professional
badminton@hollyburn.org

What an Awesome Badminton Year of 2021

By strictly following the Covid-19 protocols, our adult badminton, junior lessons, Team Hawks training programs and camps were run smoothly and incident-free in 2021.

Our primary focus is to offer quality training programs and camps that are physically active and fun! Our 2021 summer camps were very popular and we had the busiest summer with the camp participants' numbers hitting a record high.

In October, we successfully hosted two Hollyburn Junior Invitational tournaments for the first time in two years as the return to competition phase unfolds. Congratulations to all the Team Hawks players who competed in these two events for their outstanding performance and great results!

Finally, a big thank-you goes out to the coaching team, supportive parents/families, and club management. Thank you for your positive feedback from the

parents and junior participants towards our coaches and volunteers. We appreciate the support from the club management, Youth department, and Aquatics department. Your trust and support made our 2021 a great successful year!

Congrats to the trophies winners from Team Hawks at the 2021 Hollyburn Jr Invitational tournament, Oct 29-30, 2021

Marcus Zhou

U15 Boy's Doubles winner,
U15 Mixed Doubles winner
and semi finalist in U5 Boy's Singles

Roger Yu

U13 Boy's Singles winner
and U13 Boy's Doubles winner

Morris Lam

U13 Boy's Single runner-up,
U13 Mixed Double winner
and U13 Boy's Doubles winner

Ivana Mei

U13 Mixed Doubles winner
and U13 Girl's Singles third place

Tiam Ghaderi

U11 Boy's Singles winner

Moses Li

U11 Boy's Single runner up

Robby Milroy

U11 Boy's Singles third place
and U13 Boy's Doubles third place

Edison Liu

U13 Boy's Single third place
and U13 Mixed Doubles third place

Nika Ghaderi

U13 Mixed Doubles third place

Rosemilor Jessup

U11 Girl's Singles third place





Season's Greetings

From the Badminton Department

The Badminton Department wishes you a safe, healthy and wonderful holiday season! Looking forward to seeing you again in the New Year!

BADMINTON WINTER SESSION

January 4 – March 12 (10 weeks)

On-going program registration and

Drop in anytime for those classes are not full.

BRIDGE



Stephen Beaton
Bridge Professional
bridge@hollyburn.org

Homecoming!

“Play a hand of bridge; Entry to a magic world; Social, thoughtful, fun.”

As the end of 2021 approaches, Hollyburn’s bridge program is returning to the Creekside Room. By the time you read these words, players will be gathering every week for Topics/Supervised Play on Tuesdays at 10:00am and Invitational Duplicate Bridge on Thursdays at 9:30am.

We invite everyone to join these games. They demonstrate the truth of that little Haiku poem you just read.

For most of 2021 we kept bridge alive in an online community with a virtual Thursday game hosted on BridgeBase Online. Many members enjoyed this game greatly.

However, the vital social part of bridge was restricted to short chat messages and bridge around a virtual table is not as much fun as bridge around a real table. Also, quite a few of our pre-COVID-19 regulars found the virtual game not to their taste.

The 2021 competition for most of our bridge trophies (some more than 50 years old) was held online. The winners:

MORT FERGUSON TROPHY

Donated in memory of Mr. Mort Ferguson by his wife, Myra. Mort was President of the Executive Board, 1961-64 and Hollyburn Country Club President, 1970-72.

Nancy Macdonald & Marg Worthy

BELL TROPHY

Donated in memory of Mrs. H. F. Bell by Gordon & Marjorie Gauer

Janice Avis & Kate Allard

CAM CAMERON TROPHY

Cam Cameron was a long-time Hollyburn bridge club director (1960’s and 70’s ?):

Frances Finch & Janet Fleming

SHEILA ROBERTSON TROPHY

Donated in memory of Sheila Robertson by Frank (Robbie) Robertson

TBA. Game will be held on December 2.

Visit www.bridgeclubnews.ca for complete bridge results and news. Email: bridge@hollyburn.org



Tuesday

*Back to
Bridge*



Thursday



REGISTERED PROGRAMS

SPECIALTY GAMING SKILLS

8–17 yrs

The next level in esports programming! Join us for 5-week sessions of specific games to focus on improving skills in-game as well as physical and mental acuity and wellness out of game. Esports experts from The Gaming Stadium will be on-site to teach the mechanics and strategy, individual improvement, teamwork and cooperation, as well as specific in-game skills. Participants will also spend time each session with a personal trainer learning and practicing techniques for physical and mental wellbeing. Registrants in the program will get to book their time in GameTime with drop-in fees waived for the term. Instructor: The Gaming Stadium esports experts / Cam Rickerby, Personal Trainer. [Click Here for the Entertainment Software Rating Board \(ESRB\) ratings guide to esports games.](#)



OVERWATCH

13–17 yrs
Jan 4–Feb 1
Tue | 3:30pm–5:00pm
Esports Lounge
\$150 | (12 spots)



ROCKET LEAGUE

8–17 yrs
Jan 6–Feb 3
Thu | 3:30pm–5:00pm
Esports Lounge
\$150
(6 spots for each age group)



FORTNITE

8–17 yrs
Feb 8–Mar 8
Tue | 3:30pm–5:00pm
Esports Lounge
\$150
(6 spots for each age group)



VALORANT

13–17 yrs
Feb 10–Mar 10
Thu | 3:30pm–5:00pm
Esports Lounge
\$150 | (12 spots)

PRIVATE FAMILY GAMING

8+ yrs

Interested in playing as a family on our six gaming stations? Or maybe you want to book your parent group in to learn from the professionals about the games your children play? Whatever the case, let's get you gaming! If you are interested in booking a private session, contact Alison at alea@hollyburn.org.

DROP-IN ESPORTS

8+ yrs

You can now book your gaming session in GameTime! Gamers must complete an Esports Orientation on-site before access is granted for drop-in play. To book your orientation, call Member Services at 604-922-0161; orientation days are Monday and Wednesday, limited spots per orientation session available.

STEP 1. COMPLETE ORIENTATION

STEP 2. HOW TO BOOK

- Book your time in GameTime for one of the gaming stations.
- \$20 / 2 hr booking.
- Ask Member Services to hand you the Fob for your gaming station.
- Fob into the Esports Lounge and turn on your station.
- PLAY! Use your own user account for any games pre-loaded on the system.
- Be aware of your time! There is a countdown clock that will shut you out at the end of your time.
- At the end of your booking, turn off your gaming station and return the fob to Member Services.

For questions please contact Alison Lea at ALea@hollyburn.org.

FIGURE SKATING



Diane Beudet
Skating Professional
figureskate@hollyburn.org



Joanne Sloman
Skating Professional
figureskate@hollyburn.org

skaters allowed on the ice. We had three junior and three senior teams, each with a different theme and cheer. Lots of fun and always a successful event.

Best Moments of 2021



We had a very successful five week summer skating school attended by all of our junior and senior team members. There was one week of CanSkate which was also very popular. Getting out of the HEAT DOME was a nice break.

All the fall CanSkate classes were full and some had wait lists. We tried to accommodate as many as possible but keeping the numbers in check is still a restriction. The classes were limited to fifteen children per session, so with two professional coaches and figure skating team skaters assisting, each skater received a lot of attention.

Junior and senior figure skaters worked hard to prepare for the Jingle Blades competition held in Surrey in November. (Results were not available when this article was posted.)

All the programs were full and running smoothly for the year. The parents of our skaters were very supportive with the NO SPECTATOR and other restrictions in place this past year.

Fifteen of our junior and senior figure skating team members participated in a virtual competition in May. They were videotaped performing their solos here at Hollyburn in February and then the

videos were submitted to the BC Section Skating office. Each event was then judged virtually in May. The events were live streamed so skaters and parents were able to watch the event as it was happening in real time. A new experience for everyone!

We held our annual "ICE OLYMPICS" event in May in a slightly different format as we were limited in the number of

We finished the year with a fun exhibition of all the skaters performing their solos with a family get together after at HCC. Secret Santa was always popular and the 12 Days of Christmas skills challenge ended an ever changing year on a high note.

Here's to 2022!



FITNESS



Shelley Grisbrook
Fitness Centre Manager
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Oscar Obst
Personal Trainer & Fitness Supervisor
oobset@hollyburn.org

Are We There Yet?

At the start of every adventure, holiday or road trip, we inevitably hear the words, are we there yet? Over the course of the pandemic, I have thought these words many, many times. The answer has consistently been no, and please, stop asking.

The Fitness Centre has been affected with almost every new Provincial Health Order and we have had to adapt immediately to each and every one, from booking your 70min workouts to masks during cardio, indoor classes to outdoor only classes and limited numbers or people allowed in classes.

Group class schedules used to be set for 2 years at a time with no need to book your spot, and still we continue to juggle schedules and post only one month at a time. Group classes that would share equipment, (imagine that?) now have personal spaces with equipment that only they use. Spin classes with bikes shoulder-to-shoulder with 30 plus people in a sweaty Peak Studio now have a maximum of 15 people per class. We are so used to the 'new normal' that it is now hard to remember how we used to roll.

However, with all the COVID challenges that have been thrown our way, we have persevered and survived. Classes have kept running, weights have continued to be pushed, lifted and pulled, and Personal Trainers have tirelessly provided clients with consistent and reliable workouts. It has not been easy, but all of us in the Fitness Centre have worked tirelessly to provide a safe place for each member to continue working out to stay healthy and strong.

*Together as family,
in a Club for Life.*



2021 Golf Year in Review

2021 has and continues to be a milestone year for golf in Canada. Total rounds played have continued an upward trend, showing an almost 14% bump over 2020 numbers. These in turn were a 19% increase over 2019 numbers. The same trends exist in the US, and around the world.

Over the last two years, golfers of all ages have found for the first time or re-found golf to be a safe, healthy, and social way to spend time outdoors, with friends. They are doing so in impressive numbers and if you tried to get a tee time around Vancouver this summer, you will know just how busy it was.

While golf has been a part of Hollyburn for years, 2021 marks a milestone year for golf at the club. Two state-of-the-art multi sport simulators were installed and what is called the VSL (Virtual Sports Lounge) was launched. This dedicated space has become the home of golf at Hollyburn.

Not only can members reserve a 'Sim' to play a round of virtual golf, or work on their skills at the virtual driving range, or try any of the other numerous sport simulations, you can now access premium quality golf instruction from a fully certified PGA of Canada instructor. Lessons are available on a private, semi-private and group basis and are a great way to learn about golf, the VSL, or improve your skills for play on the course.

This November, we launched the first of the Hollyburn Golf Try-It programs, designed to be an inexpensive way for both adult and youth members to try golf. In the New Year, the first of our 'Welcome to Golf' youth and adult group coaching programs get going. Available in either a four week (adult), or semester (youth) our programs have been designed to introduce the fundamental skills and knowledge needed to get started in golf. We will also launch Mini-Golf programs for the 3-5 year old youth members as well.

We are really excited for the opportunity to build on an already strong golfing interest within the club, and to grow the golf programs and services available to members. I personally look forward to meeting you, and to helping make 2022 a great year on and off the course.



HOCKEY



Adam Hayduk
Hockey Director
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Andrea Benac
Hockey Coordinator
hockey@hollyburn.org

Looking Back at Hockey



Congratulations to the Hollyburn Huskies U13 A1 team for winning the gold medal at the Juan De Fuca U13 Memorial Tournament the weekend of Nov 11-14, 2021.

The year of 2021 has been a rollercoaster for many, including the minor hockey community. Throughout the year, the hockey world pulled together to plan, pivot, and adjust to all the changes coming and going, to give our players a successful hockey season.

To begin, a big thanks to all our kind-hearted and competent coaches. The time, passion, and heart you put into coaching our minor hockey teams is astonishing. To our managers, nothing runs without you. Your effort to ensure each team is running smooth both physically and administratively is a full-time job you happily work with love and diligence. Our minor hockey parents and players have been so patient and compassionate with all the never-ending hiccups and changes throughout the year – thank you for your ongoing support for the Huskies hockey program.

Though 2021 was bumpy at times, we had some great success come out of it! Quantum Speed was able to run a high-intensity condensed version of their elite program for our members. We also added Olympian Patrick Chan to our skills team to run power skating sessions and have been able to get back to playing regular games in our 2021-2022 season!

Thank you to all those involved for a great 2021 – we couldn't have done it without you. Looking forward to learning and growing together in 2022!



KARATE



Peter Stoddart
Karate Professional
karate@hollyburn.org
Phone: 604.913.4575

2021 - A Welcome Return!



The Dojo has been Buzzing!

The energy from the kids is electric and our new instructor crew is running at full steam helping out in every class. It is really great to see youngsters training together, seeing their friends, re-socializing and working on new skills for the December Belt test.

This was the first time in 23 years that every class we offered was waitlisted so we have raised our game and ordered 75 sporty Karate uniforms to accommodate every Member!

From Little Ninjas to Assistant Instructors, super big shout outs to Blake Cormack, Helena Andres, Logan Bayley and Ryan Oishi for stepping up this year. Our Junior Assistant Black Belts are an integral part of training the kids in Skills and Leadership and their connection to the next generation forges the Focus and Discipline that we pass on.

See you in the Dojo!

Sensei Peter



MUSIC



Vlada Mars
Fine Arts Professional
music@hollyburn.org

Music 2021 In Review

Do you sometimes think what the soundtrack of your life could be? What song carried you and held you when life was rough and which song when life was triumphant? If you want to put 2021 in one song which one would be perfect for you?

I sit at my desk on November 1, thinking of 2021 and our small but invincible fine arts department. Throughout the history of mankind music somehow always prevailed and 2021 is no different from it. We were moving from Creekside to Committee Room, from online to in person lessons and now finally settling back to our studios after two years. We are now offering full time programs for piano, drums, guitar and voice.

Mark has been our guitar teacher for the past 12 years. He brings with him a rock career and is now venturing to film music. Goran, our drums teacher, has been with us for 11 years. His students are preparing an all Beatles concert as I write this. Sherrie, our voice teacher, is finally back to teaching in person lessons. She has been with us for 7 years and is venturing with the Youth Department and their music program. Nina, our piano teacher, has been with us for 3 years, now working at the Club five days a week. Grateful for the great team and great support all these years (and I will be celebrating 25 years next year) from



management, the Board and Members. The highlight of our program is coming at the end of November. After two years we will finally have a live concert to showcase all our talent. Over 80 students signed up to participate and we are all so excited to hear them play in front of an audience of proud parents, siblings and grandparents.

On a personal note, this year has been a struggle for me at the beginning with some post covid health issues, but I am so proud to see my daughters thriving in

this new world, and as my husband and I are embarking as 'empty nesters' we also celebrate life filled with gratefulness and music.

So what would be my soundtrack for 2021? **'Beautiful Life' by Michael Kiwanuka.**

Wishing you all happiness, health, love and music in 2022.

NEW BabyBeat Program

0-5 yrs

We are so happy to announce that the Youth and Fine Arts Department is venturing to offer a group music program for 0-5 yrs old, with our voice coach Sherrie Ashworth who developed her own unique program BabyBeat. We are looking forward to seeing more families involved in an early childhood music education program that will lead to more formal music lessons for kids 6 and up.





Jeff Boag
 Pickleball Coordinator
 IPTPA Level 1 Coach
 pickleball@hollyburn.org
 604.913.4525

THE LOBSTER!

Our Lobster has just arrived! The 'Pickle' by Lobster is a full-featured Pickleball machine that outperforms all others on the market. It throws balls up to 60 mph and offers both heavy top and backspin. The large hopper holds an impressive 135 pickle balls and the pickle by Lobster can challenge you for up to 4 hours per charge, allowing you to master shots like the dink, drive, lob, and groundstrokes—taking your game to the next level.

For a great workout, the random oscillation will make you focus on your footwork, while the sky-high lob capability will keep you on your toes, improving any weak area of your game.

The Lobster is available for members to reserve with an annual membership. Ball Machine Annual Family Membership - \$150. One time rental fee - \$15.



INTRO SESSIONS

A complimentary intro session must be attended prior to booking... Intro sessions are available at the following times. Register online using GameTime.

Thu Dec 2 5:45pm–7:15pm
Sun Dec 5 9:00am–10:00am
Thu Jan 6 5:45pm–7:15pm
Sun Jan 9 9:00am–10:00am

BALL MACHINE CLINICS

Repetition builds consistency and confidence while allowing players the opportunity to add new skills to their game. Register online through GameTime.

Dec 12–19 | Sun
11:30am–12:30pm
12:30pm–1:30pm
\$40

Jan 9–30 | Sun
11:30am–12:30pm
12:30pm–1:30pm
\$80

Jan 13–27 | Thu
5:45pm–7:15pm
\$75

SOCIAL PLAY

There are no fees for these sessions as they are self organized with the goal to provide an opportunity for active social play with new partners, vs new opponents and all without having to organize in advance. There is a maximum of 24 players per group and you must register each week to secure a spot. Registration for each group opens online 6 days in advance at 10:00am. You are welcome to bring a guest (regular guest fees apply).

Open to all green, blue, red and black level players. Those who do not know the rules are asked to first take the Beginner Learn to Play clinic prior to attending.

SCHEDULE

Mon 10:00am–11:30am All Levels
Mon 7:45pm–9:45pm 50+
Wed 9:00am–10:30am All Levels
Wed 7:45pm–9:45pm All Levels
Fri 10:00am–11:30am All Levels
Fri 7:45pm–9:45pm Competitive 3.5+

COURT BOOKINGS

Throughout the week those who wish to play with only their preferred group will continue to have the opportunity to book a court in the gym or outside. These courts can be booked 7 days in advance and can be used for singles or doubles play. To view the available indoor court times please look under the 'GYM' tab in GameTime, for *outdoor times please refer to the 'PICKLEBALL' tab. *If you book outdoors and it rains, there is no indoor court set aside for you.

LARGE GROUP, BIRTHDAY PARTIES & CORPORATE BOOKINGS

Private court bookings are available for large groups, birthday parties and corporate events. Contact the pickleball office for available times and prices. Paddle and ball packages are also available for use during these bookings and a coach can also be on hand to organize players and provide rules info when needed.

EVENTS

Be sure to check the clubs weekly e-blast for info on the next amazing Pickleball Event. It could be a Couples, Couples Team, Men's, Women's, Mixed Teams, Parent/Child or Combined Aged Event.

PICKLEBALLBRACKETS.COM

This site is home to all tournament registration and will be our home to in house tournament and league play. Please familiarize yourself with it and register for your FREE account.



PICKLEBALL - INDOOR - WEEK IN REVIEW

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Member Booking 7:00am - 9:45am	Member Booking 7:00am - 9:45am	9:00am - 10:30am Social Play All Levels (5 cts)	Member Booking 7:00am - 9:45am	Member Booking 7:00am - 9:45am	Member Booking 6:45am - 8:45am	9:00am - 10:00am Ball Machine Intro
10:00am - 11:30am Social Play All Levels (5 cts)		10:30am - 12:30pm Pickleball Bookings (3 cts)			10:00am - 11:30am Social Play All Levels (5 cts)	10:00am - 11:30am LTP + Skill Clinics (2 cts)
11:30am - 1:00pm Pickleball Bookings (3 cts)	12:15pm - 1:45pm Pickleball Bookings (2 cts)	12:15pm - 1:45pm Skills & Game Play (3 cts)	12:15pm - 1:45pm Pickleball Bookings (2 cts)	12:15pm - 1:45pm Skills & Game Play (3 cts)	11:30am-1:00pm Pickleball Bookings (3 cts)	11:30am - 1:30pm Ball Machine Drills. (2 cts)
Member Booking 1:00pm - 3:15pm	Member Booking 1:45pm - 3:15pm		Member Booking 1:45pm - 3:15pm	Member Booking 1:00pm - 3:15pm	1:45pm - 7:30pm Pickleball Bookings (2 cts)	10:00am - 7:00pm Pickleball Bookings (3 cts)
	5:45pm - 7:15pm Intermediate Clinics (2 cts)		5:45pm - 7:15pm Various programing (2 cts)	4:45pm - 7:45pm Pickleball Bookings (2 cts)		1:30pm - 3:30pm Pickleball Bookings (2 cts)
7:45pm - 9:45pm 50+ Social Play (3 cts)			7:45pm - 9:45pm Social Play All Levels (5 cts)	7:45pm - 9:45pm Competitive 3.5+ (5 cts)	Member Booking 7:30pm - 9:30pm	<i>This schedule last updated, 'Nov 15, 2021'</i>

(consult 'GYM' tab in Gametime to make 'Pickleball Bookings' and for any closures or changes due to special events. This schedule only reflects Pickleball times, The non-specific use "Member Booking" times are available from the GYM tab.





The Pickleball Player Ratings Chart will allow you to better understand your skills and level of play. This chart will be used for a variety of Pickleball activities at Hollyburn.

All pickleball inquiries can be made to pickleball@hollyburn.org

GREEN:

Beginner/Low Intermediate

- Has completed an intro to pickleball clinic
- Just starting to play actual games
- Learning how to keep score and where to stand
- Working towards getting service in consistently
- Starting to sustain a rally

RED: Advanced

- Hits all types of shots but has not mastered every shot type
- Specifically places shots rather than just hitting shots anywhere
- Hitting ball harder but shy's away from hard volleys
- Hitting less unforced errors, comfortable at the net
- Can place serves where they want consistently
- Working on 3rd shot drop
- Moves to the non-volley zone
- Dinks consistently but working on keeping dinks lower

BLUE: Intermediate

- Less comfortable with hard hitters
- Comfortable keeping score and knows where to stand
- Accuracy of shots is variable
- Typical shot would be medium in strength
- Serves tend to be mid court—working on getting them deeper and harder consistently
- Working on broadening repertoire of consistent shots

BLACK: More Aggressive

- Comfortable with aggressive and offensive play
- Often hits aggressively and enjoys the challenge of hard volleys
- Often has dink rallies of 5+ shots
- Often hits a 3rd shot drop
- Very comfortable at the net and moves to non-volley zone often
- Can serve to any location at will
- Often hits hard overhead putaways



We're Back!

After 18 months with no leagues or tournaments its exciting to see all returning to play.

The Thursty Squash League returned in October and has seen two successful cycles of participation. The next cycle is set to kick off in early January. New and returning players can now register on GameTime.

The Vancouver Doubles League and Ladies Doubles League returned in mid October with The Vancouver Squash League returning mid November with a fresh look. Individual size has been introduced while team size in the VSL has been reduced to 4 (from 5) players per night making league night shorter and places emphasis on each point, game and match. Its never too late to join any of these leagues. Contact the squash office for details.

A full slate of tournaments has also been added. If you are interested in Junior Pathway or Junior Competitive events, singles or doubles events please check out the calendar:

Squash BC Calendar

A Squash BC membership is required to play:

Squash BC Membership

Club Locker

In years past our in-house leagues and events had been run through SportyHQ.com. Recently, Squash Canada and all the provinces/territories have adopted ClubLocker as our nationwide system that will be home to a National ranking system. CL will also be home to tournament registrations, clublocker.ca and our in house league play. Each player is asked to sign up for a free CL account.

Gross Motor Skills Development Though Racquet Sports

Programs for youth ages 3+ include Tiny Tots, Red Ball, Orange Ball, Green Ball and Competitive Programs. They cater to a variety of skill levels from first time racquet players to specialized competitive players. A range of balls are used to ensure each level is maximizing time on court and are maintaining steady growth and development.

Playing squash is a great sport for cross training as it teaches hand/eye coordination plus rotational strength and overall body control. Sports such as golf, ice hockey, field hockey, baseball, soccer and more share these aspects with squash.



TENNIS



Alex Korch
Tennis Director
akorch@hollyburn.org

Tennis Year in Review



2021 had its challenges again. We definitely saw things move in the right direction overall though. I think as tennis coaches and players we were again very fortunate to be involved in a sport where covid had less of an impact on us as a whole. We saw a few small events come back this Summer as well which was very positive.

Tennis was extremely busy at the club in 2021. Seeing our young Canadian stars at a pro level doing so well on tour has been inspiring for so many new players. Either picking up a tennis racket for the first time or getting back into it after some time away from the game. Growth in tennis is at an all time high in North America. It is a very exciting time for those who love the game.

I'd like to take this opportunity to recognize our coaches and tennis centre staff in 2021. We had a lot of challenges over the past 1 1/2 years. The coaches all did an amazing job adapting to changing protocols and keeping their students

safe. Sharon and her front desk team are on the front line at the centre and are always the first to handle member interaction. They also did an amazing job dealing with challenging situations and working with our members to operate in the safest possible way. The coaches and tennis desk staff's positivity really impressed me this year. I am very grateful for our tennis team.

Looking ahead to 2022 I am anticipating another very busy year of programs, lessons and court bookings. If we keep moving in this direction I think we can anticipate a lot of fun events through the Winter and Spring terms. We are also looking forward to our inter club leagues all getting back on track after missing the last two seasons. I think there is a lot to look forward to in 2022!

From myself and the entire Tennis Team we wish you all a safe and happy holiday season!

Alex Korch



Saltspring Island U16

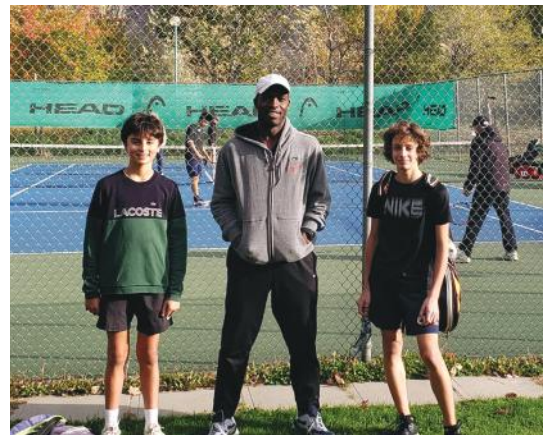
Lucas Johnson recently travelled to Saltspring Island for a U16 Tennis BC 2 Star Event. Lucas played some tough matches and gained a lot of experience on this trip. Great effort Lucas.

Chad Warren Charity Challenge

Congrats to all the winners and finalists at this years Chad Warren Charity Challenge. There was some amazing tennis played and there was great energy in the viewing gallery. It was a nice change to run an indoor event for the first time in a while. Thanks to everyone for your participation and to Sharon and the coaches for helping out. It's great we are able to all contribute to this great cause.



Heidi Chen defeated Lily Molavi in the girls U14 final



Aidan Shokrani (left) U14 champion, Coach Atton (middle), Niko Panagiotopoulos (right) U14 semi finalist



Aidan Shokrani (left) U14 Champion



Matin Shokrani (right) U12 Champion

Kamloops Jr. Tournament

A few of our High Performance Juniors recently went to Kamloops for a Tennis BC 3 Star Tournament. High Performance Coach Atton Burrell made the trip to support our kids in this event. The hard work our Players and Performance Coaches are putting in is really starting to pay off. High Performance Tennis Director Neil Scantlebury is very happy with the progress our Junior Players are making. See results below from our HCC Juniors.

CHILDCARE



Alison Lea
Childcare & Youth Manager
alea@hollyburn.org



Sami Tajbakhsh
Childcare Supervisor
stajbakhsh@hollyburn.org



HOLLYVILLE HOLIDAY HOURS

DATE	HOLLYVILLE CHILDCARE	TURF
THU, DEC 23	8:45AM-8PM	Youth Supervised 12:30PM-8PM
FRI, DEC 24	8:45AM-1PM	Youth Supervised 10AM-3PM
SAT, DEC 25	CLOSED	CLOSED
SUN, DEC 26	CLOSED	CLOSED
MON, DEC 27	8:45AM-1PM	Youth Supervised 10AM-3PM
TUE, DEC 28	8:45AM-1PM	Youth Supervised 12:30PM-8PM
WED, DEC 29	8:45AM-1PM	Youth Supervised 12:30PM-8PM
THU, DEC 30	8:45AM-1PM	Youth Supervised 12:30PM-8PM
FRI, DEC 31	8:45AM-1PM	Youth Supervised 10AM-3PM
SAT, JAN 1	CLOSED	CLOSED
SUN, JAN 2	8:45AM-6PM	CLOSED





YOUTH HOLIDAY HOURS

DATE	YOUTH LOUNGE	TURF
THU, DEC 23	10AM-3PM	Youth Supervised 12:30PM-8PM
FRI, DEC 24	CLOSED	Youth Supervised 10AM-3PM
SAT, DEC 25	CLOSED	CLOSED
SUN, DEC 26	CLOSED	CLOSED
MON, DEC 27	CLOSED	Youth Supervised 10AM-3PM
TUE, DEC 28	10AM-3PM	Youth Supervised 12:30PM-8PM
WED, DEC 29	10AM-3PM	Youth Supervised 12:30PM-8PM
THU, DEC 30	10AM-3PM	Youth Supervised 12:30PM-8PM
FRI, DEC 31	CLOSED	Youth Supervised 10AM-3PM
SAT, JAN 1	CLOSED	CLOSED
SUN, JAN 2	CLOSED	CLOSED



5 Ways to Tackle Weight Loss



If weight loss was just a matter of the popular adage “calories in vs. calories out”, regular exercise and restricting the foods you eat should result in a slimmer waistline, right?

Unfortunately, it's not that simple. During my 10 years of experience as a personal trainer I have seen that, for many well-motivated people, sustainable weight loss is a complex, and multifaceted issue.

Well promoting healthy nutrition and regular exercise is valuable, I understand there are other reasons why people have difficulty losing weight. Below is a list of 5 common underlying issues I see in my practice and how I assess them.

Thyroid Dysfunction

Using a simple blood test, we are able to assess various thyroid hormones, including thyroid stimulating hormone (TSH), free t3, free t4 and autoimmune markers to determine how all areas of the thyroid gland are functioning.

Insulin Resistance & Blood Sugar

Insulin controls the amount of sugar in our blood and keeps levels in check. Simple blood (HbA1C and fasting blood glucose) or saliva testing can determine if you are insulin resistant, meaning your body doesn't know whether to store fat or burn it.

Chronic Stress

Using salivary testing or blood tests, we can measure Cortisol (stress hormone) levels, sampled multiple times throughout the day. Elevated cortisol causes our body to “hold on” to weight particularly in the midsection and can increase inflammation.

Hormone Imbalances

Salivary, urinary or blood testing is used to measure the amount and ratio of estrogen and progesterone, among other hormones. Increased amounts of estrogens are found in areas with higher fat tissue, especially in the abdomen, and can negatively interfere with metabolism.

Digestive issues

Food sensitivities can increase inflammation and weight. Additionally, they may cause symptoms such as gas, bloating, headaches and eczema. From a blood sample we can test 120 foods or more to determine if the foods you are eating are using water retention and weight gain.

If you identify with the challenge of losing those last 5 pounds, reach out to a health care provider for a thorough assessment.



By DR. Sarah Wulkan

Sarah is here at the club on Tuesdays. Bookings can be made with Julie at jflynn@hollyburn.org



A Year in Review

It's been quite the year, hasn't it?! We've come through a year that was filled with both challenges and victories. How wonderful it's been to see familiar faces back enjoying Club events and activities. Here are some of the highlights of 2021!

Painting Workshops

Artists enjoy a series of painting classes of flowers, trees and landscapes.



Life Stories Writing Workshop

Members documented their family history and wrote beautiful stories of their past.

Sliver Swans Ballet Classes

Lead by Royal Academy of dance instructor Lindy Pfeil: Specially designed for older learners, these classes will help improve your mobility, posture, co-ordination and energy levels.

Christmas Wreath at Home Craft

This is a wonderful and fun activity. The completed wreaths are stunning!

MATERIALS NEEDED

- Pool noodles, as many as you like
- Craft wire, or similar
- Wire cutter
- Duct tape
- Dozens of Christmas balls - medium and small sizes
- Christmas decorations: tinsel, poinsettias, ornaments, holly, mistletoe, ivy
- Craft glue
- String to hang wreaths
- Wide ribbon for bow (optional, you may cover the noodle with decorations instead)

PREPARATION

- Turn noodles into wreaths by making diagonal cuts at both ends of noodle and joining ends with duct tape.
- Cut several dozen lengths of wire 3.5" inches or 9 cm long

INSTRUCTIONS:

- Attach hanging string on noodle.
- Start inserting balls onto wreath: Insert a piece of wire through a Christmas ball's hanging loop, fold and insert deeply into the noodle so that the balls are attached firmly.
- Insert balls on top and sides of noodle (start at the sides and then on top)
- Place as many balls as possible on wreath; don't worry if there are gaps; you can fill them up with smaller balls.
- If any gaps remain, fill with ivy, tinsel and other decorations. You may need to use some glue.

Note: Craft wire is sometimes sold as 'wreath wire'. The wire must be malleable so that it can be easily folded but firm enough to hold Christmas balls when inserted into the pool noodle.

Merry Christmas!



SPEAKER SERIES



Julie Flynn
Women's Club Organizer
jflynn@hollyburn.org

SPEAKERSeries

Revive Medical:

A Preventative Approach to Your Health

Join a panel of Doctors and Allied Health Specialists from Revive Medical - a new clinic on the North Shore that's redefining the practice of Medicine & Sport Optimization. The presentation will focus on the utility of preventative health care and new innovations that exist in the realm of anti-aging and longevity.

Dr. Zaakir Jiwa & Dr. Aalim Jiwa will be sharing their vision and experiences through their medical training to give our members insights into how they can optimize their health and wellness. The talk will shed light on the ways patients and athletes can prioritize their physical and mental health through personalized diet & exercise regimens, mindfulness training and comprehensive medical care.

With a range of new medical technology and genetic based modalities, the doctors will be outlining how individualized data can yield higher performance and consequently create precise and efficient health action plans.

Wednesday, January 19th

6:00pm - 7:00pm | Creekside
Free for Members & Member Guests
RSVP: JFlynn@hollyburn.org



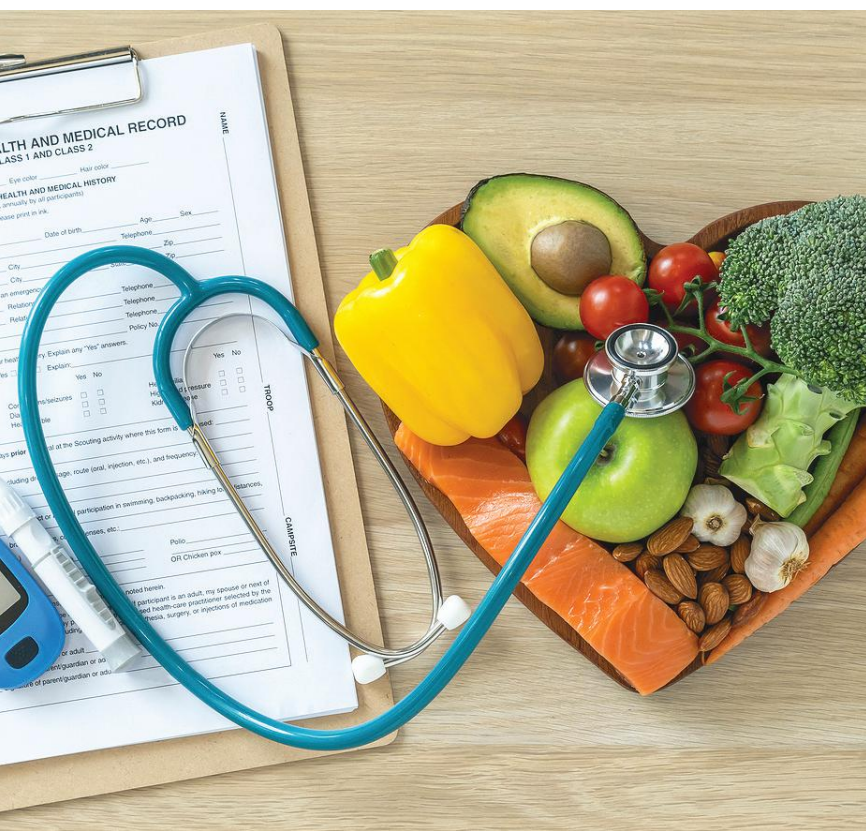
Dr. Zaakir Jiwa (BScKin, MD, CCFP)

Bachelors of Science in Kinesiology - McGill University
Doctor of Medicine - University of British Columbia
Family Medicine Residency - University of Toronto



Dr. Aalim Jiwa (BHSc, MD CCFP)

Bachelors of Health Sciences - McMaster University
Doctor of Medicine - McMaster University
Family Medicine Residency - University of Toronto





HOLLYBURN
COUNTRY CLUB